



Berkshire Park Elementary School

www.surreyschools.ca/berkshirepark

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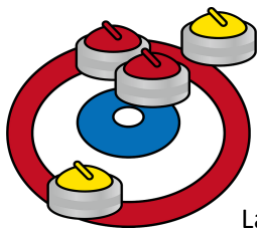
Newsletter #11: January 31, 2022

Acting Principal: Ms. R. Ladd

Message from Ms. Ladd:

I am so grateful to be part of the Berkshire Park community. I appreciate the warm welcome that I have received by staff, students, and parents. It is hard to believe that I have already been here a month. I have been enjoying time visiting classrooms, getting to know students, and experiencing the wonderful learning and activities that are happening here. It is a great place to be! I am looking forward to meeting more of you, please introduce yourself next time you see me outside.

We would also like to welcome Ms. D. Harvey to the teaching staff at Berkshire Park. She joined us on January 13th and will be teaching Division 9 until the end of the year.



January has been a busy month. We had Coach Daryl from Rocks and Rings spend a week teaching all of our classes the rules and skills of curling. Classes then had an additional week to use the equipment in the gym. It has been fun to see student's develop skills and teams enjoy some competitive curling matches. Thank you to Ms. Gallelo for helping to organize this activity, as well as PAC and parents for funding it. We also have basketball teams for both our Grade 6&7 boys and girls, which started this month. Both teams had their first games last week. Thank you to Mme. Lamothe and Ms. Wilk for volunteering to coach, as well as several other staff jumping in to help out.

Please make sure that your child is dressed for the weather each day. Fresh air and outdoor activity are so important for the well-being of all. Students will be going outside rain, snow, or shine, so please make sure they are prepared. It might also be a good idea to pack a change of clothes if you know your child(ren) like to splash in puddles or are notorious for finding mud.



Due to a return of additional covid protocols, we are no longer able to have parents and visitors in the school. Unfortunately, that means we have to change a couple of our upcoming events. The Scholastic Book Fair scheduled for this week has been cancelled and PAC is looking into scheduling it later in the year. The Student-Led conferences that were scheduled to happen on Thursday will also look different. Classroom teachers will be in touch to let parents know of the new method, such as a reflection sheet, phone call or video conference.



The road work in the neighbourhood shifted west along 94th Avenue today. Please note that the drop off loop will be closed during this portion of the construction. The closure will be for at least the next three weeks. Allow for additional time and patience when picking up and dropping off students. Walking to school is always a good option and will help reduce the number of cars in the area. Please always be watching for students crossing roads and take extra caution while driving in this area. Our top priority is to keep all of our Berkshire Park community safe.

Please continue to monitor your child's health daily. The BCCDC has put out a new health check, please scroll down to see it. If your child has any symptoms, please keep them at home until the symptoms have cleared. Please also remember that any treats being sent into classrooms must be purchased, pre-packaged, and individually wrapped. No shared food or home baked goods are permitted at this time. We appreciate your cooperation as we continue to work together to keep our school safe and healthy.

We hope all of our families have a wonderful month of February!

Mark Your Calendar February 2022



- 01 Lunar New Year / Red&Gold Day
- 03 Early Dismissal @1:30
- 04 PAC Hot Lunch
- 14 Valentine's Day / Red&Pink Day
- 18 PAC Hot Lunch
- 21 Family Day – School Closed
- 23 Pink Shirt Day
- 24 PAC Snack Day
- 25 Non-Instructional Day – No School

Ready, Set, Learn

Do you have a 3 or 4 year old in your household?

If yes, we would like to invite you to receive our RSL presentation put together by our Kindergarten teachers and children's book, *The Bug Book* by Sue Fliess.

Ready, Set, Learn is a Ministry of Education program. In a usual year, families are invited into the school to receive resources and participate in activities. However, due to current health protocols we are unable to have visitors in our building.

To participate in our Ready, Set, Learn, please complete this form: [Ready, Set, Learn Form](#)

The deadline for the form is March 4th. After the deadline we will be emailing our RSL digital presentation and connecting with families to distribute the books. *Please note we have a limited supply of books that will be given out in the order we receive the forms. We cannot guarantee everybody will receive a book.

We look forward to sharing our RSL "event" with you.

Daily Health Check and What to Do When Sick

Daily Health Check

Everyone going into to school must complete a daily health check, including staff, visitors, and students. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include things like:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- Diarrhea
- Cough
- Sore throat
- Sneezing
- Body aches
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting

If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools.

You can attend school if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities,

AND you are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

What to Do When Sick

If you have mild symptoms of COVID-19, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about [Rapid Antigen Test results](#).

If you do not have symptoms of COVID-19, you do not need a test.

If you are unsure about your symptoms, you can use the [Self-Assessment Tool](#), contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on [who testing is recommended for](#).

What to Do if Someone in Your Household is Sick

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19.

Try to stay apart from the person in your household who is sick as much as possible.

Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you develop symptoms of illness or feel unwell.

