#### KWANTLEN PARK SECONDARY SCHOOL

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#### **JANUARY 2019 NEWSLETTER**

#### Principal's Message

Happy New Year! I hope that you and your family found time to rest and relax over the Christmas Break. I am always excited by the possibilities that a new year and semester brings. Our goal here at Ecole Kwantlen Park Secondary is to continue to establish a positive, caring, inclusive and personalized learning environment where students feel they belong, are valued, and high standards of success are attainable by all. Thank you to the staff and our parents for their support in helping us reach these important goals!

With the start of the New Year, it is time to re-establish good work habits and routines; quality sleep, completion of homework and bringing necessary materials to school. In addition, being on time for school and consistent daily attendance is critical for student success. You can log on to our parent portal where you can track your child's attendance daily. Remember that you, as parents, play a major role in your child's education. It is very important to involve yourself in overseeing that your child's homework is the best of his/her ability.

Final report cards for semester I will be ready on our Parent Portal on February 7<sup>th</sup> at 4 pm. If you have not gained access to your child's history, please visit our website where there are instructions to gain access. We will not be printing up report cards for your students this year, but if you can not gain access on-line and would like to pick up a hard copy of your child's report card from the office, please let us know so we can have it ready for you.

Continued...





#### **IN THIS ISSUE** Principal's Message 1-2 3 February Calendar 4 Wolf Track Winners 5-6 Helping Girls develop Friendships 7 Grade 12 Mock Interviews 8-9 Athletics & Leadership 10-11 English 12 Field Trip 12 French Immersion Paris trip 2020 13 **Textiles Class** 14 **Aboriginal Snow Shoe Trip** 15 Teens & Technology 16-17 Kwantlen Park Dance 18-21 Career Centre News



Dry Grad 2019 News

**PAC News** 

22

23-24

#### PRINCIPAL: MR. T. CROSS

Vice Principal: Mr. M. Krystal	(A-E)	<b>COUNSELLORS</b> :	Ms. K. Janda	(A-C)
Vice Principal: Ms. S. Beyer	(F-N)	M	r. D. van den Broek	(D-Khal)
vice i illicipai. Ms. 5. Beyer	(1-11)		Ms. K. Zaklan	(Khan-P)
Vice Principal: Ms. K. Farquhar	(O-Z)		Ms. C. Prentice	(Q-Z)

This January and February we are meeting with students to discuss requirements and course selection for next year. It is vital to have parental involvement in this process. Each year our school brings different options and opportunities for students. Please direct questions about programs and options to our counselors. The information we gather from the course selection process enables us to build the timetable for the next school year. There are limited chances



to make changes later, so students are advised to choose courses carefully.



We have a number of staff changes for this second semester. At this point, I am pleased to welcome one new teacher to our school; Ms. Walley. We are expecting to add a few more teachers this week and we will update you in our next newsletter.

The PAC meetings are the first Wednesday of each month. It is terrific having so many parents willing to step into a role and volunteer their time to help the school and students improve. Our next meeting is on February 6. Please join us in our school library at 7 pm.

I would like to thank the staff, parents, community and all our students for making Kwantlen Park Secondary so enjoyable and special. I know I can speak on behalf of any teacher here at Kwantlen Park, that this school is a great place to learn!

Mr. T. Cross





Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Day1 ABCD	2
3	4 Day 2 BADC	5 Day 1 ABCD	6 Day 2 BADC	7 Day 1 ABCD	8 Day 2 BADC	9
			PAC Meeting 7pm	Report Cards Published on the MyEd Portal at 4:00 pm.		
10	11 Day 1 ABCD	12 Day 2 BADC	13 Day 1 ABCD	14 Day 2 BADC	15 Day 1 ABCD	16
		Grade 11 C	areers Presentat	tions Block B		
			SFU Aboriginal Post Secondary Visit	Valentines Day		
17	18 Family Day	19 Day 2 D C A B	20 Day 1 CDAB	21 Day 2 D C A B	22	23
		Block Order Switch	UBC Aboriginal Post- Secondary Visit	Clubs Day	Non-Instructional Day #4  No school for Students	
	TITT		Canadian Computing Competition			
			Dry Grad Meeting 7pm			
24	25 Day 1 CDAB	26 Day 2 D C A B	27 Day 1 C D A B	28 Day 2 D C A B		
	Kwantl	en Park Leadersh	nip - Kindness W	eek		
		Pascal, Cayley & Fermat Math Contests	Anti-Bullying Pink Shirt Day			
		Counsellor Visits to	Associate Elementary Sci	hools – all week		
	Staff Meeting			Newsletter on-line		



Congratulations again to the following students who were "caught" DURING THE MONTH OF JANUARY following our Code of Conduct: Respecting Oneself & Others, Respecting the Environment and Respecting Learning.













