

Positively Parenting Workshop Series

For Parents and Caregivers of Kids 7 – 18



WEDNESDAYS 6:30 PM – 8:30 PM

**Cloverdale Recreation Centre
6188 176 Street**

Presented in partnership with Alexandra Neighbourhood House

- FEB 10** **WHAT'S LOVE GOT TO DO WITH IT?**
A relationship-based approach to parenting and exploring temperament
- MAR 9** **WHY ARE YOU ACTING THIS WAY?**
Understanding challenging behaviours
- APR 6** **LISTEN TO ME!**
Learning to listen, understand and communicate with your child
- MAY 11** **WE HAVE A PROBLEM...**
Problem solving with children and youth

Attend one workshop or attend them all!

For more information and to register call 604-538-5060 ext. 24



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Positively Parenting Workshop Series

For Parents and Caregivers of Kids 7 – 18



TUESDAYS 6:30 PM – 8:30 PM
South Surrey Recreation & Arts Centre
14601 20 Avenue

Presented in partnership with Alexandra Neighbourhood House

- FEB 9** **WHAT'S LOVE GOT TO DO WITH IT?**
A relationship-based approach to parenting and exploring temperament
- MAR 8** **WHY ARE YOU ACTING THIS WAY?**
Understanding challenging behaviours
- APR 5** **LISTEN TO ME!**
Learning to listen, understand and communicate with your child
- MAY 10** **WE HAVE A PROBLEM...**
Problem solving with children and youth

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Practical Parenting Workshop Series

For Parents and Caregivers of Children 5–18



MONDAYS 6:00 PM – 8:00 PM

Fleetwood Community Centre
15996 84 Avenue

- FEB 15** **LIMIT SETTING**
Part One – What does challenging behavior look like and why?
- MAR 7** **LIMIT SETTING**
Part Two – Effective Limit Setting and how to implement using non-confrontational approaches
- APR 18** **SELF REGULATION**
Taking care of ourselves will help take care of others
- MAY 16** **Red flags for at-risk behavior – what to look for in our children**
- JUN 20** **What to expect your child to be doing at different stages of development**
- JUL 18** **How to implement and manage structure, routines and transitions**

Attend one workshop or attend them all!

For more information call 604-908-1504

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Practical Parenting Workshop Series

For Parents and Caregivers of Children 5–18



THURSDAYS 6:00 PM – 8:00 PM

Chuck Bailey Recreation Centre
13458 107 Avenue

- FEB 18** **LIMIT SETTING**
Part One – What does challenging behavior look like and why?
- MAR 10** **LIMIT SETTING**
Part Two – Effective Limit Setting and how to implement using non-confrontational approaches
- APR 21** **SELF REGULATION**
Taking care of ourselves will help take care of others
- MAY 19** **Red flags for at-risk behavior – what to look for in our children**
- JUN 23** **What to expect your child to be doing at different stages of development**
- JUL 21** **How to implement and manage structure, routines and transitions**

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