

### North Ridge Elementary

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[www.surreyschools.ca/northridge](http://www.surreyschools.ca/northridge)

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#### MS. EPPELE AND MR. REDDING'S MESSAGE

Our fall term is flying right along here at North Ridge! Our October virtue was Gratefulness and we saw so many examples of this throughout the term. Students regularly thank our staff for all the little things we do for them each day. One small thank-you goes so far in building a caring and grateful community. Many class activities also focused on Gratefulness and how they can demonstrate Gratefulness every day. During our Star assembly, we recognized 40 students who showed tremendous leadership in this area! Personally, Ms. Eppele and I are so grateful for having such a positive, hard-working staff that cares deeply about all our students. Our staff are wonderful leaders in creating a strong, caring and motivated learning environment at North Ridge! November's virtue is Peacefulness.

Sincerely,  
Ms. Eppele, Vice-Principal  
Mr. Redding, Principal

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#### CROSS COUNTRY SEASON



Congratulations to the following North Ridge Cross Country Team runners for completing the challenging, and sometimes muddy, cross country season! Zahra K., Sonia A., Kamira C., Nathen D., Aryan T., Shareena K.,

Warda K., Shehbaaz S., Jagat S., Reva K., Sukhmani S., Gurseerat S., Japleen N., Sarah S., Rauha K., Sariel C-S., Chanveer P., Jannat R., Ainveer P., Tatiana C-C., and Zara I. We saw some amazing improvements throughout the season with most runners improving on their placings each week.

#### JUMP SET SPIKE



The North Ridge boys and girls volleyball seasons are underway. The boys games are on Wednesdays and the girls play Thursdays after school. This week the girls' team plays at Colebrook and our boys host JT Brown. We have over 50 grade 6 and 7 athletes taking part in volleyball this year!

#### SUPPORT FOR FAMILIES IN NEED

We are accepting donations to a support program we have at North Ridge. Donated funds will go toward purchasing Superstore gift cards to be used for North Ridge families throughout the year in times of need. Please submit your donation to Ms. Favero or Ms. Grigoletto at the office if you wish to donate. Thank you!

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#### OFFICE HOURS

8:00 am – 3:30 pm

#### Office Staff:

Mrs. Pauline Grigoletto  
and  
Ms. Carly Favero

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#### Student Absences

If your child is going to be absent from school, we would appreciate it if you would phone before 9:00 a.m. to let us know. We have a call home policy to ensure student safety on the way to and from school and if we are not informed of a student absence our secretary must spend a great deal of time calling student homes. We do have an answering machine to leave a message if you are calling during non-school hours. The school phone number is 604-599-3900.

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## STUDENT LEADERSHIP



The North Ridge student leadership team is underway again this year. This year we have 8 strands of leadership: Athletic, Technology, Announcer/MC, Mentorship, Fundraising, Spirit, Photography and Mascot. We have over 70 students on our team this year! We are so impressed with the responsibility and teamwork of our leadership members as they dig into their new roles!

## PARENTS AS PARTNERS

### Coming to School on Time

Being on time for school is not an easy task. There are so many things to do at home before you arrive at school: making lunches, brushing teeth, checking the weather and wearing the right clothes, having breakfast, getting up on time... And this list does not include things like when your child is not feeling well, in a bad mood or resists wanting to go to school.

### Top Three Strategies:

1. **Get To Bed On Time:** When kids stay up too late (especially on technology) the next morning never goes well. When you set a reasonable bed time and you follow through, you will set up your child for a positive next morning.
2. **Work Backwards:** If you know you need to be at school by 8:20 am, try working backwards to figure out your child's wake-up time. For example, to get to school on time means leaving house by 8:10 am, brushing teeth by 8:00 am, starting breakfast at 7:40 am and so on... This will help you time your morning well so you don't feel rushed.
3. **Prioritize Being On Time:** You demonstrate the importance of school and you communicate its importance being there on time. Have a chat with your child about being on time for all important things in life and celebrate consistently achieving this!

## CSL

### Communicating Student Learning at North Ridge

This year your child may receive one of two different reporting formats to communicate your child's learning.

***Communicating Student Learning (CSL) Template.*** This reporting format will be a written document received three times per year. It will include both teacher and student assessment and reflection on your child's learning goals. The CSL reports will be issued December 6, March 12 and June 25.

***Digital Electronic Portfolios (FreshGrade)*** : Some teachers may choose to use FreshGrade, which is an electronic, on-line portfolio that is updated in an ongoing manner throughout the year. FreshGrade students will also receive a paper summative document in June. If your child's teacher is using this format, you will have received a FreshGrade parental consent letter.

