

Newsletter
May 10th, 2018



MAY 2018

Thursday May 10

Early Dismissal at 1:25

Friday May 11th

Bulb Planting Day

12:45

Monday May 14th

Redwood Park Fieldtrip

12:30-2:15

Tuesday May 15th

Ready, Set, Learn

1:45-2:45

Friday May 18th

Seed Planting Day

12:45

Monday May 21st

Victoria Day

School not in session

Tuesday May 22nd

Keery Park Fieldtrip

12:35-2:15

Wednesday May 23rd

Welcome to Kindergarten

Monday May 28th

Pro-D Day – Schools not in session for students

JUNE 2018

Tuesday June 5th

Keery Park Fieldtrip

12:35-2:15

Thursday June 7th

Surrey Nature Park Fieldtrip

9:30-11:00



EKOLogy

EAST KENSINGTON ELEMENTARY

2795 - 184th Street, Surrey, BC V3Z 9V2

Phone: (604) 541-1257 Fax: (604) 531-4180

Courier #018

www.surreyschools.ca/schools/eastkensington

Principal: Mr. Chris Baldry

Vice Principal: Ms. Keri Stanger

Dear Parents,

Student-Led Conferences

Today both of our classes hosted our student-led conferences. Our students were able to guide their guests through their learning to showcase their learning abilities, goals, and interests at both our inside and outside classroom spaces.

Ready, Set, Learn



Ready, Set, Learn!

Three- and four-year olds and their families are invited to attend Ready, Set, Learn on Tuesday, May 15 at 1:45 p.m. in our library. Ready, Set, Learn is an early learning initiative sponsored by the Ministry of Education. It is designed to provide children and parents/caregivers an opportunity to participate in a series of play-based learning activities within our school setting. It also provides an opportunity for families to receive information from participating community agencies.

Please phone the school to register: 604-541-1257.



Welcome to Kindergarten will be hosted on Wednesday, June 20 at 1:45 p.m. for children starting kindergarten at East Kensington this September.



Honeybee Centre

On Tuesday May 8th our school went to the Honeybee Centre. The children learned how to distinguish between bees and wasps, the parts of bees, bee roles, pollination, and how bee keepers collect honey. The children sampled honey, played with

beekeeper costumes and pretended to pollinate flowers. They were very excited to take home a honey stick at the end of the trip.



Thank you to all the parents who were able to drive and chaperone on this trip!



Saturday June 9th
Spring Fair
10:00-4:00

Monday June 11th
Science World Fieldtrip
All Day

Tuesday June 12th
Forsythe Park Fieldtrip
11:45-2:15

Wednesday June 13th
PAC Meeting
2:30

Tuesday June 19th
Redwood Park Fieldtrip
12:30-2:15

Monday June 25th
Crescent Beach Fieldtrip
All Day

Wednesday June 27th
Kindergarten Graduation
In the Afternoon

Thursday June 28th
Year End Slide Show
11:00

Family Picnic
11:45

Early Dismissal at 1:25

Last Day of School Before
Summer Break

EKOLOGY
East
Kensington
Outdoor
Learning Program
O
G
y



This Saturday is Hall's Prairie 19th Annual Country Market School Fair. Feel free to pop by between 10:00 a.m. and 3:00 p.m. There will be live music, food, a garage sale, crafter's market, raffle, 50-50, silent auction, games, prizes and more. We will have parents from our school there to share information about our EKOLogy program as well.

Hall's Prairie Elementary is located at 18035 8 Ave, Surrey.

Our own East Kensington Spring Fair will be on Saturday, June 9 from 10:00 until 4:00. Volunteer sign-up sheets are outside the office. Raffle tickets were sent home with your child this week.

Children and Screen Time



There is research on the effects screen has on the brain and emotional development of children. It may seem surprising, but the average north American child clocks in *more than seven hours of screen time a day*. Children who have too much screen time may become impulsive, moody, and have difficulty paying attention. The following suggestions for parents on how to reduce screen time for their children is taken from this website:

<http://deeproootsathome.com/screen-time-childs-brain/>

Steps to raising children who are not "addicted" to their screens:

1. Train delayed gratification.
 - Make them wait! It is ok to have "I am bored" time - this is the first step to creativity
 - Gradually increase the waiting time between "I want" and "I get"
 - Avoid technology use in cars and restaurants, and instead teach them waiting and develop social skills while talking and playing games
2. Don't be afraid to set the limits. Kids need limits to grow happy and healthy.
 - Make a schedule for meal times, sleep times, technology time
 - Think of what is good for them- not what they want or don't want. They are going to thank you for setting limits later on in life.
 - Limit constant snacking.
 - Set limits on screen time and provide more time for outdoor and unstructured play time



3. Teach your child to do monotonous work from early years as it is the foundation for future "workability".
 - Folding laundry, tidying up toys, hanging clothes, unpacking groceries, setting the table, making lunch, unpacking their lunch box, making their bed
4. Have fun with your children.
 - Read aloud, play outside with your kids, make a Mexican or Italian meal together, hold family game nights, or go a treasure hunt in the house or park.
 - Push the table aside and dance with them, build forts, laugh about what they did when they were really little, take walks and look at the clouds!

Crossing Guard Needed

East Kensington is in need of a new Crossing Guard.

If you are interested or know someone who may be interested please call Len at 604-597-4787 for more information. The rate of pay is \$13.50 per hour. Hours are 8:00 am to 9:00 am and 2:00 pm to 3:00 pm. Thank you!



Our Next PAC Meeting is June 13th at 2:30

Everyone is welcome. We will be doing some planning for next year. Hope to see you there!

mabel's labels FUNDRAISING

East Kensington Elementary is fundraising with Mabel's Labels!

Labels for the Stuff Kids Lose! Mabel's Labels are personalized, peel & stick, super-durable labels that safely go in the laundry, dishwasher and microwave. They're loved by parents & kids alike. And they're perfect for all your kids' stuff - from shoes & clothes to water bottles, lunch boxes, backpacks and more! With the cost of good quality kid's clothing, water bottles, extra shoes etc. why not label them so if they are lost they can be returned!

Mabel's Labels is the best-known brand of durable labels for families, and their growing line of products features baby labels, child safety products, sports labels, household organizational labels and seasonal items. They're extremely durable, and they're 100% guaranteed. [The East Kensington PAC receives 20% from every order to put towards our fundraising goals.](#)

Please visit campaigns.mabelslabels.com and **search for our school name to place your order** and support our fundraiser.

