

Erma Stephenson Elementary
February Kindness Calendar 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>“We rise by lifting others.” Robert Ingersall</p>					31	1 Hug a member of your family and tell them you love them!
2 Help your parents bring in the groceries	3 Decide as a class what Acts of Kindness you could do together	4 Write a kind note to a classmate	5 Bring an extra healthy snack to share with a friend	6 Help take care of our school by cleaning up our school grounds	7 Give our 5 compliments or hugs	8 Help clean up after dinner
9 Do a chore for someone in your family	10 Help a friend clean out their desk PAC Meeting @ 6:30 pm	11 Leave a kind note for our secretaries	12 Loonie Toss Make ‘Kindness Bookmarks’ to share	13 Loonie Toss Let someone go ahead of you in line	14 Valentine’s Spirit Day & Assembly! Send a handmade card for a friend PAC Hot Lunch & Movie Night	15 Spend time with a Senior or Elder in your family/ community
16 Clean up your room without being asked!	17 Family Day! Decide as a family what Act of Kindness you could do together!	18 Write a note to your teacher about why they are special	19 Play with your big/little buddy day! Early Dismissal @ 1:30 pm	20 Hold the door open for someone	21 PRO-D Day Help get dinner ready	22 Plan an outing for your family
23 Call a far away relative to say Hello!	24 Tell a silly joke to make someone laugh	25 Give a high five to five people	26 Cookie Sale! Pink Shirt Day! Wear pink and stand up to bullying	27 Invite someone to play with you at recess	28 As a class, discuss how you will continue to pass on the kindness in the months to come	<p>“A warm smile is the universal language of kindness.” Arthur Ward</p>
<i>“No act of kindness, no matter how small is ever wasted.” Aesop</i>						

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