## March 6, 2019 Newsletter

# North Ridge Elementary 

## 13460-62 Avenue Surrey, BC V3X 2J2

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## MR. REDDING'S MESSAGE

Congratulations to North Ridge students and staff for all their hard work through January and February. We have seen many outstanding student projects and assignments and a full season of sports and extra-curricular activities along with a month of snow and ice! Some students have already reached 140 nights of reading in our Read For Gold Program! Teachers have also been working hard on communicating student learning which will show up through your child's CSL reports or Fresh Grade. CSL reports will go home March 14. Make sure you set some quality time aside to share with your child all of his or her successes. With Spring Break nearly upon us, we wish you a safe and happy two weeks full of fun activities and hopefully some warmer weather as well.

Sincerely,
Mr. Redding, Principal

## Why We Need Your Child at School Every Day

Here are some critical reasons why we want and need your child at school, on time, every school day.

1. We love your child! When they are not here, we miss them! They are important and our class community grows around them.
2. Habit is everything: If you let your child frequently miss school or sleep in, you are building a poor lifelong habit. We do not want your child to develop a habit that they stay home if things get tough or if they are a little tired. It is far better to build habits of endurance, perseverance and commitment. These good habits will serve your child well in life!
3. Leaning happens best when your child is relaxed, happy and involved. If you let your child miss many school days, they will become more anxious, confused and disconnected; learning will then grind to a halt. Ensure they come every day to keep their learning in a good flow!
4. Research shows that students who attend school regularly are much happier and emotionally healthy than kids who frequently miss school.

Of course, the exception is when your child has a fever, stomach flu or is really sick. During these times, your child needs to rest and recuperate before coming back to school.

## Ready, Set, Learn

This special event is an early learning event at North Ridge for preschool children in our neighbourhood on Friday, May 10th. Parents and children are invited to attend our RSL event from 1 to 2 pm in the Gym.


## OFFICE HOURS

8:00 am - 3:30 pm
Office Staff:
Mrs. Pauline Grigoletto and
Ms. Carly Favero

## Student Absences

If your child is going to be absent from school, we would appreciate it if you would phone before 9:00 a.m. to let us know. We have a call home policy to ensure student safety on the way to and from school and if we are not informed of a student absence, our secretary must spend a great deal of time calling student homes. We do have an answering machine to leave a message if you are calling during non~school hours. The school phone number is 604~599~3900.


All three North Ridge teams had excellent seasons culminating with exciting and action-packed play days. The Boys A team were undefeated this season winning in convincing fashion at their Strawberry Hill play day. The Girls team also had an undefeated season until they narrowly lost to Henry Bose (11~9) in the final of the play day at North Ridge. The Boys B team will be hosting play day this Wednesday as they wrap up their season. All the players are looking forward to the annual Staff vs Students match coming in the final week before Spring Break.

## Flying Birdies

Did you know that a badminton birdie can travel up to 100 meters a second? These fast flying objects will be spotted all over North Ridge as badminton season starts this week! We will have three teams this year. The Grade 6 and 7 teams will play against other schools while the Grade 5 team will be an intramural team with a final tournament at North Ridge. Keep practicing over Spring Break!


## Parents as Partners

## Spring Break Math Activities

Playing Store: Use real or pretend money to have your child 'pretend' to buy small items. They can get used to the various coins and what they are worth.

Counting Cars: Have your child count the number of cars that pass on the street in a given period of time. Also, you can both pick a car colour and have your child count red cars while you count white cars. Whoever gets to 10 first wins.

Comparing Grocery Products: Have conversations with your child about comparing cereals, crackers, milk or other items. You can compare nutrients, prices, sizes, etc.

Exercise Log: Have your child keep a record about the number of minutes they exercise and compare it to the number of minutes they watch TV or play video games each day.

Tracking Commercials: Use a watch to determine how many minutes of commercials are in a 30~minute TV show. Also you can track gender role stereotyping in commercials. How many commercials use female actors for household items and use male actors for items such as cars, cell phones, technology, etc.? The results may astound you!

## Pink Shirt Day and Our Kindness Virtue

Thanks to all our students and staff for a kind and thoughtful Pink Shirt Day on Wednesday, February $27^{\text {th }}$. Students wore pink and learned about kindness. Our school-wide February virtue was also kindness. We learned all month about why it is important to be kind in life, how to be kind to all people and how to be reflective if we make a mistake and do something unkind. At our STAR assembly, we recognized two students in every class who were chosen as being exemplary role models for kindness. Being a kind and caring community is something we strive toward every day of the school year!

## North Ridge PAC Stars

Thanks so much to our North Ridge PAC team who have contributed funds in so many different ways to our school and students. From field trip funds to classroom funds to subsidizing performance groups our PAC is such a valuable partner to us. They are also helping us raise money for valuable teaching technology that is absent in many of our classrooms! Thanks for everything you do, North Ridge PAC!

