



Lena Shaw Elementary

The image shows the exterior of Lena Shaw Elementary school. A prominent red sign above the entrance reads "LENA SHAW ELEMENTARY". The building has a light-colored facade with large windows and a dark door. A red pillar supports the overhang. In the background, there are tall evergreen trees under a clear blue sky.

LENA SHAW ELEMENTARY

Welcome to Our School

LENA SHAW

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Surrey B.C. Canada

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Key Messages

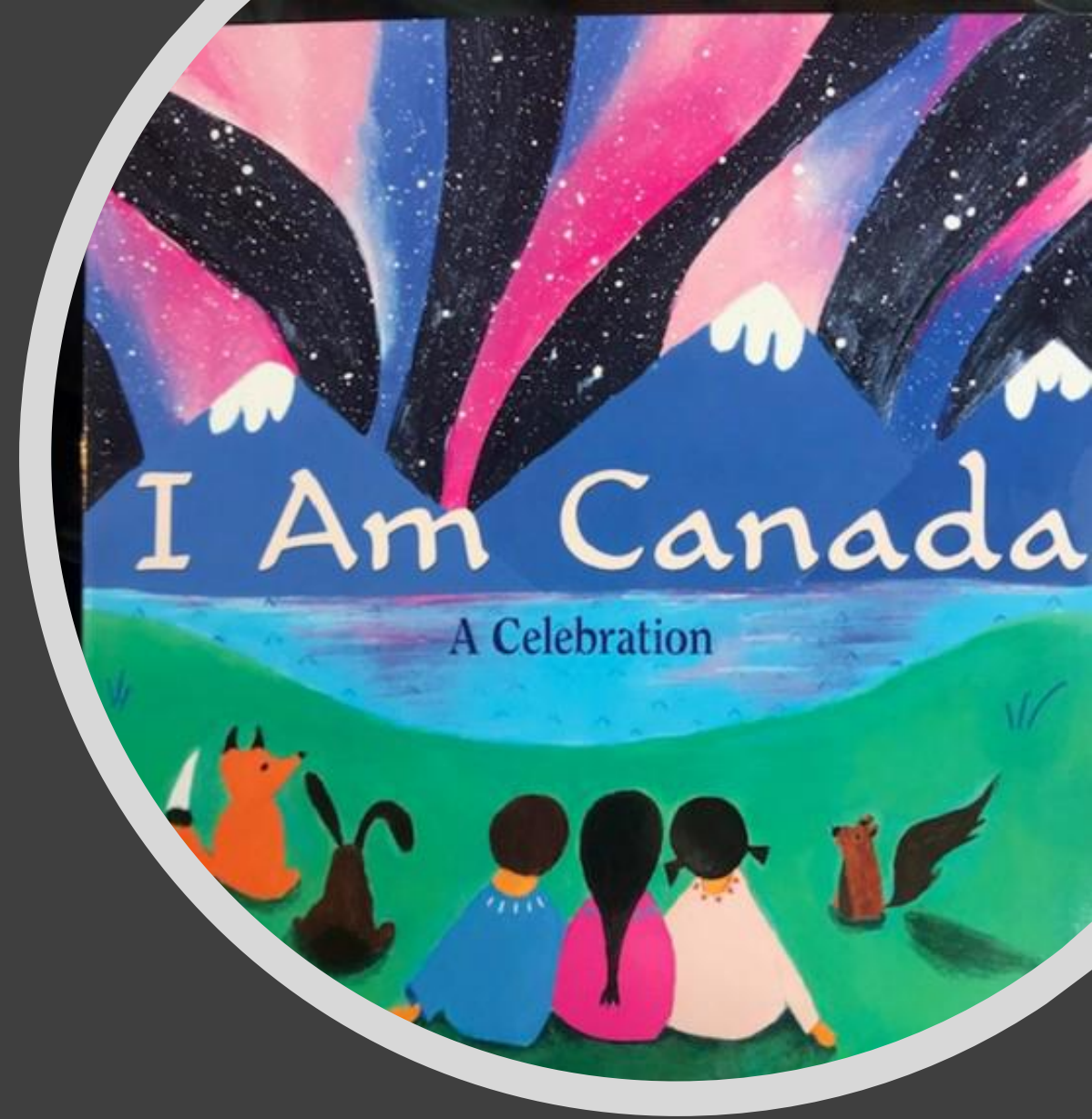
(Early Learning Framework 2019)

- Families are the most important teacher
- Children are strong, capable and full of potential
- Play is integral to well-being and learning

READY SET LEARN Book

"I read, I learn, I draw, I dream. I am free, I am
Canada."

