



Child & Youth Mental Health Resources

Organized by: WRSS Local Action Team as part of the BC Child & Youth Mental Health & Substance Use Collaborative
A partnership of Doctors of BC and BC government



White Rock-South Surrey
Division of Family Practice
A GPSC initiative

WRSS LAT
Surrey School District
Student Behavior / Mental
Health Support

Support Personnel, In-School Supports, District Supports, District
Programs

School Based Support Personnel

- *School Counsellor* – Focus on enhancing students' development.
- *School Based Team (SBT)* – Collaborative that develops educational programs for students.
- *School Psychologists* – Utilize a variety of assessment measures to assist in understanding child development, learning, memory, behavior, and motivation.

How To Access Support For Students

Consult with student's:

- *teacher*
- *school administration*
- *school counsellor* about in-school supports available

If you have a concern, address it, don't leave it!

District Secondary Programs

- *Connections Program* – Intended for students who have not responded to past interventions and who are believed to benefit in placement in a non-traditional secondary school setting. For students aged 13-16 (grades 8-10)
- *Adolescent Day Treatment Program (ADTP)* – Year-round interministerial program that provides full range mental health services and educational programming.

- *Adolescent Psychiatry Unit (APU)* – Serves 10 students aged 12-18 who live in the Fraser Health Region, who are experiencing mental health concerns.
- *Hope Program* – Provides a safe and supportive classroom for students in grades 9-12 who may have experienced a lack of success in school, have often disengaged from school, and/or struggle with various mental health concerns (eg. Anxiety, depression, grief/loss)

- *Lee School* – Provides a safe, supportive, and nurturing educational environment to students who have social/emotional difficulties aged 13-16.

Teen Recreation and Educational Enhancement Services (TREES) – A non-traditional, self-contained alternate school in Surrey which serves secondary students 13-16 years of age.



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Vine Youth & Family Centre

- Youth Services
 - Family Support Services
 - Parent Education Workshops
- Youth Collective - Youth Space Project
 - Vine Youth Clinic
 - Resources

See our resource table for more information...

www.alexhouse.net

604-538-5060





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What does F.O.R.C.E. stand for?

Families Organized for Recognition and Care Equality

Our Mandate:

The F.O.R.C.E. mandate is to support and empower families and work collaboratively with professionals and systems in understanding and meeting the mental health needs of families.

What is a F.O.R.C.E. Parent in Residence?

The F.O.R.C.E. Parent in Residence (PiR) is a parent who has a child/youth who has a mental health challenge. The PiR draws from personal lived experience to support and empower families in their community.

We support families who have children/youth with mental health challenges

ADHD

Anxiety

Depression

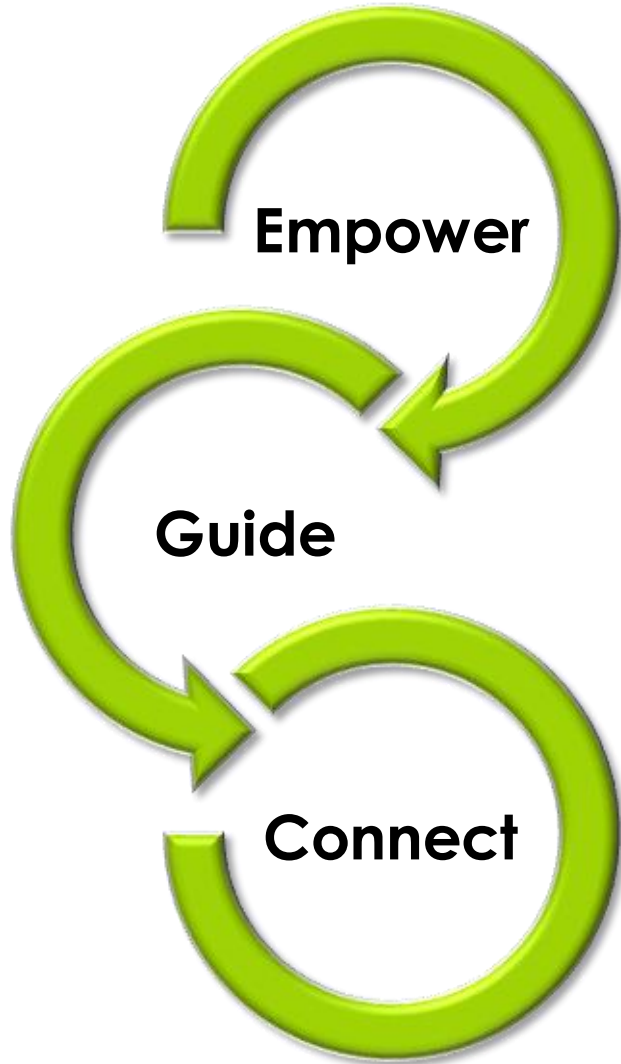
Bipolar Disorder



Behavior Concerns

Often Undiagnosed or not recognized as potential mental health challenges

A child/youth does not need to have a diagnosis in order for a family to be referred to our service. There is no fee to access our service.



