



FROST ROAD ELEMENTARY SCHOOL
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Dear Parents/Guardians

Help keep our students healthy!

A few things to keep in mind to help keep our staff and students healthy:

- Please remind your children about the importance of hand washing for 20-30 seconds with soap and water regularly throughout the day.
- If your child has sudden and severe vomiting and/or diarrhea, they should not return to work or school for at least 72 hours after their last bout of vomiting or diarrhea as they are still highly contagious until that time.
- Anyone with a fever should stay home for 24 hours after fever is normal without medication
- When you call to report your child's absence from school, please inform the office staff of your child's symptoms. The School District provides additional surface cleaning to classes when there is an increase in absences with similar symptoms.

Thank you