If You Test Positive for COVID-19

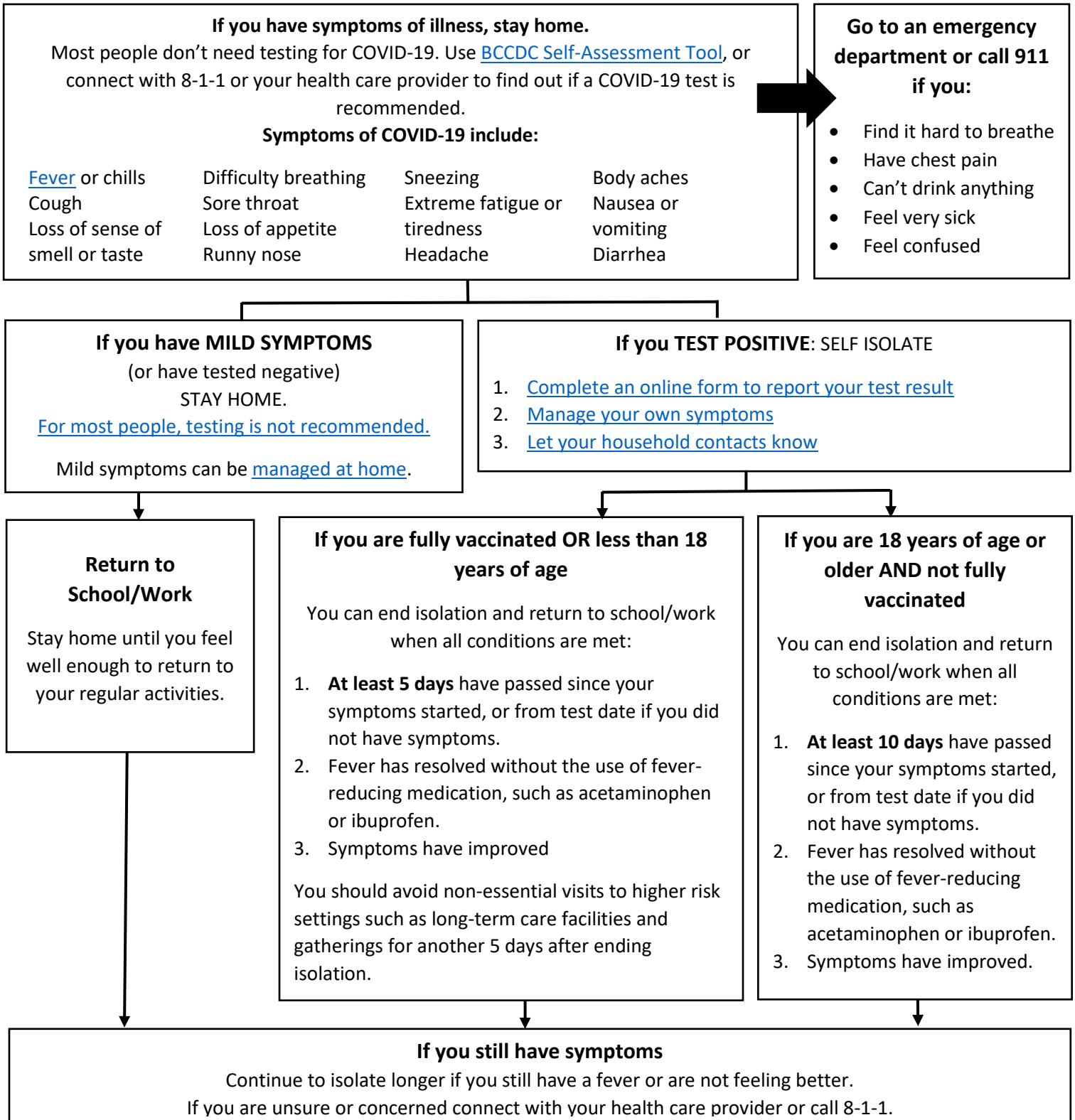
Your age and vaccination status determine how long you should self-isolate for if you test positive for COVID-19.

Age	Vaccination Status	Guidance
Under 18 years of age	Unvaccinated, partially vaccinated or fully vaccinated	Self-isolate at home for 5 days AND until your symptoms improve and you no longer have a fever. Avoid non-essential visits to higher risk settings like long-term care facilities and gatherings for another 5 days after ending isolation.
18 years of age or older	Fully vaccinated	
	NOT fully vaccinated	Self-isolate at home for 10 days AND until your symptoms improve and you no longer have a fever.

Close contacts, who are usually others in your household, do not need to self-isolate (regardless of vaccination status), but should closely self-monitor for symptoms. BCCDC has more information for [close contacts](#).

If you find it hard to breathe, have chest pain, can't drink anything, feel very sick, and/or feel confused, contact your health care provider right away or go to your local emergency department or call 9-1-1.

Summary: What to Do When Sick



What to do if someone is sick in your household:

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you feel unwell. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at:

[Getvaccinated.gov.bc.ca](https://getvaccinated.gov.bc.ca)