Sabrina D.







## Helping Young Girls Find Their Voice While Developing Friendships

Katie Hurley's office is filled with young girls who struggle with courage, confidence and friendship skills. Hurley, a child and adolescent psychotherapist and author of the recently published "No More Mean Girls," has noticed an

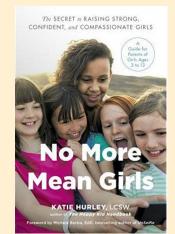
escalating trend: Girls right now are overwhelmed with adult-directed activities.

"Girls no longer have time to partake in girlhood on their own," said Hurley.

This overly structured, overly controlled milieu leaves girls feeling anxious and uncertain about their abilities to navigate basic social challenges.

"Friendship is a process. It takes time and practice," said Hurley. "Girls need time to work through friendship issues -- to experience conflict, negotiate and get through the natural bumps in the road. But we have them so highly scheduled that they are not using organic friendship-making skills anymore."

When girls do have limited, adult-free time with one another, said Hurley, she's not surprised that it's often fraught with exclusion, triangulation, fighting or avoidance.



The solution to these challenges is not more adult intervention, but rather more encouragement and opportunities for girls to tackle these problems on their own. "Our need to have all the solutions as parents is very high right now," said Hurley, and that is backfiring.

#### **Listen and Ask Questions**

When Hurley asks her patients what they want from their parents, the response is almost always the same: "Listen and ask questions."

"As parents, we are not great listeners," said Hurley, "We are very busy, constantly trying to multitask. And we are often disconnected from kids because we are connected digitally."

When kids come to us with a problem, we tend to bounce between extremes -- either dismissing their concerns as "no big deal" or jumping in to solve their problems for them. Both take less time than the alternative: guiding and supporting them as they solve their own problems.

"They need to know that it's totally acceptable and normal to struggle at times," said Hurley, "and we want them to come to us with their concerns. But we need to remember that parenting is about guidance, not controlling."

In the height of emotion -- often immediately after school ends when they are tired and hungry -- girls sometimes "go into survival mode and use language at home that is more traumatic than what is really happening at school." If parents match that level of emotion, they can intensify the situation.

For example, says Hurley, if your child shares an unkind comment she heard on the playground, don't respond with, "'That kid is mean -- stay away from her!' That ends a friendship potential and doesn't give your daughter room to work it out." Instead, stay calm, gather information, and respond empathetically, using phrases such as, "This sounds hard. Can you tell me more about it?" or "Sounds like you had a rotten day. I understand. I have had those days, too."

"Once they have vented and are not so tense inside their bodies, then you can start to brainstorm together," said Hurley. Revisit the problem when they are calm and rested, allowing them to stay in the driver's seat. For instance, if the struggle is whom to play with at recess, encourage them to "zoom out" and reflect on the big picture, perhaps drawing a map of the playground. Where does she go? What does she like to do? What activities do other kids do at recess? What's one thing she wants to try tomorrow?

#### **Practice Bravery**

When girls think up a strategy they want to try -- such as asking a new person to play and joining a new activity at recess -- they also need to muster the courage to test it out. And that isn't always easy.

"I have girls in my office who are petrified of taking risks," said Hurley. "Perfectionism is on the rise, fear of failure is on the rise. Girls are socialized to be pleasers. That is a mistake. Girls should be socialized to be brave."

It starts with our language. When young girls start climbing on the playground, do the adults reflexively say, "Be careful"? As parents, said Hurley, we can deliberately communicate the message, "We take risks to practice being brave." For some girls, risks might look like climbing a tree and, for others, it might look like saying hello to someone new. Free time in nature, on the playground, on *unstructured* playdates, and with open-ended play materials provides an organic classroom for girls to strengthen their courage muscles and test their ideas.

They "need the time and space to try and fail again and fail again and fail again," said Hurley. "When we step in and solve their problems for them, what we really communicate is, 'I'm afraid you can't do it well enough, so I'm going to do it for you.' and that starts fear of failure.' Step back, let them make choices."

