FLEETWOOD PARK SECONDARY SCHOOL

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THURSDAY REVIEW



December 6, 2018 Edition: 14

Quotation Of The Week:

"Our job is not to "prepare" kids for something; our job is to help kids learn to prepare themselves for anything."

- AJ Juliani @ajjuliani



Counsellor's Corner:

Supporting Our Anxious Students

How can we support our kids who are struggling with feelings of anxiety? Allowing anxious students to opt out of participating in things that make them nervous only reinforces that there is truly something to fear. Instead, offer them choices and support. Rather than presenting to a whole class, how about presenting to a small group? Rather than presenting alone, how about presenting in pairs? Rather than always writing a high-stakes test, how about a few options of ways to demonstrate learning? We can help students overcome anxiety by exposing them to what they fear in small doses, building up to the goal.



FIELD TRIPS

Date	Time	Teacher	Destination
Fri. December 7/18	4:00 p.m 10:00 p.m.	Ms. Landriault	Pacific Coliseum
Wed. December 12/18	3:00 p.m 8:00 p.m.	Ms. Ikeda	Capilano Suspension Bridge
Dec. 14 - Dec. 23		Mr. Day / Mr. Thibault	Hawaii

GRADS!

Grade 12 students - If you are interested in participating in the Fashion Show please meet Kenya, Divya or Kippy in the plaza at noon to sign up. The Fashion Show will be taking place on Thursday, March 14, 2019.



This Week at Fleetwood Park - Principal's Message: December 3rd to December 7th

It has been a beautiful week of cold and clear weather at Fleetwood Park Secondary... winter is here and our school is enjoying the holiday season!



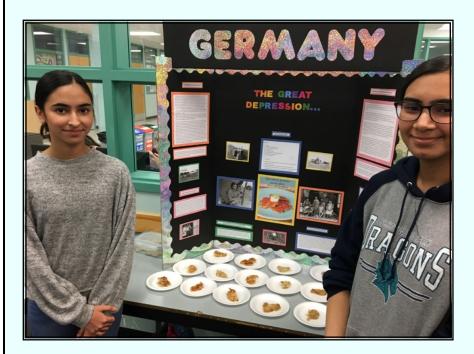
Last week we sent a team to compete at the District's "Reach for the Top" trivia contest. Congratulations to our Fleetwood Park Dragons for representing us so well!



"On Friday afternoon six students from Fleetwood joined others from across the district to take part in a trivia game based on Canada's Quiz Competition Reach for The Top that aired on CBC from 1966-1989. Their knowledge of various topics was tested and fun was had by all". ~ *Ms. Snodden* ~



Mr. Bont's Social Studies students have been studying the Depression. This week their 'Depression Era Food Fair' was a great hit! Students brought in samples of authentic recipes from the "Dirty 30's" from around the world. We tasted foods such as mock apple pie, potato patties, macaroni, vegetable stew, egg soup, perogies, and many more. This was such an engaging activity for our students and provided a powerful insight into our history. Great work everyone and thank you for the interesting culinary experience!



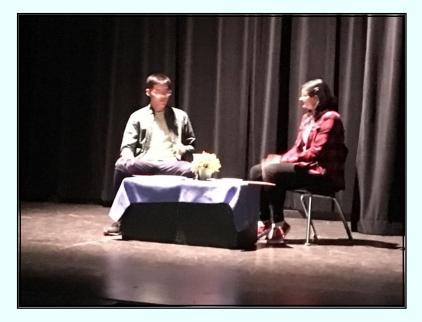




Last week we enjoyed a fun school tradition with "Fleetwood Thursday". Students performed with great talent in front of an appreciative audience over their lunch break. I wanted to take this opportunity to recognize and thank all of the performers and helpers. Special thanks to the Student Council for all your work in organizing the event.



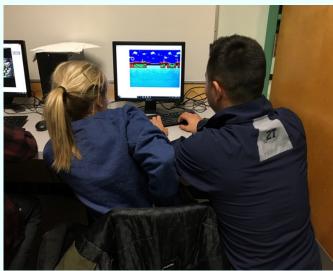
This week has been very special for our Drama Program. Mr. Rossiter and his students have been very busy presenting their Winter production "Check Please", as well as a number of individual musical and comedy acts. Our students have worked very hard to bring this production to life and our audiences of proud family and friends have been delighted. Bravo to the Dragon Tales Theatre Company! I was able to attend the closing night performance on Wednesday evening and was thoroughly entertained with the comedic and musical flair of our student performers. I noted the many smiles throughout the evening and would like to thank Mr. Rossiter and the entire Dragon Tales Theatre Company for creating such a positive event for our community.





Ms. Stusiak's students have created their own video games! On Wednesday our Computer Science students invited us into their classroom to showcase their programming talents and to test our video game skills. There was great excitement and a competitive spirit in the air as we rotated through the games trying to earn "Top Score" and stay alive. The games were very creative, and very challenging. Lots of fun! Again, I was so impressed with our students and their abilities to create, to solve problems and to learn new skills.









This week will also bring our Winter Music Concerts to Fleetwood Park Secondary. On Friday evening our Junior Concert Band and Choir will be performing. On Saturday evening, our Senior Concert Band will be performing and on December 18th the Jazz Bands will be showcasing their talents in an evening performance. I know that all three evenings of music will be a wonderful celebration for students, staff and families. The concerts will highlight the countless hours of dedication and practice and talent that our student musicians and staff have contributed to the Fleetwood Park Secondary Music Department. I wish all members of our Music Department great success for these

upcoming events!



This is such a busy time of demonstration of learning at our school. The next two weeks will include many opportunities for our Fleetwood Park community to come together and celebrate our many successes. As we go through this festive season, I encourage all Dragons to work hard, celebrate your learning, and enjoy all that the school provides.

Have a great day	tomorrow and	all the	best for a re	laxing weekend
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Ken

Mission Statement:

"At Fleetwood Park Secondary we value excellence in education and strive to provide a learning environment where all students are encouraged to build successful futures."

