

MAY 7th IS NATIONAL CHILD AND YOUTH MENTAL HEALTH DAY

[May 7 Event Conversations about Mental Health \(surreyschools.ca\)](https://www.surreyschools.ca)

Every year, FamilySmart showcases great resources as well as offering special events through partnerships with other organizations that care about child and youth mental health. As May 7th is also about building caring connections between young people and the caring adults in their lives, we have planned a special event for parents and caregivers on this day:

Topic: *Conversations about Mental Health: What it sounds like at different ages*

- **Date:** Friday, May 7, 2021
- **Time:** 12pm - 1pm (PST)
- **Cost:** Free!

To register & receive an event reminder: www.familysmart.ca/events

[Please click here](#) for full details of the activities and videos that are tailored to families in the community, as well as elementary and secondary school aged children and youth.

If you have any questions about this event, please email: info@familysmart.ca

Parenting 2.0 Workshop: The Wishing Star Lapointe Developmental Clinic

- **Save the Date:** Wednesday May 19, 2021
- **Time :** 7:00pm-8:30pm
- **To sign up – click [HERE](#)**

SD#36 is excited to invite all members of our amazing parent community to Parenting 2.0. If you have a child that attends any of our Surrey Schools, YOU are invited!

Parenting 2.0 is a new and revolutionary approach to parenting. Based on the science of child development and their over 50 years combined experience, parenting educators Dr. Vanessa Lapointe, R. Psych., and Mr. David Loyst, MSc have developed this course to share what it takes to grow resilient children.

Come join us for an interactive learning experience to understand the needs of your child, and to reflect on your parenting and the challenges you face. Leave with tools so that you can begin the journey to becoming the parent you've always wanted to be, and with that, growing your children in the best possible way.

For parents who are unable to watch the presentation LIVE, a link to a recording of the event will be sent to all registered participants. Save the date, you will not be disappointed. See you all there!

A Partnership Event Hosted by the Surrey School District 36 and The Wishing Star Lapointe Developmental Clinic