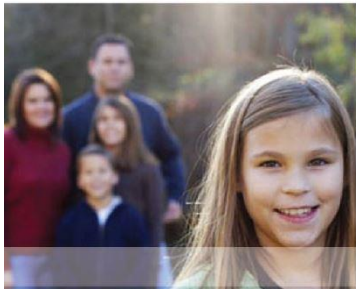
We empower families by providing them with support and information. We encourage families to use their voice.

We guide families through the services and supports systems that exist in the mental health field.

We connect families to other families in their community, as well as professionals and services.



Presented by:
The F.O.R.C.E.
Families Organized for Recognition and Care Equality
Society for Kids' Mental Health



'in the know'

'in the know' is a monthly networking and information session that provides a topic expert on what is important to parents. These can be viewed individually online, or at community sites. Most community sites offer parent networking and support. Previous sessions can be watched in our archives on our website.

ANXIETY

**THE ADOLESCENT
BRAIN**

**SUICIDE
PREVENTION**

**INVOLVING
DADS**

**THE ADHD
BRAIN**

**COLLABORATIVE
PROBLEM
SOLVING**

The F.O.R.C.E.

SOCIETY FOR KIDS' MENTAL HEALTH

As families, we've been there



Connect with us online:

www.forcesociety.com

In Surrey, Delta & White Rock families can contact:

Tina Mitchell, Parent in Residence (PiR)

Tina@forcesociety.com

Lynne Godfrey, Parent in Residence (PiR)

Lynne@forcesociety.com

604-878-3400

1-855-887-8004

(Phone numbers connect to an answering service. Please tell family to indicate community they are calling from, to ensure they are connected to the appropriate person)



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WRSS COMMUNITY ADVISORY COMMITTEE (MHSU)

A large, smooth, white rock sits on a grassy bank overlooking a beach. The beach is covered in grey pebbles and scattered pieces of driftwood. In the background, there are trees and a cloudy sky. The text is overlaid on the right side of the image.

**White Rock & South Surrey
Community Advisory
Committee for Mental Health
and Substance Use**

WRSS COMMUNITY ADVISORY COMMITTEE (MHSU)

Purpose and Role

1. Providing the Manager responsible for Mental Health & Substance Use (MH&SU) in this community with information, advice, recommendations and feedback related to the planning, implementation and evaluation of mental health services and policies affecting the lives of persons with lived experience (PWLE) and their families.
2. Providing feedback to the MH&SU manager concerning issues and needs of PWLE and families.
3. Identifying gaps in the MH&SU service delivery area.
4. Providing public education, community acceptance and understanding of persons with psychiatric disabilities and mental health issues.
5. Providing a forum to communicate and discuss current issues.

WRSS COMMUNITY ADVISORY COMMITTEE (MHSU)

Membership



The Community Advisory Committee is made up of:

- Persons with lived experience of mental health issues
- Family members
- Local service providers
- MH&SU manager.



Chair: Mike Singleton
Secretary: Maureen Richardson



WRSS COMMUNITY ADVISORY COMMITTEE (MHSU)

Activity Examples

Public Information Events

- Semiahmoo Mall
- Peace Arch Hospital
- White Rock Public Library

Fraser Health Committee Memberships

- Family Support and Inclusion Committee
- File Closure Committee
- Tertiary Committee
- Clubhouse Programs Committee
- Regional Advisory Committee Meetings

Fraser Health Working Groups

- 5 Year MHSU Strategic and Operational Priorities
- Community Mental Health Redesign Transitions Working Group
- Family Support and Inclusion service plan working group

Other

- Community Resource Directory
- Monthly Advisory Committee Meetings
- Web Site

WRSS COMMUNITY ADVISORY COMMITTEE (MHSU)

Fraser Health Regional Advisory Committees

Abbotsford

Hope

New Westminster

Burnaby

Langley

Surrey

Chilliwack

Maple Ridge

Tri Cities

Delta

Mission

White Rock/South Surrey

WRSS COMMUNITY ADVISORY COMMITTEE (MHSU)

Contact

Web site: <http://psychosissupport.ca>

Email: mail@psychosissupport.ca

Interested in joining the WRSS CAC ?

Contact: Kaetlon Tanner, Engagement Support Worker

Phone: 604-520-0911 Ext. 528625

Email: Kaetlon.tanner@fraserhealth.ca



WRSS COMMUNITY ADVISORY COMMITTEE (MHSU)

Thank You



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