



Student #

Cell Phone #

- Write an autobiographical essay
- Fill out applications for scholarships, bursaries or financial aid packages
- Need a strong reference letter from a teacher, administrator, coach, etc.
- Wish to write a resume

## **Academic Information**

[illegible]

**Academic and Other Recognition:** List any awards or other forms of recognition that you have received during your time at JH or other schools that you have attended in your secondary career (eg. Honour Roll, Arts Awards, Exhibitions, Sports Awards, Math contests, etc)

Name of Award	Description	Year Recognized

**School Involvement:** List any clubs or other groups that you may have been involved with (eg. Student Council, Global Issues Club etc.)

Club/Group	Role	Length of Involvement	# of hours/week spent volunteering	Sponsor

**Sports Activities:** List any activities that you have been involved with either as an athlete, refer, or coach.

Activity	Role	Length	Sponsor

**Extracurricular Involvement:** List some of the organizations that you are involved with outside of Johnston Heights. (eg. Scouts, Cadets, Job's Daughters, etc.)

Club/Group	Role	Length of Involvement	# of hours/week spent volunteering	Sponsor

**School or Community Volunteer Work:** Some students don't like free time on their hands or feel strongly that they need to give back to their community. List any volunteer work that you have performed. (eg: peer tutoring, Red Cross, Run for the Cure, etc.)

Organization Volunteered for	Role	Length of Involvement	# of hours/month	Sponsor

**Previous Work Experience:** List previous paid work that you have done around the school or in the community (eg. McDonalds, Safeway, City of Surrey, etc.) List your most recent job first.

[illegible]

**Personal Interests:** List anything you do when you have spare time. (eg. Hobbies, musical instruments played, poetry/music composition, photography, etc.)

**Future Plans:**

- a) What are your plans, both short and long term, for your post-secondary education/work?
  - If furthering your education, what are the top three (3) post-secondary institutions and programs you are pursuing?
  - If not, what job/career are you intending to pursue?
- b) What do you hope to achieve in the future?
- c) What is your financial plan/financial need to achieve these goals?

**References:** List three (3) people (not just at school) and their contact information for whom you could ask for a reference.

Person	How they know you/Relation to you	How would they describe you?