## REMEMBRANCE DAY ASSEMBLY



We had a very special and touching Remembrance Ceremony on November 7th at 9:00 am. We met as a school to honour and pay respect to Canadian War Veterans and world peacekeepers. We had several class and student presenters and performers including Divisions 12, 13, 14 poetry reading, Division 8 reading of In Flanders Fields and a group of Grade 7s reading soldiers' letters from the front lines in World War I and II. We also had a Corporal Mujcin march into the assembly with our guest bagpiper and Rauha sing a powerful rendition of The Traveling Soldier.

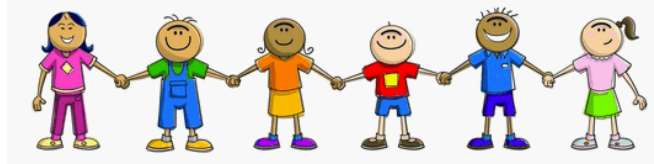
## WEATHER UPDATE

It looks like our beautiful sunny and dry weather has come to an end. This is a reminder that all students will be expected to go outside at recess and lunch each day. Students will only be kept in during extremely poor weather. Children should be dressed to go outside with appropriate clothing and footwear. Waterproof coats, rubber boots and umbrellas are recommended for our rainy climate. It is recommended that your children keep a change of clothes or socks at school. This will ensure that you are not called during the day to bring dry clothes.

## ALLERGY-AWARE SCHOOL

Several of our students at North Ridge have severe life-threatening allergies/allergic reactions to peanuts, nuts and their by-products, as well as other food products. Please help us in doing everything possible to protect these students. Some ways you can help include: refraining from sending food to school that contain peanuts/nuts, remind your child to wash their hands carefully after eating if there is an anaphylactic student in your child's classroom, remind your child to not share or trade snacks and do not use these products in any treats that you may send into the classroom throughout the year. Thank you for your understanding and cooperation as we continue to make our school a safe environment for all of our students.

**\*\*Please inform the school immediately if your child has a severe life-threatening allergy or medical condition so we can ensure appropriate procedures are in place\*\***



## PAC NEWS

### Our PAC Executive for 2019-2020 are:

Pam Koffas – President  
Suzanne Baker – Vice President  
Jaskirat Singhera – Secretary  
Parvinder Manhas – Treasurer

Our PAC meets monthly to discuss school events, fundraising and other information for the school. All parents are welcome to attend the monthly meetings, even if you are not on the Executive. We look forward to seeing you at our next meeting. Our first **PAC meeting was on Sept 25 at 9:00 am**. Elections were held for the PAC's President, Vice-President, Secretary and Treasurer. We would love to see new faces and fresh ideas!

### PAC HOT LUNCH AND FUNDRAISING

Hot Lunch is again being done using MunchaLunch. Instead of filling out paper order forms, parents will place the hot lunch orders on-line using:

[www.MunchaLunch.com](http://www.MunchaLunch.com)

You can pay for your orders online using credit card (VISA or MasterCard). Payment is due immediately upon ordering. You will need to register and set up your account. Place your orders all at once or week-to-week, just be sure it is in before the deadline (Notice with dates below and on website).

Our North Ridge t-shirt, sweatshirt and toque orders have arrived and will be handed out this Friday, November 15<sup>th</sup>. Thank you to all families who placed an order. We will be having spirit t-shirt days throughout the year for our students to show their North Ridge Pride and wear their shirts.

Firstly, the Parent Advisory Council (PAC) would like to welcome back returning students and families and a friendly welcome to those who are new to North Ridge!

Hot Lunches and Frozen Yogurt is starting up again! Please note that **Lunch dates will now be occurring on Fridays**. As well, we have changed our Pizza Vendor and therefore, there will be **NO EXTRA** pizza slices to be purchased on day of hot lunches. It is very important to pre-order the lunches (on Munchalunch) as there will be no extra hot lunch items. Those who used Munchalunch last year, please log into your account and you will be directed to update your child's Division and Teacher. You can add any additional children as well at this point. Please see below for new registrants.

**Pre-order Hot Lunches/Yogurt** at: <https://munchalunch.com/schools/NorthRidge>

Please note: The **order must be fully paid** (VISA/MasterCard) by midnight the Monday before. No late orders/payments will be accepted. **\*Important \*Check your email** to confirm payment went through – your child's order is not complete until paid.

