



December 19, 2018

Dear Parent/Guardian/Staff at Fleetwood Park Secondary School,

Public Health is writing to remind staff and students who were exposed to a case of Measles in November 2018, and have only received one dose of MMR (Measles Mumps and Rubella) vaccine, that it is time to update your MMR immunizations.

If you have received one dose of MMR vaccine up to November 16, 2018, a 2nd dose of free MMR vaccine is recommended in order to provide long term protection. This 2nd dose will complete your MMR vaccine series, protect you against future exposures and prevent exclusion from school/work.

If you haven't already done so, you can now receive your 2nd dose of MMR vaccine through your Family Physician, Public Health Unit or local Pharmacy. If going to a pharmacy, please call ahead to see if that site provides the MMR vaccine.

Information about MMR vaccine can be found on the attached HealthLinkBC file or at: <http://www.healthlinkbc.ca/healthfiles/pdf/hfile14a.pdf>

If you would like to book an appointment for your MMR vaccine from Public Health, please call: 604-476-7087

Sincerely,

Shovita Padhi, MD MPH FRCPC
Medical Health Officer and Medical Director
Fraser Health Authority