

École Peace Arch Elementary PAC | February 21, 2018 | Meeting MINUTES

6:30pm | Peace Arch Elementary Library | peacearchpacnews@gmail.com | peacearch.hotlunches.net |  [Peace Arch PAC](#)

President Erin Harvie
Vice-President Elizabeth McCrank
Treasurer Laura Creech
Secretary Kristen Fryer



16 Attendees

Erin Harvie, Elizabeth McCrank, Laura Creech, Kristen Fryer, Carol Davison, Chris Bobrownik, Jennifer Wilson, Paul Purewal, Manraj Heir, Sukhpreet Singh Heir, Gurpreet Bhatti, Arin Bird, Sean Halliburton, Reid Christiansen, Alynne Penner, Julie Ross.

PAC meetings are held the 3rd Wednesday of the month, 6:30pm in the school library. Upcoming 2018 Meetings (no meetings in March/June): Apr 18, May 16 (AGM). ALL parents/guardians of Peace Arch students are welcome, and are voting members of the PAC. PAC Website: peacearch.hotlunches.net. < < < Not just for hot lunch! It's our general PAC website!

Admin Report ~ Ms. Davison & Mr. Bobrownik

- Recent Events:
 - Badminton team practices are underway (grades 5-7); Ultimate frisbee team is organizing
 - Skills Canada career presentations for grades 6/7 (and 5/6)
 - Golf lessons for grade 4 students
 - Lunar New Year celebration and spirit days
 - Practicum students working with Mme Chalifour and Mme Hill
 - RCMP visits – being good citizens, name the new RCMP puppy contest
- Upcoming Events:
 - Pink Shirt Day (Feb. 28; www.pinkshirtday.ca) – student committee planning assembly
 - Buddy Bench is being planned – just waiting for painting weather!
 - Choir is participating in the district Choral Festival on Feb. 27 at the Bell Centre
 - Sand the Clown – March 2 workshops for grade 7s and performance for the whole school
 - French Film Festival- March 6
 - Grade 7 field trip to the Earl Marriott PowWow
 - French Speech Fest (Concours d'art oratoire) and Intermediate English Speech Fest
 - Term 2 student progress reports will come home before Spring Break
- Items to discuss:
 - Carol and Jen W. attended the Community Forum yesterday. Sessions on core competencies and digital resources, and supporting your child's social and emotional learning; documents attached.
 - gym stage is being used as a sensory room for students

Treasury Report ~ Laura C.

- healthy financial position; able to put aside more money for playground if needed; gearing up for Spring Fling

DPAC Report ~ Erin H.

- Wednesday, Feb 28 next DPAC meeting: Jesse Miller – Social Media and Internet Safety
- we're in need of a new DPAC Rep, as Ken W. now has other commitments on Wednesday evenings
 - thank you for the first part of the year, Ken!
 - Interested in representing the Peace Arch Elementary PAC at the District PAC level? Please email us!

Playground Update ~ Sean H.

- update from Habitat re. just replacing yellow/pink south structure: \$99,000 including labour, or \$92k if we provide our own parent labour; minus another ~\$5k for site prep which we are determining if the District will pay for
- Sean has prepared donation letter to send to City and community groups; passed around letter
- Discussion about the Provincial Budget announced on Feb 20th – DPAC is further investigating if the budget includes funding for school playgrounds, although it doesn't sound like it.

Spring Fling - Erin H.

- planning is underway!
- Robin M. and Vanessa G.: Silent Auction team!
- we need to start collecting gift baskets, gift cards, gift items from local businesses
- Maria R.: Wine Pull
- Colette C. and Yasmin Y.: Cakewalk
- Kristen F.: prizes
- need someone to coordinate games; probably need 2 new games this year, plus need to pull out of storage room and assess current stock of approx. 13 games
- seeking high school students who are familiar with our Spring Fling to volunteer this year
- seeking someone to join Julie on concession, as this is Julie's second-to-last year
- seeking someone to join Laura on games → Jen W. and Gurpreet B.! Thank you!
- Wed. April 11th: Welcome to Kindergarten event 10:30-12:00, 5 stations; we want to invite kindergarten families to the Spring Fling

SPRING FLING TEAM 2018

	Coordinator	Games	Silent Auction	Concession	Prizes	Raffle Baskets	Wine Pull	Cake Walk
PREP	Erin H.	Laura C. & Jen W.	Vanessa G. Robin K.	Julie R.	Kristen F.	Courtney H.	<i>Parent donations</i>	<i>Parent donations</i>
DAY OF		Laura C. & Jen W. & Gurpreet B. & volunteers		Julie R. & volunteers	Kristen F. & volunteers	Arin B.	Maria R.	Colette C. & Yasmin Y.

Parent Presentation: Carol Todd - Erin H.

- Thursday, April 12: evening parent presentation booked with Carol Todd (mother of Amanda Todd), re. cyber bullying
- South Meridian and White Rock Elementary parents to be invited via their PACs
- presentation is meant for parents only; not appropriate for children
- no charge, but asks for a donation to the Amanda Todd Foundation
- donation box at door; suggested donation amount \$5?

Hot Lunch ~ Elizabeth M.

- Hot Lunch: **Round 3 ordering opening soon: March 1 - 16**; Kindergarten students may order for Round 3!
- www.peacearch.hotlunches.net to order; parents must register to login, then add their child
- All payments must be made by Friday, March 16th (last school day before Spring Break)
- We continue to **not run a concession** on most Hot Lunch days (only Hot Dog and Pizza Days)

Other Business

- Alynne P.: Fruit and Veggie Program – “The Big Crunch”: Thursday, March 1, at 11:30am PST; kids are to "crunch" together at the same time! Alynne will provide veggies. (<https://foodshare.net/program/crunch/>)
- reminder to kindergarten parents to sign up for PAC website (www.peacearch.hotlunches.net) to receive communication from the PAC!