#### **Teach Assertive Communication**

Part of courage is finding one's "brave voice," said Hurley. Girls often confuse assertive communication with aggressive communication and then default to the other extreme: passivity. Assertive communication -- including making eye contact, speaking in a clear, calm voice, and listening patiently to others -- communicates self-respect and respect for the other person.

Families can make a game out of teaching assertive communication skills, said Hurley. "Host little presidential debates in your home. Run for 'Queen of the Kitchen.' Make a speech. Have a family debate night." When your child *really* wants something, ask them to write a speech and give you her best persuasive argument.

Practice yields dividends. "When girls get in the habit of being assertive, it feels good," said Hurley. "They feel like people want to listen to them. They say, 'My teacher is calling on me more. My friends are listening to ideas.' They feel more self-confident. And when one girl stands up and is more assertive, others start to do that as well."

#### **Model Resilience**

"One of the best gifts parents can give their kids is the gift of their failures," said Hurley. Tell your children stories about times you've tried and failed and bounced back. Our stories shape children's understanding of how the world works. According to one study, children who hear stories about how family members and ancestors overcame obstacles are more resilient in the face of challenges.

These stories can serve as an important reminder to parents as well: We became stronger by facing challenges and overcoming them. We learned by doing -- and so will our kids. "As parents, we cannot micromanage everything," said Hurley. "They've got to learn how to have these conversations with friends. We can give them language and we can role-play, but let girls do things on their own. They are capable, and they have really good ideas."

On Wednesday January 16<sup>th</sup> this semesters CLE students completed their mock interviews. Although nervous they were glad they had the opportunity and said it was useful practice before applying for a real job. Many of the student were well prepared and wowed the interviewers.









### What's up T-Wolves!

Hey Timberwolves, long time no see!!!

We had quite the busy schedule the past two months! Here is the breakdown for the months of December and January!

- The Jingle Hoops Charity 3-on-3 Basketball Tournament and Toy Drive was a successful fundraiser for the Covenant House and Surrey Christmas Bureau. We collected a HUGE box of toys and over \$200!
- All of the school clubs decked the halls, setting up our hall ways with amazing decorations
- Our Winter Santa's Workshop Pep Rally took place on December 18<sup>th</sup>
- Our Senior Boys basketball team placed 4th at the Winter Tip Off tournament
- The Senior Boys basketball team participated in the RCMP Tournament
- The Junior Boys basketball team placed 1st in the Pool B Championship for the RCMP Tournament. Way to go! Congratulations to Coach Otsuki and Coach Ken!
- Our Senior Girls basketball team placed 4<sup>th</sup> in the Ladder Draw at the Senior Girls Surrey Firefighters Tournament. Congratulations to Payal P. for being named to the All-Star team and to Tatu M. for winning the Goodwill Scholarship!









## ENGLISH 12

Because Honours English 12 is meant to be an enriched course and because AP Lit 12 is geared toward preparing students for university work, the AP Lit 12/Honours English12 class and English 12 class attended tours and informative sessions at both UBC (in December) and SFU (in January). They toured the campus facilities and heard about all the opportunities available to them should they gain entrance into those universities. Thus not only were these seniors exposed to their future educational environments but they also learned of numerous programs on offer at these institutions. It's interesting to note how the students blended in with the university population. But of course, in eight short months, many of them will be actual students at those universities!



# ENGLISH 12



#### French Immersion Spring Break Trip 2020 to France

Thank you to all the parents and students who came to the information meeting on Wednesday January 23!

Students, Parents,

If you are interested in next year's 14 day trip to France, brochures are available on the French Immersion board in C wing.

There will be a maximum of 25 students chosen for this trip. Please be aware that we do not have to fill the 25 spots, it is the teachers' final decision that counts: this trip is a privilege not mandatory.

#### What to expect on this trip:



- To be speaking French 24/7, even in your dreams
- To be punctual (whether in groups of 5 or 25, we need to be moving as one without constantly thinking that a student will always be late: think community, not individual)
- To adapt to situations and to not share your bad mood if it's too early in the morning: communicate with people around you letting them know that maybe it's not the right time to have a full on conversation with you within the next 20 minutes
- To see lots of fantastic monuments and areas
- To discover new ways of living and a different culture.
- To participate in conversations with your host family.
- To participate in games
- To chose your room mates in the hotels and in the host family.
- To Behave as well as you do at school (school rules apply 24/7 during the trip)

#### **Pre-requisites:**

- ♦ Be a French Immersion student
- ♦ To have a minimum of a C in all the French Immersion courses
- ♦ To speak French at all times in French immersion classrooms without teachers asking you to.

