January 2021

You are probably wondering if Online Youth Nights is continuing in 2021. I am happy to announce it is back and better than ever! We've learned a lot from 2020 and are feeling optimistic and enthusiastic about this years Online Youth Nights.

Please share with youth between the ages of 10 - 18 who are in need of positive social connection. Activities and registration links below.

Music & the Expression of Emotion Part 2 with Sami Ghawi from FUSION presents: Thursday, January 21 at 7pm (FREE)

Building off of the fall workshop of "Music & the Expression of Emotion", Sami will further explore how music is truly the language of emotion. Diving deeper into the language of music with chord progression, melody, dynamics, and rhythm, musicians will leave with a greater understanding of how to shape songs to speak to their audiences through our shared emotions and create a lasting emotional impact in audiences with their music. Sponsored by Envision Financial. Register today.

Brain Breaks with Neuro Health: Thursday, January 28 at 7pm (FREE)

Do you want to learn more about neuroscience? Are you interested in connecting with others and having a fun competition where the best presentation wins? Join the City of Surrey and Neuro Health BC in this week's Youth Night! The twist is that it will be timed and you will be paired up into a team that you have never meet before to create an idea that will take home the gold! Register today.

To stay connected subscribe to <u>Surrey Youth E-News Letter</u> for youth opportunities, follow the City of Surrey on Instagram (@thecityofsurrey) or Facebook (City of Surrey), and visit the Surrey youth webpage for more info, <u>www.surrey.ca/youth</u>.

Cheers,

Deanna

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