

# Ocean Cliff Elementary Parent Advisory Council Meeting Friday March 2<sup>nd</sup>, 2018 @ 9am

**CALL TO ORDER:** Nealy C, President @ 9:02am

**Attending:** PAC Executive: Nealy C, Matt S, Rebecca K  
Principal: Mr. Bobby Samra, 14 parents

**ADOPTION OF AGENDA:** 1<sup>st</sup> Suzanne, 2<sup>nd</sup> Cathy

**ADOPTION OF MINUTES:** from January 25<sup>th</sup>, 2018 – 1<sup>st</sup> Michelle, 2<sup>nd</sup> Suzanne

## REPORTS

### 4.1 Principal's Report - Mr. Bobby Samra

- Science Fair: Four projects from Ocean Cliff were entered in the District Science Fair with all four entries winning gold. A long-time Science Fair judge has reported that he felt this year's Fair at Ocean Cliff had some of the best projects he has seen.
- Sports at Ocean Cliff: The boys' basketball team placed second and the girls' team placed third at the Basketball Play Days. Ultimate (Frisbee) will start next week lead by Mrs. Statnyk.
- Destination Imagination: Teams are competing in the Fraser Valley Regional Tournament Saturday March 3rd.
- School Wide Play: Staff have begun discussions about the possibility of having a school wide play next year. Staff have requested PAC research further information with a final decision on the play being made in September 2018.
- Intensive French Information Night: The District has changed the application process to a lottery. The lottery is available to Ocean Cliff students only. Note: all grade 6 classes receive core French as part of the regular curriculum.
- Grade 7 Parents Elgin Park Secondary Information Night: April 5<sup>th</sup> at 6:30pm.
- Note regarding reference letters for private high school applications: FYI for grade 6 parents - South Surrey elementary schools have adopted an administrative policy that references for private schools will no longer be completed after this school year.
- Social Emotional Learning: \*\*Brochures passed around to attendees - see insert below for copies\*\* The video "Educate the Heart" was shown. As with many schools, anxiety is an issue at Ocean Cliff. A student survey was distributed in late October/early November. This survey was the same as the one distributed in 2016 which allows staff to compare results year over year. It is important to note that the results are informal

and are meant to provide talking points for staff to discuss the school's approach to social emotional learning.

**SUPPORTING LEARNING AT HOME**  
SEL COMPETENCIES (CASEL)

**SELF-AWARENESS**

- IDENTIFYING EMOTIONS
- ACCURATE SELF-PERCEPTION
- RECOGNIZING STRENGTHS
- SELF-CONFIDENCE
- SELF-EFFICACY
- GROWTH MINDSET

**SOCIAL AWARENESS**

- PERSPECTIVE-TAKING
- EMPATHY
- APPRECIATING DIVERSITY
- RESPECT FOR OTHERS

**RESPONSIBLE DECISION-MAKING**

- IDENTIFYING PROBLEMS
- ANALYZING SITUATIONS
- SOVING PROBLEMS
- EVALUATING
- REFLECTING
- ETHICAL RESPONSIBILITY

**SELF-MANAGEMENT**

- IMPULSE CONTROL
- STRESS MANAGEMENT
- SELF-DISCIPLINE
- SELF-MOTIVATION
- GOAL SETTING
- ORGANIZATIONAL SKILLS

**RELATIONSHIP SKILLS**

- COMMUNICATION
- SOCIAL ENGAGEMENT
- RELATIONSHIP BUILDING
- TEAMWORK

**NOTICE**  
★  
**NAME**  
★  
**NURTURE**

**NURTURING A GROWTH MINDSET: SELF-TALK & RESPONSES**

UNDERMINES A GROWTH MINDSET	PROMOTES A GROWTH MINDSET
<ul style="list-style-type: none"> <li>✓You're a natural. I love that!</li> <li>✓Great job – you're so talented!</li> <li>✓Maybe this isn't your strength. Don't worry you're good at other things.</li> </ul>	<ul style="list-style-type: none"> <li>✓You're a learner. I love that!</li> <li>✓That didn't work. Let's talk about how you approached it and what you might try next time.</li> <li>✓I have high standards. I'm holding you to them because I know we can reach them together!</li> </ul>
INSTEAD OF...	TRY...
<ul style="list-style-type: none"> <li>✗I'm bad at this.</li> <li>✗I give up.</li> <li>✗This is good enough.</li> <li>✗This is too hard.</li> <li>✗I got it wrong.</li> <li>✗I'll never be that smart.</li> <li>✗I don't get it.</li> </ul>	<ul style="list-style-type: none"> <li>✓What am I missing?</li> <li>✓I'll try a different strategy.</li> <li>✓Is this my best work?</li> <li>✓This may take some time.</li> <li>✓I learn from mistakes.</li> <li>✓I can train my brain.</li> <li>✓I don't get it yet.</li> </ul>

**RESOURCES FOR MORE INFORMATION**

Brainstorm – The Power and Purpose of the Teenage Brain by Dr. D. Siegel

The Resilience & Stress Reduction Workbook for Kids by Lawrence E. Shapiro Ph.D.

The Mindful Teen by Dr. Daung Vo

The Fantastic Elastic Brain by JoAnn Deak Ph.D.