#### How to apply:

- ⇒ Get a brochure (on the French Immersion big board in C wing)
- $\Rightarrow$  Fill out the CSLI form inside.
- ⇒ Write a motivation letter, in French, explaining why you want to come, why you would be an asset for this trip and how you will be making sure that you follow the rules.

Hand it in to Mme Crawshaw (P5) or Mme Bigot (C200) before February 8<sup>th</sup>, 3 pm. THERE WON'T BE ANY EXCEPTIONS (this will show us how punctual you are)

Waiting for your application!







Textile 9/10 class with the zip-up hoodies that they made!



#### Great day at Cypress Mountain!

Last year the Aboriginal department at KP obtained a grant for snowshoes. The students had a great day snowshoeing! Thank you Ms. Gander for the great idea and Colin for starting all the snowball fights!









## Teen Addicted to Technology? How to Stop Panicking and Create Healthy Solutions

Teenagers average about **nine hours a day** of entertainment media use, excluding time spent at school or for homework.

Despite being ever-connected, young people are reporting that they are lonely.

Using the internet weakens our capacity for the kind of deep processing that underpins mindful knowledge acquisition, inductive analysis, critical thinking, imagination, reflection.

#### But what do we DO???

If reading this has caused you to despair, fear not. When we shine the light of attention on our habits of technology use, we can start to see more clearly how it affects us and make healthy choices. While screen time often takes us out of our bodies and disconnects us from our realtime lived experience, mindfulness can help bring us back online...to ourselves. Here are five ideas to get started on being intentional with screen time and encouraging the young people in your life to do the same.

#### Five ideas to cultivate a healthy screen diet:

- 1. Be intentional. Decide what you want to do before you are on your technology. Maybe even write it down and check it off as you accomplish each task. Set a timer. Research shows it is best to take at least a two minute break after every twenty minutes of screen time to move and stretch your body. Model this for your students.
- 2. Talk to kids about the impact of technology use. Ask them what they love about it and what they hate about it. Share your own struggles. Explain what you know about how impacts all of us. Adolescents are especially compelled by the idea that they are being intentionally manipulated. Consider sharing Tristan Harris' TedTalk, "How a handful of tech companies control billions of minds every day" or the revealing and poetic "This Panda is Dancing" video by Time Well Spent.
- 3. Create screen-free spaces and times. Carve out times in your life where there is an expectation of phones away. At home, this could be at the dinner table and in bedrooms. At school, if phones are allowed, you could choose times during class to have them away. Consider participating in a screen free week.
- 4. Put your phone away when having a conversation with young people and encourage them to do the same. Explain why your value full attention and how it affects you. Young people all have stories about how it felt to have someone ignore them or divide their attention with their phone, so it can be helpful to evoke that experience.
- 5. Observe the impact on your thoughts and emotions. Try this short exercise, modeled on <u>David Levy's cell phone exercise</u> to notice the impact of using your screen:
- Take out your phone and hold it in your hand without turning on the screen. Notice if there are any particular thoughts of feelings. Is there anything specific you want to do immediately?
- Now, turn the phone on and unlock. What do you see? Again, pause here and notice how you feel now. Is there a draw to something in particular? What does that feel like in the body? What does it feel like to wait?
- Proceed to the social media or email app of your choosing. Open it up and see how the mind and body to the content.
- Set a timer to check in five minutes. When the timer goes off, again notice the thoughts and sensations in the body.

Just as we must have an understanding of mindfulness ourselves before trying to teach it to others, so must we cultivate our own relationship with technology before supporting our students. I have found they are much more open to thinking about it with us if we are willing to own our own struggles. Setting yourself up as an ally in this work can go a long way.

For more resources, check out:

Wise Minds. Big Hearts. Mindful Technology Use Resource List



## KWANTLEN PARK DANCE

Last Friday this semester's dance classes went on a field trip to the bell centre to perform the class dances that they have been working hard on all semester. All of the other Surrey Secondary schools that have dance programs attended and performed as well.





Our block A Beginner class had a Disney Channel themed dance, block C Intermediate Class had a Moana themed dance and our block D Grade 8 class had a Spanish salsa theme! All of the dance classes did a tremendous job and are excited to compete at Breakout this Saturday January 19<sup>th</sup>! Special thank you to Virginia Allard for being not only a second teacher sponsor, but also the BEST supporter and cheerleader!







