

Erma Stephenson Elementary
February Kindness Calendar 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31	1	2	3	4	5
"We rise by lifting others." Robert Ingersall		LUNAR NEW YEAR! Decide as a class what Acts of Kindness you will do together	Global Play Day! Decorate your windows with hearts and messages	Help take care of our school by cleaning up our school grounds	Give out compliments	Gather gently used clothing, toys and books to donate
6	7	9	9	10	11	12
Do a chore to help out around your home	Toonie Drive for Children's Hospital all week PAC Meeting @ 6:30 pm on Zoom	EARLY DISMISSAL @1:30 pm As a class, send a kind note to our secretaries	Make a 'Kindness Bookmark' for someone in your family	Read a story about kindness or friendship	Tell a silly joke to make someone laugh	Do a Zoom call with faraway friends or family
13	14	15	16	17	18	19
Create handmade cards for your family or friends!	Valentine's Spirit Day! Wear your Valentine colours	Jump Rope for Heart kick-off! Write a kind note to your teacher	Be kind to our environment –What can you do at home, school and in our community	Hold the door open for someone	As a class, send a kind note to our custodians	Paint a kindness rock and put it in your garden!
20	21	22	23	24	25	26
Go for a nature walk with your family!	Family Day! Decide as a family what Act of Kindness you could do together	Let someone go ahead of you in line	Pink Shirt Day! Wear pink and stand up to bullying	Invite someone to play with you at recess	PRO-D DAY! Help get dinner ready	A warm smile is the universal language of kindness." Arthur Ward
<i>"No act of kindness, no matter how small is ever wasted." Aesop</i>						