**New to Munchalunch? HOW TO REGISTER:**

- 1) Go to: <https://munchalunch.com/schools/NorthRidge>
  - 2) Click the "**Register Here**" button. The system will guide you through
  - 3) After adding your children, click the green "Order Lunch!" button to order
- Next time, just click the "**Login Here**" button to access your account

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**Upcoming Hot Lunches + Frozen Yogurt**

TCBY Frozen Yogurt	Friday, Oct 4 ->	*Online order closes midnight Sept 30
Pizza Hut	Friday, Oct 11	*Online order closes midnight Oct 7
Opa! Souvlaki	Friday, Oct 18	*Online order closes midnight Oct 14
TCBY Frozen Yogurt	Friday, Nov 1 ->	*Online order closes midnight Oct 28
Pizza Hut	Friday, Nov 15 ->	*Online order closes midnight Nov 11
Opa! Souvlaki	Friday, Nov 22 ->	*Online order closes midnight Nov 18
Pizza Hut	Friday, Nov 29 ->	*Online order closes midnight Nov 25
TCBY Frozen Yogurt	Friday, Dec 6 ->	*Online order closes midnight Dec 2
Pizza Hut	Friday, Dec 13 ->	*Online order closes midnight Dec 9



# NORTH RIDGE ELEMENTARY

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## PALS

### Parents as Literacy Supporters Program

#### At North Ridge Elementary School

2019/2020

Attention all 3-4 year olds. North Ridge will be hosting 5 PALS sessions this year and 1 Ready, Set, Learn session. PALS and Ready, Set, Learn are Surrey school district programs for parents and their 3 and 4 year old children. It is designed to build the connection between home and school and to get ready for kindergarten. Each session focuses on early literacy and numeracy skills through games, activities and songs. Families will take home a goodie bag, books, as well as ideas and strategies to support their children with literacy development. This is a parent participation program so all parents are required to stay throughout the sessions. Sessions will be from 8:35 a.m. - 10:15 a.m., in the school Library. **Please note that in prior years we have had the PALS sessions on a Friday but they will now be held on a Monday.**

The following is a list of the dates for both programs:

**Session 1:** Mon, Dec. 2

**Session 2:** Mon, Jan. 13

**Session 3:** Mon, Feb. 10

**Session 4:** Mon, Mar. 2

**Session 5:** Mon, April 6

**Ready, Set, Learn:** Mon, Jan. 27\*\* different time: 1-2 pm

Each session includes:

- Fun activities for parents/caregivers to do with their preschooler
- Snack time
- Time for parents to learn new ways to help their children learn
- Stories and songs
- A take home bag full of things to do and use at home such as a tool kit with scissors, pencils, glue, a book and materials related to the session activities (magnetic letters, markers, etc.)

PALS is a great way for young children to become more comfortable and confident at school and to get ready for Kindergarten. And PALS is completely **FREE!**

If you are interested in being a part of this program, please pre-register by calling the school office at 604-599-3900. You will be required to give your child's name and age, plus a phone number and e-mail address where you can be reached. Space is limited, so please register early and commit to all of the sessions.



### TERRY FOX GOAL MET

Our North Ridge Leadership Team challenged the school to raise \$1000 for the Terry Fox Foundation this September. Fundraising picked up quickly when they announced that Mr. Redding would sleep on the roof of the school if we achieved this goal! However, the ruling bodies of the District soon shut down this venture citing safety reasons. The leadership team quickly replaced the challenge with a double ice bucket challenge for Mr. Redding. As you can see by the photos, we met our fundraising goal raising over \$1100!



### READ FOR GOLD

North Ridge Elementary students are once again **Reading for Gold** this school year! Each night in which students read, or, are read to, for a minimum of 20 minutes they fill in a line of their reading log. Students will earn 1 point for each night they read. In the spirit of the Olympics when they reach Bronze, Silver, Gold levels they will get a certificate, their name in the newsletter and their name displayed on the medal podium in the school. However, our readers are so amazing we had to come up with a Platinum level for 200 nights!

Here are the levels:

- 50 nights of reading: Bronze
- 100 nights of reading: Silver
- 150 nights of reading: Gold
- 200 nights of reading: Platinum

Furthermore, each month that students complete 20 nights of reading their name will go into a draw for prizes. Names will be drawn during the monthly assembly for prizes.

Good Luck North Ridge Readers!

### Upcoming Events

**Nov 15**  
Pizza - PAC

**Nov 21**  
Crazy Mismatched  
Clothing Day

**Nov 22**  
OPA - PAC

**Nov 29**  
Pizza - PAC

Star Assembly  
9 - 10 am

**Dec 1 - 13**  
Food Bank Collection

**Dec 2**  
PALS  
8:35 - 10:15 am  
Library

**Dec 6**  
Report Card 1  
Goes home  
Frozen Yogurt - PAC

**Dec 9**  
Scholastic Book Fair  
Begins

**Dec 9 - 13**  
Candy Gram Sales

**Dec 13**  
Pizza Hut - PAC

**Dec 19**  
Winter Music Concert  
1pm

**Dec 20**  
PAC Pancake  
Breakfast - 8 am  
PJ/Stuffy Day

**Dec 23 to Jan 3**  
Winter Break

**Jan 6**  
School Reopens