The University of British Columbia – SEL Resource Finder [www.selresources.com](http://www.selresources.com)

EduTopia – 5 Keys to Successful Social & Emotional Learning [www.edutopia.org/keys-social-emotional-learning-5keys](http://www.edutopia.org/keys-social-emotional-learning-5keys)

**SUPPORTING LEARNING AT HOME**  
CORE COMPETENCIES TO TALK ABOUT

**C COMMUNICATION**

- Speaking & Listening
- Reading & Writing
- Presenting
- Collaborating

**T THINKING**

- Creative and Critical
- Generating and developing ideas
- Pursuing ideas over time
- Designing, analyzing, evaluating

**PS PERSONAL & SOCIAL**

- Personal identity, values, and choices
- Persistence & ownership
- Sustaining balance
- Caring of self, others, & environment

**NOTICE → NAME → NURTURE**

**WHEN YOUR CHILD ASKS FOR ASSISTANCE, ASK:**  
What were you supposed to learn? What is the criteria for this assignment?

**SUGGESTED CONVERSATION STARTERS**

- I notice how you ... (be specific, focusing more on perseverance and less on "ability"; avoiding phrases such as "you are so smart" or "you are such a talented artist")
- What were you supposed to learn by doing this work?
- How does your work compare to the criteria?
- What are you most proud of? Why?
- I can see you tried really hard to ...
- I can see evidence of growth. You used to ... but now you ...
- When I compare what you used to do with what you do now, I notice ...
- What do you notice when you compare these two pieces of work?
- Can you explain your thinking about this ... ?
- What I like about this work is ...
- What do you like most about this work?
- Do you think you need some help with ... ?
- What do you think you could do differently next time?
- How could you have done that differently?
- What would you like to get better at? Why?
- What do you think you will try next time?
- Tell me (more) about ...

**DIGITAL RESOURCES YOU CAN ACCESS AT HOME**

ALL RESOURCES: [www.surreyschools.ca/digitalresources](http://www.surreyschools.ca/digitalresources)  
USER ID & PASSWORD: sd36bc

DISCOVERY EDUCATION: [surreyschools.discoveryeducation.ca](http://surreyschools.discoveryeducation.ca)  
USER ID & PASSWORD: sd36bc (or ask your child or your child's teacher for a personalized USER ID & PASSWORD)

\*\*Mr. Samra was required to leave the meeting briefly.\*\*

#### 4.2 Treasure's Report – John M

- ACCOUNT BALANCES:

**General: \$15,112.43**  
**Playground: \$ 4,699.90**  
**Gaming: \$12,279.63**

#### 4.3 President's Report – Nealy C

- Nealy attended an Internet Safety presentation by Jessie Miller. The focus was on teaching children how to use the internet responsibly instead of sheltering them from it. Emphasis was placed on the importance for parents to create an open discussion with children about the internet and to ensure that children understand they are creating a 'brand' for themselves with their internet presence.
  - Parent Question: what is the school policy on the use of mobile phones? Mr. Samra: Children may not use phones during the day without teacher permission.
  - Mr. Samra: Screen time relates to more than just the amount of screens children are exposed to during the day. Parent's use of screen time also affects children.

## **OLD BUSINESS**

### **5.1 Fundraising Event: Cheque Drive - completed**

- School cash on line donations are still being processed by the District. Results will be published as soon as donation totals are made available to Ocean Cliff.
  - *Discussion: Is an Earthquake Bin needed for Ocean Cliff? Yes, it was voted on and approved by PAC to allow for the safe and secure storage of Earthquake supplies and to free up space in the school.*

### **5.2 Fundraising Event: Spring Fling - May 12th**

- Legion's Caterer is award winning in South Surrey, will be setting up a burger bar
- Tickets are \$30 each and include a burger + beer, dj, games and more!
- Casino: \$20 buy in gets \$10,000 playing money for roulette, craps and 2 black jack tables. Casino will be open from 8-11:30.
- Volunteers needed! Sign up: <http://www.volunteersignup.org/MFM99>

### **5.3 Family Event: Family Dance – March 14<sup>th</sup>**

- Volunteers Needed!! Sign up: <https://www.volunteersignup.org/HFPMB>
- Tickets sales start Wednesday after school

### **5.4 Family Event: Mathnasium – April 12<sup>th</sup>**

- Volunteers Needed!! Sign up: <https://www.volunteersignup.org/TYR7Y>
- Free family games night, RSVP link to be published shortly.

### **5.5 Parent Event: Yoga with Line – April 16<sup>th</sup> & 30<sup>th</sup> 7-8pm**

- Look for details and sign up link to be published in an upcoming version of the WAG as well as on Facebook.
- Will be held in the Ocean Cliff Library for a small donation. Proceeds will go to PAC.

### **5.4 Parent Event: Saleema Noon Sexual Health Educators Parent Info Night – May 1st**

- Presentation to parents regarding the sexual health education program for students taking place in school May 2nd & 3rd

## **OPEN FORUM**

- Grade 7 Fundraising: Ice Cream Sale after school April 18<sup>th</sup>
  - Grade 7's will try to fundraise to cover the cost of the year end tea party/bbq instead of using PAC funds.
  - Fundraising will also go towards the cost of year books and a school or community legacy item.
- Book swap: dates to be set soon, book swap will be shortened to 2 days this year.
- Date needed for Teacher Appreciation Lunch – PAC to discuss with Mr. Samra

**Meeting Adjourned @ 10:20am**

**NEXT GENERAL MEETING TBA**

*Respectfully – Rebecca Kiesewetter, PAC Secretary*