## Terry Fox

The 2018 Terry Fox School Run was a great success!! We are proud to announce that North Ridge Elementary has generously donated $\$ 823.86$ for cancer research. 39 years ago, determined to make a difference in the lives of those living with cancer, Terry ignited a fundraising movement that cannot be stopped. Today, because of schools like ours, his message of hope echoes loudly in the voices of students and families everywhere. The Terry Fox Foundation extends to you a heartfelt thank you for your wonderful generosity to continue Terry's legacy. Be proud and know that together, we are making a difference.

## Star Logo Contest Update

We are in the exciting process of making a new school logo at North Ridge. We had over 150 student entries in our logo design contest held in early February. We had students as young as 5 and as old as 13 enter! The leadership team met and chose four designs they thought best represented our amazing school. These four designs were then taken around to every classroom and students and staff privately voted on the design they liked the best. It was a great vote with all four designs receiving many votes.

The four finalist designs were by: Yusuf K. in Division 8, Marwa R. in Division 5, Harleen B. in Division 5 and Harleen K. in Division 3. After tallying the 500 votes, the winning design was Harleen's from Division 5! The next step is to put Harleen's design through the graphic design process to make it digital. From there we will source out jersey designs and colours for new school sports jerseys!

## North Ridge Super Writers

## Penguins

Go to the zoo and you'll most likely see Adélies. There are more Adélies than any other kind of penguins. You can see other penguins at the zoo, but we are just going to talk about penguins and penguin calls. A penguin's call is called a Donkey call. We are also going to be talking about where lots of penguins live. Penguins live in Ice Island Antarctica. Emperor penguins have the coldest breeding grounds in Antarctica. They incubate their eggs in extreme weather standing motionless on the ice. Sometimes one body just doesn't create enough heat so they form a tight huddle. That's as many as 6,000 penguins squeezing shoulder to shoulder. Oh and my favorite kind of penguins are Adélies. They are warm blooded and their body temperature is 100 to $102^{\circ} \mathrm{F}$. Ours is $98.6^{\circ} \mathrm{F}$

By Fallyn, Div. 9

## Running Club

Running Club will be starting on Tuesday, April $2^{\text {nd }}$ from 2:40-3:10 pm~ and will run for 4 weeks, ending Thursday, April 25th. Please return the yellow permission form that was recently sent home with your child by Thursday, March $7^{\text {th }}$.


## Science Fair

We had many intermediate students participate in our Annual Science and Innovation Fair at North Ridge. We had a wide variety of scientific questions and projects from topics ranging from the molecular attraction of water to the benefits of sugarless gum! Below is a list of the class finalists and their projects who presented in the gym at our school Science Fair on Friday:

## North Ridge Science Fair 2019 Class Finalists:

## Division 1 (Manak):

- Ella D. \& Jasleen K. ~ Black Fire Snake
- Navreen P. ~ How Do Glowsticks Work?


## Division 2 (Rasmussen):

- Neama K. ~ Diabetes

- Ayesha N. ~ A World Without Colour


## Division 3 (Robinson/Elfstrom):

- Manav M. ~ Static Electricity
- Sanja N. ~Raw Eggs vs Parachutes
- Anjalie R. ~ Raw Eggs vs Liquids


## Division 4 (Pitre):

- Rashad R. \& Mehul B. - Electricity = Solar Energy
- Nyha N. $\sim$ Germs and Bacteria


## Division 5 (Docksteader):

- Rauha K. ~ Oil Spills
- Priya D. \& Shasta A. ~ The Heart


## Division 6 (Wong):

- Simran S. and Ashita M. ~ How Do Tornados Form?
- Samaira J. ~ How Does the Sun Form?


## Division 7 (Dhaliwal):

- Baneesha P. ~ Best Drinks for Plants
- Asaad K. \& Khuzaima T. ~ Sugar vs. Sugarless Gums and Their Impact on Health

Visiting judges, Mr. Gammel (Strawberry Hill Principal), Ms. Nahal (Dr. F.D. Sinclair Principal) and Mr. Moloney (Panorama Ridge Vice Principal) evaluated the projects and had the difficult task of choosing four projects to represent North Ridge at the district Science and Innovation Fair at Surrey Centre Mall on Thursday, March 7th.

Congratulations to:
Neama K. (Diabetes)
Ayesha N. (A World Without Colour)
Rauha K. (Oil Spills)
Sanja N. (Raw Eggs vs Parachutes)

Upcoming Events


## Apr 9

Class Photos
Apr 12
Vaisakhi Celebration

## Apr 15

PALS - Library 8:35-10:45 am

Apr 19
Good Friday
Apr 22
Easter Monday
Apr 24
PAC Meeting
8:45 am
Apr 26
Star Assembly
9 am

