

Henry Bose Elementary

Welcome to Our School





Key Messages

- Families are the most important teacher
- Children are strong, capable and full of potential
- Play is integral to well-being and learning

"In addition to your child's teacher playing an important role in their success in school, so do you, as YOU are your child's first teacher!"

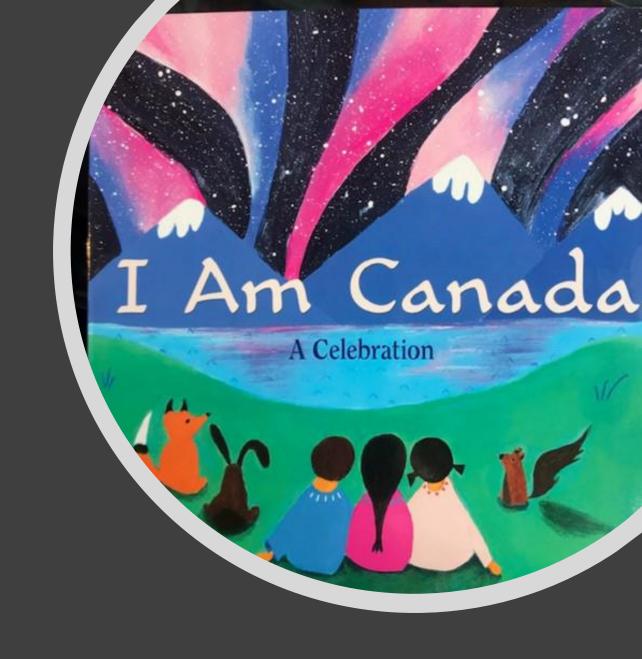




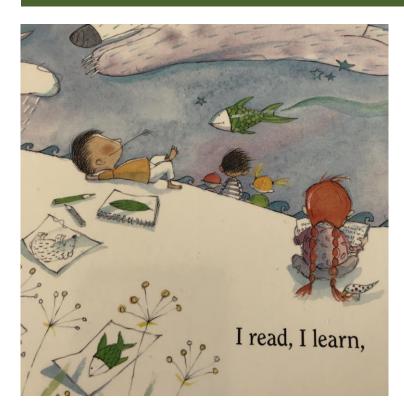
RSL Book

"I read, I learn, I draw, I dream. I am free, I am Canada."

By Heather Patterson and 13 Canadian Illustrators



Talk and Read Together





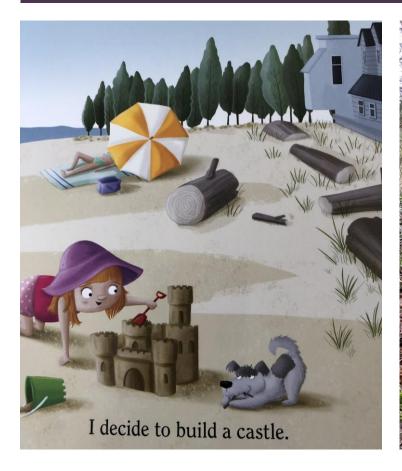
- Talk, talk, talk
- Read books together. There are many opportunities for reading at home. Reading books in any language at bedtime, and talking to your child about the stories can really encourage a love of reading.
- Talk with your child about the day's activities. Point out names of things to your child as you ride in the car or walk to the store, and listen carefully to your child. Show that you are interested in their ideas.
- Ask questions
- · Engage in oral storytelling
- Use natural materials to create stories
- Explore virtual experiences at <u>Surrey</u> Libraries



Print in Your Environment

- Notice letters in nature
- Ask your child to identify the letters of their name within the environment
- Have your child build their name with stones or sticks
- Help your child to read familiar words in their environment (e.g. STOP signs, logos, product packaging)

Enjoy Dramatic Play Indoors and Outside





- Build castles with sand, sticks, rocks and shells
- Create forts with blankets, boxes, tents
- Design a garden shop with old crates, boxes and plants
- Create a fairy garden
- Play in puddles



Explore Numeracy Concepts With Nature

- Compare and sort items found in nature by colour, size, or shape
- Count using dice and sticks
- Find collections of objects (shells, rocks) and count how many
- Notice shapes on a nature walk
- Make patterns with leaves, rocks, or sticks