## KWANTLEN PARK DANCE

On Saturday January 19<sup>th</sup> Kwantlen Park co-hosted a Surrey dance competition called Breakout at Lord Tweedsmuir Secondary school. There were 630 audience members and 800 dancers!





All 3 dance classes competed as well as all four dance teams!

Our Salsa Saturday (grade 8) class received the only gold in their category, Moana (intermediate class) received gold as well as a trophy for being the Judges Favourite dance! All of our teams performed well with Contemporary team and Bhangra team receiving 5<sup>th</sup> place and our Junior Hip Hop team placing fourth! This was a great start to our competition season!





#### **Career Department Staff:**

Mrs. Allard, Careers Dept. Head - local 2502 (direct line: 604-587-7368)

Mr. Harris, Career Facilitator / BASES Teacher – local 2701 Ms. Steeves, Career Development Practitioner – local 2112



#### **MOCK INTERVIEWS—JAN. 16, 2019**

On **Wednesday January 16<sup>th</sup>** this semesters CLE 10 students completed their Mock Interviews.

Although nervous they were glad they had the opportunity and said it was useful practice before applying for a real job.

Many of the students were well prepared and wowed the interviewers. Some students even dressed for success!







#### YOUTH WORK IN TRADES AWARDS

#### \$1,000 Youth Work in Trades Award

Three KP students each received a \$1,000 cheque for working in a trade area. Anton C. (electrical), Jacky T. (Plumbing) and Jackson G. (Plumbing, not pictured) each completed a Youth Train in Trades District Program while in high school and were linked to employment in their trade area after graduation. Each student completed paperwork and worked at least 900 hours in their trade as a youth. Any grade 10-12 student who works in a trade area under the supervision of a red seal tradesperson is eligible. Please see the career centre for more information.





**Anton C.-Electrical** 

**Jacky T.-Plumbing** 

#### YOUTH TRAIN IN TRADES—DISTRICT PROGRAMS

#### **Youth Train in Trades District Programs:**

We wish the following students well as they embark on a new chapter of their education: (from left to right) Paytra K.(Piping), Kyle E.(Carpentry), Gilbert G.(Carpentry), Harshpreet R.(Electrical), Kennedy S. (Electrical), Bryson C.(Welding), Destiny N. (Hairdressing, not pictured) and Ronnel D. (Aviation, not pictured). All of these students will achieve their level 1 for their various trades once they complete their programs. Did we mention their TUITION IS FREE?!? They will be attending KPU, BCIT and Surrey College and will double-dip on high school and Post Secondary credits. Please contact the Career Centre if you would like more information on trades!













#### **WORK EXPERIENCE**

Mr. Pitacco's Work Experience students completed their second placements now. Thank you to the following employers:

American Eagle Outfitters	Pacific Animal Hospital
Bi Pure Water	Shoppers Drug Mart - Cedar Hills
Boston Pizza - Central City	Sky Zone Trampoline Park-Surrey
Deepu's No Frills	Starbucks - Central City
Fountain Tire - Whalley	Tim Hortons
Hen Long Market	The Gap - Guildford
KB Woodward Elementary	
Long & McQuade	Winners - Scott Road

Emmett S. had a unique Work Experience. He was placed at a Metal Fabrication company-Bi Pure Water Inc./ Manufacture water purification systems.





#### **SCHOLARSHIPS**

Scholarship season is upon us! On January 18 we held a meeting for all grade 12 students interested in scholarships. Everything we receive is posted on the Kwantlen Park website under "publications" inside the <a href="Scholar-ships">Scholar-ships</a> folder. Please check the site frequently as new scholarships are added when we receive them. Please see the career centre for more information.



#### **GRAD TRANSITIONS**

#### **Graduation Transitions**

Congratulations to all of our grade 12 students who successfully completed their Grad Transitions presentations on a very unorthodox day! The Career Centre would like to thank all of our students and staff for their ability to "roll with it" when the power went out. GT by candle-light was a first for us!



This year's grade 11 students will also be completing paperwork and presentation for Grad Transitions in second semester. All packages will be due **May 21**<sup>st</sup> and presentations will happen on **June 5**<sup>th</sup>. Students are welcome to pick up packages from the Career Centre at any time.

