



## Hello Parents!

Yes, its back! We are so excited to announce that the Hot Lunch program has been given the green light! So, for one day a week, we've got your kids' lunches covered! Woohoo!

There are some changes... a new ordering program, new vendors and new precautions to keep our children safe.

- ★ The Parent Advisory Committee (PAC) runs the Hot Lunch program and all profits go back into funding various activities and items for our kids. Hot Lunch will be every Thursday starting October 7<sup>th</sup>.
- ★ Hot Lunches are provided by **pre-order**. There is ***no guarantee of same day concession sales***. We order according to the numbers in our system and we do our best to avoid waste and extra cost to the school by only ordering what we need.

## VOLUNTEERS

Parents will be needed to hand out lunches to the children's classes on hot lunch days. Information on dates and timing will be distributed through your Class Parent.

We are also in need of more volunteers to take the lead on certain distribution days in the kitchen prior to lunch deliver.

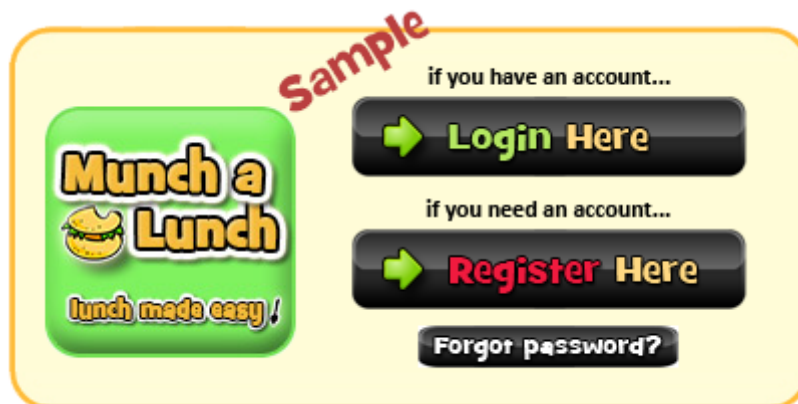
All Hot Lunch volunteers must be double vaccinated.

Please email [rosemaryhotlunch@gmail.com](mailto:rosemaryhotlunch@gmail.com) if you are available to volunteer.

## ORDERING/REGISTRATION

Parents will place their hot lunch orders online using [MunchaLunch.com](https://munchalunch.com)! You can pay for your orders online by credit card (Visa/Mastercard)

- 1) Go to: <https://munchalunch.com/schools/rosemaryheights>
- 2) Click the “**Register Here**” button (as shown below). The system will guide you through
- 3) After adding your children, click the green “Order Lunch!” button to order
- 4) Next time, just click the “**Login Here**” button to access your account.



- Online ordering will be OPEN on September 21.
- If you need assistance with ordering, or do not have access to the internet, please contact [rosemaryhotlunch@gmail.com](mailto:rosemaryhotlunch@gmail.com)
- Orders must be completed prior to Thursday, September 30.
- First Hot Lunch will happen on Thursday, October 7<sup>th</sup>

Once an order has been placed and paid for **you are unable to change or add to your order.** All payments must be made **before Tuesday, October 2nd**.<sup>L</sup><sub>SEP</sub>

\*\*\*Failure to pay your hot lunch balance will result in suspension of your order until the balance is paid.

## MENU SUMMARY

This year's menu is divided into 2 ordering sessions – Fall (Oct – Jan), Spring (Feb- June). We have tried to develop a menu with options for everyone to enjoy! **ITEMS**

**DO NOT CONTAIN NUTS. WE ARE A “NUT AWARE” SCHOOL.**

1. **PANAGO PIZZA** - Choice of a large slice of Cheese, Pepperoni, Ham & Pineapple or Vegetarian pizza. Panago also offers Caesar Salad.
2. **SUBWAY** - Served on a fresh baguette (whole wheat or Italian white bread) and are available in a 6 inch or foot long. The choices are Ham, Turkey, Tuna, or Veggie with your choice of toppings. Also offering chicken noodle soup.
3. **MAPLE SUSHI** - Choice of California, Kappa, Dynamite or Avocado roll.
4. **COBS BREAD** - Baked fresh daily we will be offering a chocolate croissant, cinnamon bun with cream cheese icing or berry white chocolate scone and pizza buns on certain days.
5. **WHITE SPOT** – White spot will be offering their legendary burger plain or with cheese, macaroni and cheese, spaghetti and meatballs, chicken fingers with plum sauce and chicken Caesar wrap. They also offer a side salad and veggies and dip.
6. **CHOPPED LEAF** - From wraps to grilled cheese, Chopped Leaf prides itself on bringing fresh and delicious food directly to the classroom. They offer classic childhood favourites made with wholesome ingredients is the perfect combination to help fuel young minds and help them feel good after they eat.

7. **BOSTON PIZZA** - Boston Pizza's Lunchbox Menu includes a variety of items that meet the nutritional requirements set out in each province for the sale of food and beverages in schools. The nutritional requirements embody the principles of healthy eating outlined in Canada's Food Guide.
8. **FUEL CATERING** - FUEL Catering is a full-service company that delivers nutritious and delicious child approved meals to schools. They are a unique program that allow schools to expand their current food programs and goals. They will be offering our new Hot Dog Days.
9. **WOKBOX** - Their hot lunch program provides school children across Canada with fresh, delicious Asian style food packaged in a cute personalized to-go container.
10. **SWEET LIFE BAKE SHOP** - Locally made, incredibly decorated, delicious sugar cookies to add a little treat into their lunches.

## PLEASE NOTE

If your child is ill or going to be away on a hot lunch date, you are welcome to come and pick up their lunch by 11:45am; otherwise please consider it a donation for a child who does not have a lunch.

- ❖ Consistent with previous years, there are NO REFUNDS as this is a PAC fundraiser. We appreciate your support for our hot lunch program as the funds go towards general fundraising within the school.
- ❖ Also, returning parents, you may have noticed prices have gone up. This is to align with food cost increases by the vendor. Every item in your child's order will be individually wrapped and sealed.

We are so excited to bring this back to you and our students this year. But we are also very aware that things are not back to normal. Please know we are following the Fraser Health Authority Guidelines on School Food Services as well as the more stringent rules laid out by the Surrey School District. If you have any concerns or questions or would like to volunteer please do not hesitate to reach out.

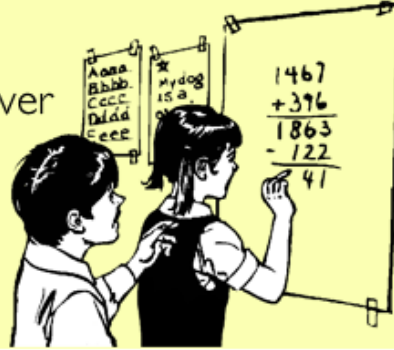
**Rosemary Heights Elementary School PAC**

**Hot Lunch Committee**

**[RosemaryHeightsPAC@gmail.com](mailto:RosemaryHeightsPAC@gmail.com)**

Thank goodness the children are going back to school; I missed packing lunches.

~ No Mother, Ever



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