Encourage Imagination and Creativity





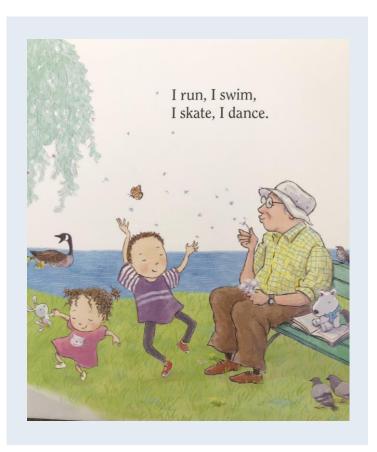
- Create works of art with mud and water
- Provide open ended materials such as sticks, rocks, cardboard tubes, and popsicle sticks to build and create
- Make music with pots, pans, buckets, spoons
- Explore virtual experiences at <u>Surrey Art Gallery</u>



Encourage Wonder with Science

- Encourage your child to sit and notice the environment around them
- Explore bugs, worms and insects in nature
- Discuss weather changes and seasons
- Encourage your child to observe, ask questions and wonder
- Explore books with scientific concepts
- Plant a garden and observe plant growth and changes
- Explore virtual learning opportunities at <u>Science</u> <u>World</u> or <u>Surrey Nature Centre</u>

Enjoy Movement and Music

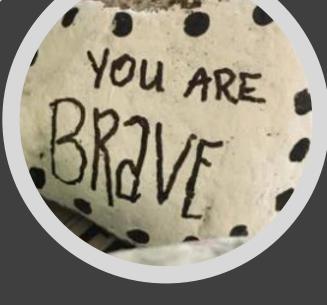




- Run and play outdoors in the forest, the park, or the playground
- Play in the snow, the rain and the puddles
- Play hide and seek or other outdoor games
- Create a dance to your favourite music
- Enjoy music from around the world
- Create instruments out of shoe boxes, buckets, spoons, cardboard tubes
 & recycled materials



I am Canada



Well-Being and Belonging

- Celebrate your culture, traditions and family stories
- Embrace opportunities to be outdoors and engage in the world around you
- Encourage your child to take risks like climbing on the playground or trying something new to build confidence and a sense of safety/security
- Play games that practice turn taking, following directions and sharing
- Create "just for you" rocks/messages that can be kept in a special place
- Praise your child when they use their words to express their feelings



Fine Motor Skills

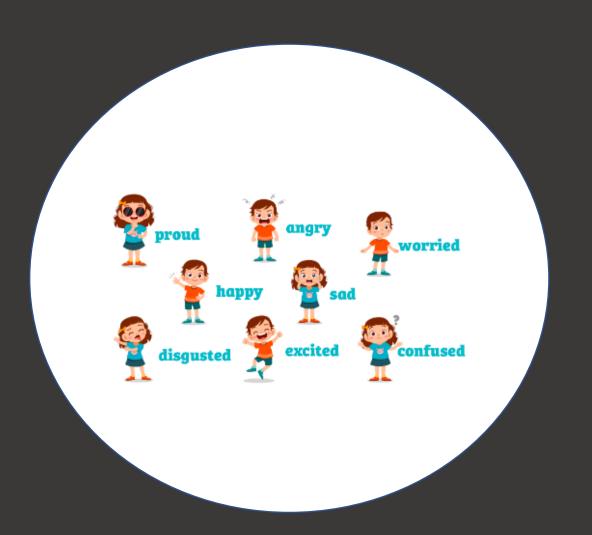
(Thank you to Ms. Mac for creating this video)

- Make and create with playdough (roll & squish)
- Use pinecones, shells, and stones for making prints in your playdough
- Thread beads onto pipe cleaners
- Make a pasta necklace
- Encourage experimentation with pencils, scissors, and chalk
- Dig for worms
- Use tweezers to plant seeds in gardens



Healthy Living

- Eat together, talk together, and make mealtime a family time
- Use <u>Canada's Food Guide</u> to make healthy food choices
- Little ones need lots of sleep, usually 10-12 hours a night
- Limit screen time throughout the day but particularly before bed to ensure a restful sleep
- Visit <u>Live5210</u> for more ideas to support healthy living



Feelings

- Talk to your child about their feelings and why they might be having those feelings
- Expand vocabulary using new words to describe your child's feelings like "disappointed", "frustrated", "excited", "surprised"
- Encourage your child to talk about how they feel



- Surrey Libraries
- Early Years HUB
- Fraser Regional Friendship Centre Association (FRAFCA)
- First Steps Early Years Refugee Program
- Child Care Options Resource and Referral





Additional Information For Families

<u>Early Learning Framework – A Guide for Families</u>

<u>Let's Play – Activities for Families</u>

First Peoples Principles of Learning

<u>Surreyschoolsone.ca</u> - For ideas to support learning at home (StrongStart)

