



POSITIVELY PARENTING WORKSHOP SERIES

FOR PARENTS & CAREGIVERS OF 6-18 YEAR OLDS

Workshop 1: What's Love Got To Do With It?

Relationship building and connection to parenting

Workshop 2: Why Are You Acting This Way?

Taking a look at the meaning of challenging behaviour and our response

Workshop 3: Listen to Me!

Listening, understanding and communicating with your child or youth

Workshop 4: We Have A Problem...

Problem-Solving with your child, youth or family

FREE workshops, attend one or come to them all

South Surrey Recreation Centre

14601 - 20 Avenue

Thursdays 6-8pm

September 27

October 4

October 11

October 18

Cloverdale Recreation Centre

6188 - 176 Street

Tuesdays 6-8pm

November 13

November 20

November 27

December 4

Limited childminding for ages 12 and under is available for a fee through the recreation centre during the workshops.



Visit www.alexhouse.net for more details.
For more information, contact 604-535-0015 or
[email reception@alexhouse.net](mailto:reception@alexhouse.net)

