

Grade 8 Parent Night Kwantlen Park

September 23, 2026



Ey' Swayel and Welcome!

We would like to acknowledge
the shared, unceded
traditional territories of the
Katzie, Semiahmoo, Kwantlen,
and other Coast Salish
Peoples on which we are
gathering this evening.



Welcome

Introductions

- Mr. Tait (Principal)
- Ms. El-Nashar (VP, A-Gh)
- Mr. Snead (VP, Gi-No)
- Ms. Reeve (VP, Nu-Z)

Agenda for tonight

- Attendance
- How to get involved
- Supports
- A day in the life of a Timberwolf
- Questions



At the end of the day,
the most overwhelming
key to a child's success is
the positive involvement
of parents.

Jane D. Hull

It starts by.....

Attendance – We want you here every day, on time, but late is better than not at all.

Kindness – We come to school to make other people's lives better. By doing that we make our own better. It's the little things.

Pride – In who you are as an individual and the communities you are associated with, including Kwantlen Park. Sometimes we look in the mirror and we need to change, sometimes we need to get a different mirror!

How to stay connected

- Kwantlen Park website, App, email
- Monthly Sway – end of the month
- Ensure your child is on the Grade 8 MS Team (this is where we post grade-wide items)
- Email teacher, counselor or admin
- Parent Advisory Committee (PAC)
- Daily announcements

Website & Staff
Directory →



Absences & Vacations

- Report the **ABSENCE**

- Phone or email
- kwantlenpark@surreyschools.ca



- Student or parent can reach out to the teacher via email or Teams.
- IF they can provide you with work, they will. If they are not able to, you may need to catch up when you are back.
- Automated calls home are made for unexcused absences.

- **VACATION....** please try not to be away during school days. If you can't avoid travel (b/c life does happen!), note:

- Teachers are not obligated to provide work
- Students are expected to catch up upon return at a time that works for both the teacher and student
- Being away MAY impact learning outcomes (final grades)

- Fill out the extended vacation form
 - Ask for this in the front office



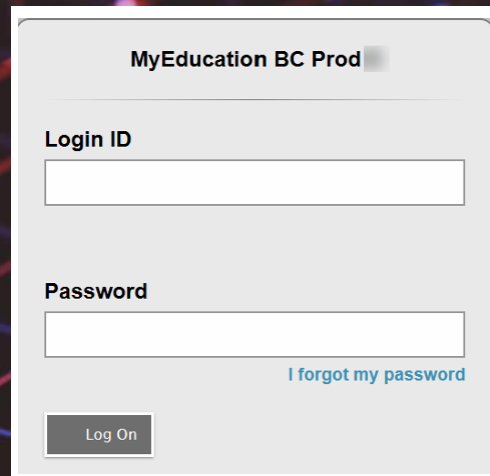
MyEd: How to Access Marks & Attendance

The MyEdBC website is:

<https://www.myeducation.gov.bc.ca/aspen/login.do>

MyEd User Instructions and
Password Request:

1. Enter your **Login ID** and temporary **Password**
2. Click **Log On**



The screenshot shows a web browser window with the title "MyEducation BC Prod". Inside the window, there is a login form with two input fields: "Login ID" and "Password". Below the "Password" field, there is a blue link that says "I forgot my password". At the bottom of the form, there is a "Log On" button.



A Day in the Life of a Timberwolf

- 8 am – 2:25 pm
- 4 classes per day with 4 different teachers
 - Rotates Block ABCD, ACDB, ADBC
- 2 semesters – 8 classes total:
 - Sept. – end of Jan.
 - Feb – June
- 45-minute lunch – cafeteria, halls, park, classrooms, Club meetings
- Potentially homework for 4 classes





Setting Your Child Up for Success

Christa Arbuckle

Organization

At home, support can look like:

- school supplies ready to go before the first day of school
- extra supplies at home so missing materials doesn't stop the work
- a weekly bag or binder clean-out
- a list of their usernames and passwords for various school related app, emails etc at home in a central location
- an agenda, planning or planning app ready before the first day of school.

Time Management

Attendance Matters:

What can parents do?

- Set up morning routines they can handle themselves to get ready and out the door on time
- Check emails and phone messages from the MyEd automatic system about absences and late arrivals.
- Talk to your child when unexpected absences are reported to you through MyEd
- Call the school to excuse your child if they are away for an appointment etc.
- Check for emails from your child's teachers

Planning Ahead

**** Important changes from elementary****

- Agendas are not provided in high school like they were in elementary school.
- Teachers will not be managing your child's agenda, your child will be doing that.

Supporting your child with this can look like:

- Discuss with your child what kind of calendar, planner, agenda or app they would like to work with.
- Check personal agendas, MyEd, TEAMS, SPACESedu, Kwantlen Park app, etc. with your child as part of your weekly routine
- Read emails from the school
- Check the Kwantlen Park online calendar regularly

Your support at home helps a great deal to:

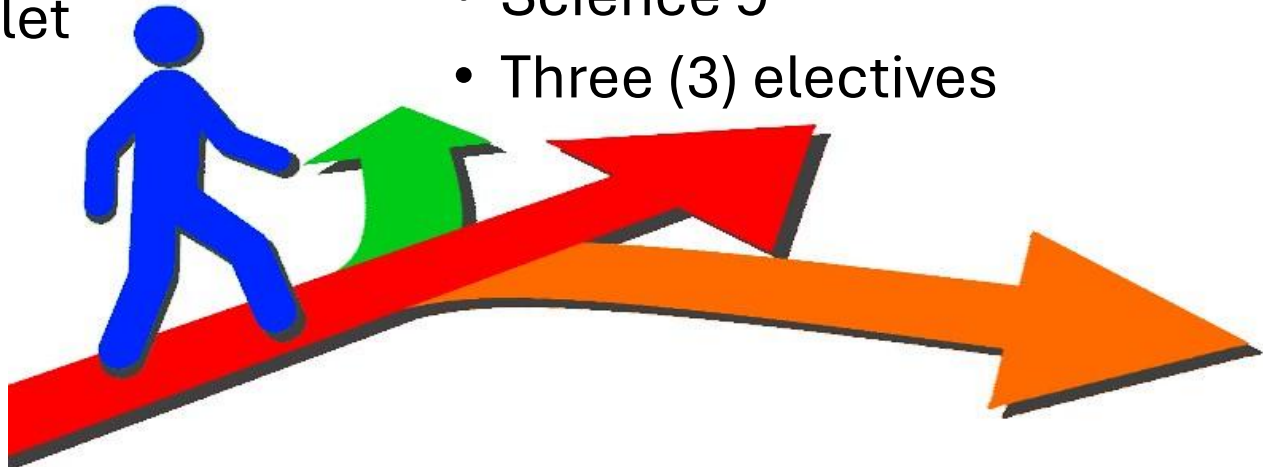
- reduce stress and anxiety
- build independence
- increase confidence

Not by doing the work for them or trying to teach them algebra at the kitchen table but by helping them practice Executive Functioning skills like **Organization, Time Management and Planning Ahead.**

High school isn't about always having the answers. It's about learning how to find them. With your support, your child will, I promise.

Course Selection

- Occurs in February
- Selections are due early March.
- Students should consider:
 - Interests
 - Future Goals
 - Course selection booklet
 - Talking to parents and counsellors for input
- Grade 9s must take 8 courses
 - English 9
 - Math 9
 - Socials 9
 - PHE 9
 - Science 9
 - Three (3) electives



Getting Involved – Clubs!

Clubs Day

October 7th

Photography club	Film Club	MTG Club
ASL Club	Film Society	Musical Theatre Club
BIPOC/REP (Black Indigenous & People Of Colour / Racial Equity Program	Garden Club	Muslim Student Association
Black Student Union	Glee Club	Photography Club
Bluestar Project	Good Guys (Club)	Punjabi Language Club
Break the Divide	GSA	Student Council
Business Club	Kindness Club	Science Club
Christian Club	KP Create and Connect	School Outreach Ministry (SCOM)
Computer Science Club	Leo's Club	Sikh Student Association
Disability Student Union	Library Club	Social Justice Club
Dungeons and Dragons Club	Model United Nations Club	Trail and Nature Club
Environmental Club	GSA	UNICEF Campus Club
Filipino-Canadian Club	Kindness Club	MTG Club
Photography club		

Sports

- Mr. Tusi – Athletics Director
- Throughout the year
- Lunchtime Intramurals
- Team Sports:
 - Tryouts posted in Kwantlen Park App, outside of the gym and announcements



Kwantlen Park Supports...

So many people in the
building to help...

Administration, counselling,
Youth Care Workers,
Indigenous Advocates,
Educational Assistants, Office
Staff, Custodians and so
many more!!



Need Help?

- PSST (<http://www.psst-bc.ca/>)
- Can report anonymously if you would like



Protecting **S**urrey **S**chools **T**ogether

A website for youth in Surrey . . .

Interactive content, polls, movie reviews and more . . .

Send in articles - Visit the website to win cool prizes . .

YOUR SCHOOL - YOUR CULTURE - KEEP IT SAFE

www.psst-bc.ca

Learning Supports

Pathways

- 6 – 8pm on Mondays & Wednesdays
- Academic Support and connection
- Sign up through counsellor or admin

ELL Tutoring – Friends of Simon

- Thursdays in E block

Math Tutoring

- D210
- Tuesdays and Thursdays in E block



1. Stay Organized with a Planner or Digital Calendar
2. Learn to Self-Advocate
3. Develop a Consistent Routine
4. Build Positive Relationships
5. Practice Time Management and Prioritization



Vaping

Don't....respect those around you!

HEALTH EFFECTS ASSOCIATED WITH VAPING

Vaping can have a number of negative health effects, both for the person using the vape and for those around them. Some potential health effects include:

- **Addiction to nicotine:** Many vapes contain high levels of nicotine, which can be highly addictive. It can alter brain development, affect memory, concentration, and mood.
- **Lung damage:** The aerosol produced by vapes can contain harmful chemicals and particles that can damage the lungs.
- **Cardiovascular effects:** Nicotine can increase heart rate and blood pressure, and vaping has been linked to an increased risk of heart disease.
- **Exposure to toxins:** The liquid used in vapes can contain a variety of chemicals that are not safe to inhale, and the heating process can produce toxic chemicals like formaldehyde and acetaldehyde.



Electronic Devices

- Volume off at all times please!
- Use at teacher's discretion
 - Otherwise, stays in bag or locker
- No photographs or recording video/audio
- No phones in the washrooms
- **Parents:** -
 - Conversations with your teen about online safety and kindness online.
 - Consider taking the phone out of your child's room at night.

Students not using their phones during class wrote down 62% more information.



They also scored a full letter grade and a half higher on a multiple choice test

41%

OF TEENS WITH THE HIGHEST SOCIAL MEDIA USAGE

ate their overall mental health as poor or very poor

American Psychological Association

Before you...



THINK!

T = Is it True?
H = Is it Helpful?
I = Is it Inspiring?
N = Is it Necessary?
K = Is it Kind?

RATES OF SCHOOL
LONELINESS
HAS DOUBLED
SINCE 2012

Worldwide Increases in Adolescent Loneliness

Questions?

We are here to answer!

