



LORD TWEEDSMUIR SECONDARY

GRADE 10 COURSE REQUEST FORM

LORD TWEEDSMUIR SECONDARY
2025/2026

GRADE 10 REQUIRED COURSES:

Grade 10 Academic Sciences/Socials

- SCIENCE 10
- SOCIAL STUDIES 10
- CAREER LIFE EDUCATION

Grade 10 Academic English (Choose One)

- ENGLISH 10 LITERARY STUDIES
 - ENGLISH 10 CREATIVE WRITING
 - ENGLISH 10 SPOKEN LANGUAGE
 - ENGLISH 10 FIRST PEOPLES NEW MEDIA ***
- ***Meets Indigenous Grad Requirement

Grade 10 Academic Math (Choose One)

- MATH 10: WORKPLACE
- MATH 10: FOUNDATIONS & PRE-CALCULUS

Physical and Health Education Required (Choose One)

- PE 10 BOYS
- PE 10 GIRLS
- PE 10 CO-ED
- PE 10 BIGGER/FASTER/STRONGER
- PE 10 BETTER/FASTER/STRONGER GIRLS
- PE 10 FIT FOR LIFE
- HOCKEY SKILLS ACADEMY 10 (\$850)
- SPRING HOCKEY SKILLS ACADEMY 10 (\$975)

ELECTIVES: Select 2 electives from the list below and select two alternate electives.

BUSINESS ED

- ANIMATION 10
- ACCOUNTING 11
- MARKETING 11
- COMPUTER PROGRAMMING 11

HOME EC

- FOODS AND NUTRITION 10
- TEXTILES 10
- FAMILY STUDIES 10
- CULINARY ARTS 10

LANGUAGES

- FRENCH 9
- SPANISH 9
- FRENCH 10
- FRENCH 11
- SPANISH 10
- SPANISH 11
- PUNJABI 10

PERFORMING ARTS

- MUSIC 10: CONCERT BAND
- MUSIC 10: JAZZ BAND
- ACTING 10
- DANCE 10 BEGINNERS
- DANCE 10 INTERMEDIATE
- DANCE 10 ADVANCED
- THEATRE COMPANY 10

PHYSICAL AND HEALTH EDUCATION— SELECT ONE ONLY

- PE BIGGER FASTER STRONGER 10
- PE BIGGER FASTER STRONGER 10 GIRLS
- PE 10 FIT FOR LIFE
- HOCKEY SKILLS ACADEMY 10
- SPRING HOCKEY SKILLS ACADEMY 10

TECHNOLOGY EDUCATION

- TE DRAFTING & DESIGN 10
- TE ELECTRONICS 10
- TE FILM & TV 10
- TE METALWORK 10
- TE WOODWORK 10
- YOUTH EXPLORE TRADE SKILLS 10

VISUAL ARTS

- YEAR BOOK 10 BA (*SEE Mr. TAM*)
- STUDIO ART 10
- ART STUDIO 2D 10
- ART STUDIO 3D 10
- PHOTOGRAPHY 10

OTHER

- SENIOR LEADERSHIP 10 (APPLICATION REQUIRED)
- PE LEADERSHIP 10 (APPLICATION REQUIRED)

LEARNING SUPPORT

- LST: SKILLS FOR SUCCESS 10 (*Teacher Recommended*)

Electives (2)

Course Name

Alternate Electives (2)

Course Name