#### **KPU—OPEN HOUSES / DISCOVERY DAYS**

Visit the KPU website for more info.—http://www.kpu.ca/



KPU Discovery Days-Feb. 15 & 22



Visit: kpu.ca/design/events/upcoming





## NEXT PAC MEETING: <u>WEDNESDAY, FEBRUARY 6TH AT 7 PM</u> IN THE KP LIBRARY

The purpose of the KPS PAC is to further the educational interests and well-being of students, and to strengthen the role of families in education. The PAC facilitates parent participation in the school community. All KPS parents/guardians are invited to attend, bring a friend! Meetings are held on the <u>first</u> Wednesday of each month (except January 2019). Each month Mr. Cross shares a very informative school report and parents discuss many topics related to education.

Do you want to be included on the PAC email list and will receive occasional reminders and updates?

Have a question, suggestions and/or comments?

Not sure how to get involved in the high school community?

Contact the PAC at: <a href="mailto:info@kwantlenparkpac.com">info@kwantlenparkpac.com</a>

Visit the Kwantlen Park PAC
website to stay up to date
on all PAC activities:
www.kwantlenparkpac.com

## **DRY GRAD 2019**

## **Grade 12 Newsletter from the**Kwantlen Park Dry Grad Committee

## To receive regular updates about Dry Grad please send us an email request at <a href="mailto:kpdrygrad2019@hotmail.com">kpdrygrad2019@hotmail.com</a>

Dear Grade 12 Students, Parents, and Guardians,

We are the parents organizing the Dry Grad event that is occurring after the grad dinner/dance arranged for June 7, 2019. The dinner/dance is organized by the school and the Dry Grad is organized and run by the parents.

The Dry Grad event costs approximately \$15,000 and involves many volunteer hours and helpers. We have had a number of parents attending the meetings but are hoping that more parents will be out to future dry grad meetings. Meetings take place every 3<sup>rd</sup> Wednesday at Kwantlen Park school library, 7:00pm.

Grade 12 is a very important year in your child's life – let's make it a memorable one!

## What is Dry Grad?

A parent organized party starting immediately after the dinner/dance for graduating students and approved guests.

Dry grad means drug-free and alcohol-free and smoke-free. Zero tolerance and school rules are in full effect.

Held at The Metro Hall, in New Westminster from 11pm on June 7, 2019 until 4:00am June 8, 2019.

There are plans for various activities and entertainment to ensure the students are kept busy and safe.

## **Upcoming Events**

**Dry Grad Ticket Sales - Ongoing** 

Tickets are \$40.00 and can be purchased online at <a href="https://surreyschools.schoolcashonline.com/">https://surreyschools.schoolcashonline.com/</a>.

#### **Bottle Drive - Ongoing**

Collect cans/bottles in clear plastic bags & drop off at Return It Depot on 104 and 139. Make sure to print off labels at the depot (account number is the school phone number) & stick onto the bags

Fashion Show – details to follow - February 2019

**Clothing Drive – Ongoing** 

Any clothing donations can be brought to any PAC or Dry Grad Meeting

We can accommodate pick up within the area in the evening or weekend. E-mail <u>kpdrygradfundraising@gmail.com</u> to make arrangements.

## Garden Brooms - Ongoing

Text/call Wendy at 604-551-2588 or e-mail her directly at <u>wendy.duong@shaw.ca</u>. Also available for purchase at any PAC or Dry Grad meeting.

Zumba – details to follow

## How Parents/Guardians Can Contribute

**Volunteer your time:** There are a lot of important volunteer positions that will need to be filled and lots more as time goes on. This is your child's graduation, please step forward to volunteer, we greatly appreciate your willingness to lend a hand.

**Donate money:** No time to volunteer? Make a donation. Please make cheques payable to: *Kwantlen Park PAC*. Place in a sealed envelope marked "Dry Grad" and drop off at the school office.

**Ask for donations:** Send donation letters to employers, businesses, your favourite restaurant, etc. Please email <a href="kpdrygrad2019@hotmail.com">kpdrygrad2019@hotmail.com</a> for an official donation/request letter and use it to ask for money and/or donations in kind at your place of work, businesses, services or restaurants, your relatives, friends, anyone. We can use anything and everything!

Kwantlen Park – Dry Grad 2019 Needs Your Support!  DRY GRAD PARENT SIGN-UP SLIP		
Parent's Email:		
PLEASE BRING SIGN-UP SLIP TO	NEXT DRY GRAD MEETING OR DROP OFF AT THE SCHOOL OFF	