



# Cindrich Elementary

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## March 2020

### Principal's Message

*It has been a busy month at Cindrich! Students have been exploring kindness in various ways; from discussing the people, places, and things in their hearts to using weaving techniques to make friendship bracelets, there are all kinds of different ways that kindness has been explored. Students have also been learning about African Americans who have made a positive impact in our global society. It has been so amazing to hear the students be able to talk about people like Viola Desmond and Nelson Mandela. I encourage you to come and visit our foyer to see the wonderful displays that have been created this month. As we move into Spring Break, a reminder to please check your child's FreshGrade. This is the best window into your child's learning. The way we teach and learn has transformed so much over the past few years and FreshGrade allows us to share that with you. If you ever have questions about your child's progress, you are more than welcome to contact your child's teacher to discuss their learning! We wish you all a great Spring Break!*

## Important Dates

- March 3<sup>rd</sup>, 5<sup>th</sup>, and 10<sup>th</sup>: Grade 7 Entrepreneurs Fair
- March 7<sup>th</sup>: Grade 7's to Queen Elizabeth Secondary
- March 5<sup>th</sup>: Grade 7 Band Concert @ 10:40
- March 11<sup>th</sup>: Kindness Reward
- March 12<sup>th</sup>: Class photos
- March 13<sup>th</sup>: Last day before Spring Break
- March 30<sup>th</sup>: First day after Spring Break!

## OTHERS NEWS

### Pink Shirt Day

Last week we acknowledged **Pink Shirt Day** with an assembly. Several students presented at our assembly and spoke about why it is important for all of us to be kind, respectful, responsible, helpful, inclusive and to each do our part to prevent bullying. We are very fortunate at Cindrich that we have a community of students who are very helpful, kind, inclusive, respectful and responsible. We work together to talk about, practice and share how we demonstrate these values on a daily basis, in a variety of situations, and environments. We often hear the word "bullying" used to describe incidents between students where there is conflict and/or aggression when there is frustration, disagreement or competition. We want to ensure that students are using the correct language to describe situations and the behavior of their peers. Bullying is very serious. It is important to note that behavior is considered bullying when someone is selected as a **target**, when there is **intention** to harm that person physically or emotionally, and when it is **repeated** several times. We want to ensure that we are helping all of our students learn how to resolve issues appropriately. Please come see us if you have any questions or concerns about what would be considered bullying to be occurring at our school and/or with your child. Here is a helpful link and website that outlines various behaviours that most students display during single acts of conflict or aggression, and it also defines what bullying is: <https://www2.gov.bc.ca/gov/content/erase/bullying>

### Kindness Reward

To celebrate how well students have focused on our themes this month, primary and intermediate students will be watching a movie together in the gym! Primary students will be watching Inside Out which is a movie that focuses on feelings and kindness. Our intermediate students will be watching Ruby Bridges, which is a story that focused on understand Black History Month.

### Spring Break Survival!

Over the break, please encourage your child to read for up to 30 minutes (or more). Reading is a simple activity that helps to ensure your child's brain is staying engaged with their language arts development! Playing simple addition and subtraction games will be useful too; Taking your child to the grocery store, adding up the digits in a license plate, or counting the number of times you stop at a red light are simple tools to keep learning. We also want our kids outside! Please encourage them to explore their environment and take in the fresh air! Time outside in nature is so valuable to balance and wellness.

### FreshGrade Tip

To access the curriculum content that your child is exploring, click on the 'More' box underneath the activity. Furthermore, clicking on the google translate button will translate all of the teacher and student comments into the language of your choice!