**Psych Disorders Research Websites**

**allpsych**

<http://allpsych.com/>

**Canadian Mental Health Association**

<http://www.cmha.ca/mental-health/understanding-mental-illness/>

**Encyclopedia of Mental Disorders**

<http://www.minddisorders.com/index.html>

**HelpGuide**

[https://www.helpguide.org/https://www.helpguide.org/](https://www.helpguide.org/)

**Mind Check**

<http://mindcheck.ca/>

**Mind Your Mind**

[https://mindyourmind.ca/https://mindyourmind.ca/](https://mindyourmind.ca/)

**PsychCentral**

<http://psychcentral.com/>

**Psychology Today**

<https://www.psychologytoday.com/>

**Teen Mental Health**

<http://teenmentalhealth.org/learn/mental-disorders/>

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