Meeting adjourned 7:52pm. Next PAC meeting is Wednesday, April 18th, 2018 at 6:30pm in the School Library.

SUPPORTING LEARNING AT HOME

SEL COMPETENCIES (CASEL)

SELF-AWARENESS

- IDENTIFYING EMOTIONS
- ACCURATE SELF-PERCEPTION
- RECOGNIZING STRENGTHS
- SELF-CONFIDENCE
- SELF-EFFICACY
- GROWTH MINDSET

SOCIAL AWARENESS

- PERSPECTIVE-TAKING
- EMPATHY
- APPRECIATING DIVERSITY
- RESPECT FOR OTHERS

RESPONSIBLE DECISION-MAKING

- IDENTIFYING PROBLEMS
- ANALYZING SITUATIONS
- SOLVING PROBLEMS
- EVALUATING
- REFLECTING
- ETHICAL RESPONSIBILITY

SELF-MANAGEMENT

- IMPULSE CONTROL
- STRESS MANAGEMENT
- SELF-DISCIPLINE
- SELF-MOTIVATION
- GOAL SETTING
- ORGANIZATIONAL SKILLS

NOTICE



NAME



NURTURE

RELATIONSHIP SKILLS

- COMMUNICATION
- SOCIAL ENGAGEMENT
- RELATIONSHIP BUILDING
- TEAMWORK

NURTURING A GROWTH MINDSET: SELF-TALK & RESPONSES

UNDERMINES A GROWTH MINDSET

- You're a natural. I love that!
- Great job – you're so talented!
- Maybe this isn't your strength. Don't worry you're good at other things.

PROMOTES A GROWTH MINDSET

- ✓ You're a learner. I love that!
- ✓ That didn't work. Let's talk about how you approached it and what you might try next time.
- ✓ I have high standards. I'm holding you to them because I know we can reach them together.

INSTEAD OF...

- I'm bad at this.
- I give up.
- This is good enough.
- This is too hard.
- I got it wrong.
- I'll never be that smart.
- I don't get it.

TRY...

- ✓ What am I missing?
- ✓ I'll try a different strategy.
- ✓ Is this my best work?
- ✓ This may take some time.
- ✓ I learn from mistakes.
- ✓ I can train my brain.
- ✓ I don't get it yet.

RESOURCES FOR MORE INFORMATION

Brainstorm : The Power and Purpose of the Teenage Brain by Dr. D. Siegel

The Relaxation & Stress Reduction Workbook for Kids by Lawrence E. Shapiro Ph.D.

The Mindful Teen by Dr. Dzong Vo

The Fantastic Elastic Brain by JoAnn Deak Ph.D

The University of British Columbia—
SEL Resource Finder
www.selresources.com

Edutopia—
5 Keys to Successful Social & Emotional Learning
www.edutopia.org/keys-social-emotional-learning-video

SUPPORTING LEARNING AT HOME

CORE COMPETENCIES TO TALK ABOUT



COMMUNICATION

- Speaking & Listening
- Reading & Writing
- Presenting
- Collaborating



THINKING

- Creative and Critical
- Generating and developing ideas
- Pursuing ideas over time
- Designing, analyzing, evaluating



PERSONAL & SOCIAL

- Personal identity, values, and choices
- Perseverance & ownership
- Sustaining balance
- Caring of self, others, & environment

NOTICE → NAME → NURTURE

WHEN YOUR CHILD ASKS FOR ASSISTANCE, ASK:

What were you supposed to learn? What is the criteria for this assignment?

SUGGESTED CONVERSATION STARTERS

- *I notice how you ... (be specific, focusing more on perseverance and less on "ability", avoiding phrases such as "you are so smart" or "you are such a talented artist")*
- *What were you supposed to learn by doing this work?*
- *How does your work compare to the criteria?*
- *What are you most proud of? Why?*
- *I can see you tried really hard to....*
- *I can see evidence of growth. You used to... but now you...*
- *When I compare what you used to do with what you do now, I notice...*
- *What do you notice when you compare these two pieces of work?*
- *Can you explain your thinking about this...?*
- *What I like about this work is...*
- *What do you like most about this work?*
- *Do you think you need some help with...?*
- *What do you think you could do differently next time?*
- *How could you have done that differently?*
- *What would you like to get better at? Why?*
- *What do you think you will try next time?*
- *Tell me (more) about ...*

DIGITAL RESOURCES YOU CAN ACCESS AT HOME

ALL RESOURCES: www.surreyschools.ca/digitalresources

USER ID & PASSWORD: sd36bc

DISCOVERY EDUCATION: surreyschools.discoveryeducation.ca

USER ID & PASSWORD: sd36bc (or ask your child or your child's teacher for a personalized USER ID & PASSWORD)

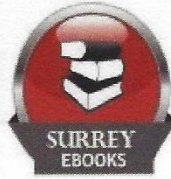
SURREYSCHOOLS.CA/STUDENTSERVICES/HOMEWORKHELP



**School
Library**



**Digital
Resources**



eBooks

Read ★ Play ★ Learn

Student Account Login Information

Username: sd36bc

Password: sd36bc

For help with logging in, please contact your school.

Notes:
