



Senator Reid Elementary

Address: 9341 126 Street,
Surrey, B.C.

Phone: 604-584-7441





Key Messages

(Early Learning Framework 2019)

- Families are the most important teacher
- Children are strong, capable and full of potential
- Play is integral to well-being and learning

RSL Book

"I read, I learn, I draw, I dream. I am free, I am Canada."

By Heather Patterson and
13 Canadian Illustrators



Talk and Read Together

- Talk, talk, talk
- Ask questions
- Read books together
- Engage in oral storytelling
- Use natural materials to create stories
- Explore virtual experiences at the Surrey Libraries website





Print in Your Environment

- Notice letters in nature
- Ask your child to identify the letters of their name within the environment
- Have your child build their name with stones or sticks
- Help your child to read familiar words in their environment (e.g. STOP signs, logos, product packaging)

Enjoy Dramatic Play Indoors and Outside



I decide to build a castle.



- Build castles with sand, sticks, rocks and shells
- Create forts with blankets, boxes, tents
- Design a garden shop with old crates, boxes and plants
- Create a fairy garden
- Play in puddles

Explore Numeracy Concepts With Nature

- Compare and sort items found in nature by colour, size, or shape
- Count using dice and sticks
- Find collections of objects (shells, rocks) and count how many
- Notice shapes on a nature walk
- Make patterns with leaves, rocks, or sticks



Encourage Imagination and Creativity



- Create works of art with mud and water
- Provide open ended materials such as sticks, rocks, cardboard tubes, and popsicle sticks to build and create
- Make music with pots, pans, buckets, spoons
- Explore virtual experiences at [Surrey Art Gallery](#)



Encourage Wonder with Science



- Encourage your child to sit and notice the environment around them
- Explore bugs, worms and insects in nature
- Discuss weather changes and seasons
- Encourage your child to observe, ask questions and wonder
- Explore books with scientific concepts
- Plant a garden and observe plant growth and changes
- Explore virtual learning opportunities at [Science World](#) or [Surrey Nature Centre](#)

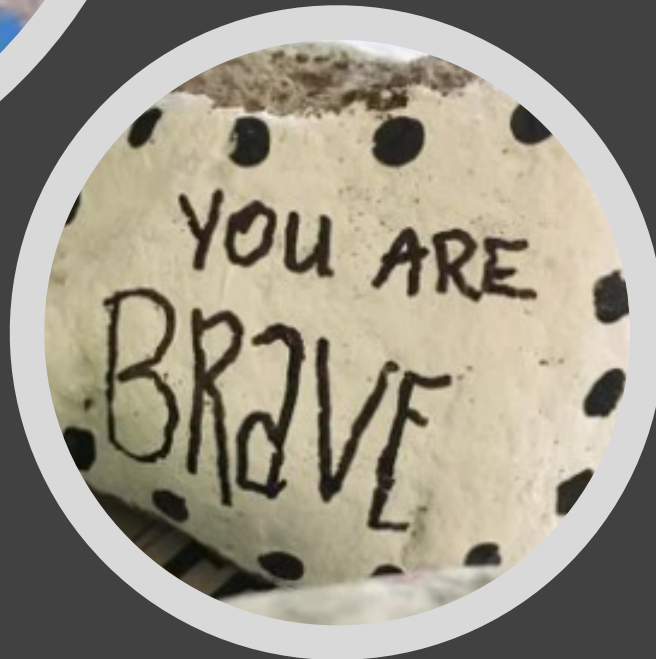
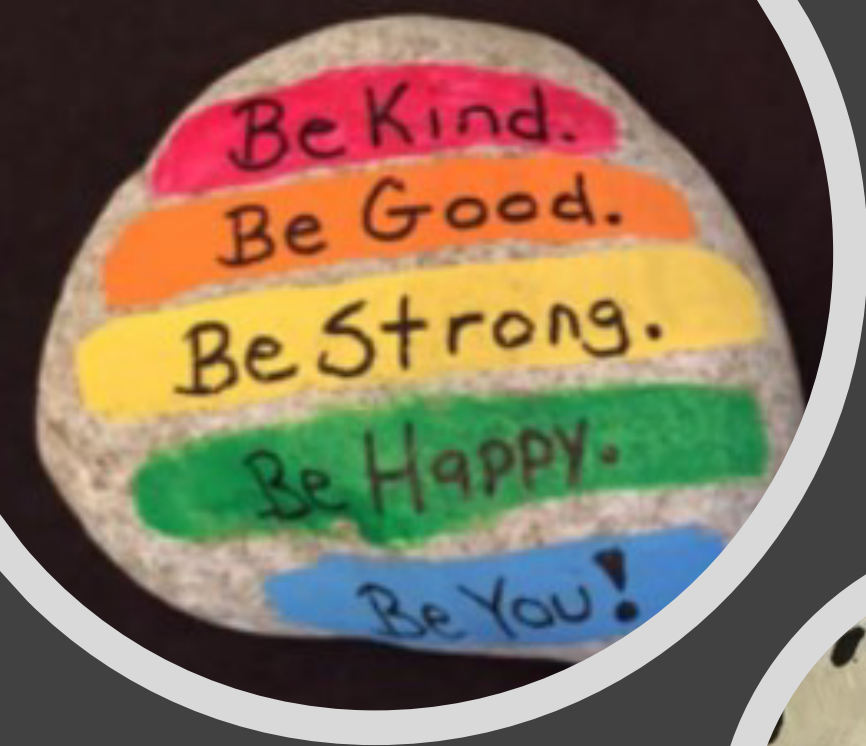
Enjoy Movement and Music



- Run and play outdoors in the forest, the park, or the playground
- Play in the snow, the rain and the puddles
- Play hide and seek or other outdoor games
- Create a dance to your favourite music
- Enjoy music from around the world
- Create instruments out of shoe boxes, buckets, spoons, cardboard tubes & recycled materials

Well-Being and Belonging

- Celebrate your culture, traditions and family stories
- Embrace opportunities to be outdoors and engage in the world around you
- Encourage your child to take risks like climbing on the playground or trying something new to build confidence and a sense of safety/security
- Play games that practice turn taking, following directions and sharing
- Create "just for you" rocks/messages that can be kept in a special place
- Praise your child when they use their words to express their feelings





[Click here](#) to learn how to make play dough and the different things you can do with it.

Fine Motor Skills


- Make and create with playdough (roll & squish)
- Use pinecones, shells, and stones for making prints in your playdough
- Thread beads onto pipe cleaners
- Make a pasta necklace
- Encourage experimentation with pencils, scissors, and chalk
- Dig for worms
- Use tweezers to plant seeds in gardens



Healthy Living

- Eat together, talk together, and make mealtime a family time
- Use [Canada's Food Guide](#) to make healthy food choices
- Little ones need lots of sleep, usually 10-12 hours a night
- Limit screen time throughout the day but particularly before bed to ensure a restful sleep
- Visit [Live5210](#) for more ideas to support healthy living



A photograph of a family of five (two adults and three children) standing on a grassy hill, holding hands and raising them in the air against a bright sunset sky. The scene is silhouetted, creating a warm and hopeful atmosphere. A large, semi-transparent white circle is overlaid on the left side of the image, containing text and a list of services.

Access More Services Through Our Community Partners

- [Surrey Libraries](#)
- [Early Years HUB](#)
- [Fraser Regional Friendship Centre Association \(FRAFCA\)](#)
- [First Steps Early Years Refugee Program](#)
- [Child Care Options Resource and Referral](#)



[Early Learning Framework – A Guide for Families](#)

[Let's Play – Activities for Families](#)

[First Peoples Principles of Learning](#)

Surreyschoolsone.ca

**Additional
Information For
Families**

For ideas to support learning at home
join virtual StrongStart sessions online.