By Heather Patterson and 13 Canadian
Illustrators



2021 Ready, Set, Learn Kits

Each year as part of the Ready, Set, Learn initiative Lena Shaw Elementary creates kits for children and families to take home.

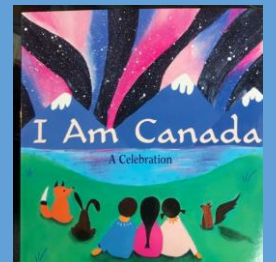
This year looks different, current Covid-19 protocol restrict our ability to hand the kits out. **When it is safe and permitted, we want to get the kits to you and your family.**

By filling out [**THIS FORM**](#) it give us the information needed to reach out when that time arrived.

What is in the kit?

- I am Canada book
- Markers
- Crayons
- Paints
- Scissors
- Glue
- Peg dolls
- Play-doh

And more....



I Am Canada A Celebration

This is a delightful book illustrated by 13 different Canadian artists. Each part of Heather Patterson's poem celebrates what is special about Canada. What parts of this book reminds you of places you have visited or things you have done?

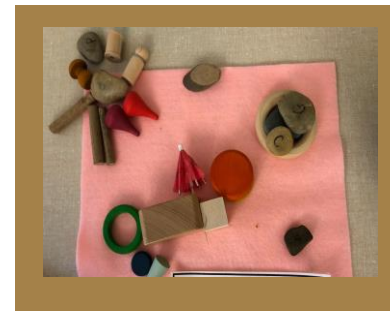
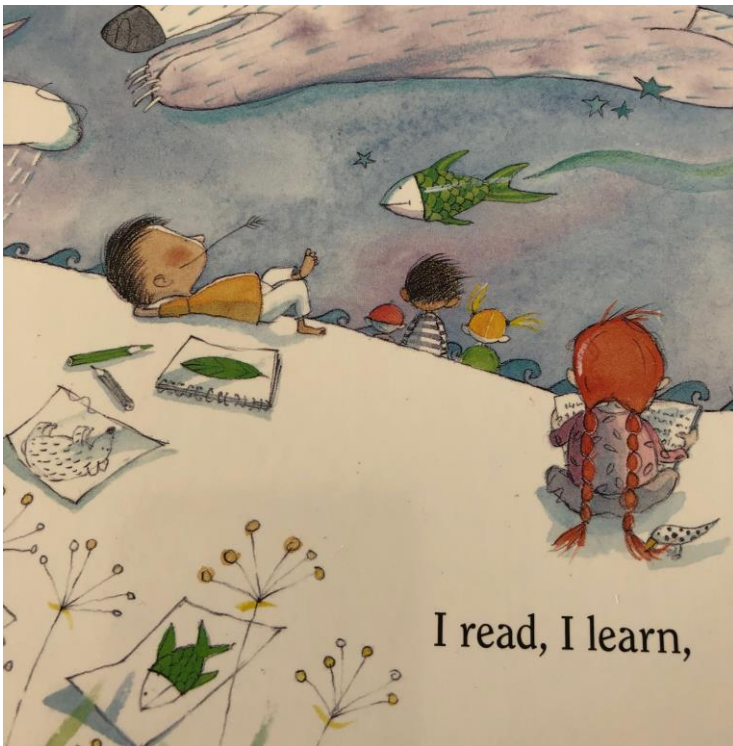
Suggestions for using this book...

- Look at the pictures in the book. Talk about what is happening in each picture. Point to and name the different things in the pictures to increase vocabulary. Ask what is your child's favourite picture and why.
- Have your child draw or paint a picture of their favourite place or season.
- Click on the link [I am Canada](#) and enjoy a story time read aloud by Ms. Bobbie our Strong Start Facilitator.



Talk and Read Together

- Talk, talk, talk
- Ask questions
- Read books together
- Engage in oral storytelling
- Use natural materials to create stories
- Explore virtual experiences at [Surrey Libraries](#)



Surrey Public Libraries

- Here is a [short video](#) that includes some activities parents can do with children to get them ready to read. It also shows the various materials Surrey Public libraries has to offer:





Print in Your Environment

- Notice letters in nature
- Ask your child to identify the letters of their name within the environment
- Have your child build their name with stones or sticks
- Help your child to read familiar words in their environment (e.g. STOP signs, logos, product packaging)



Enjoy Dramatic Play Indoors and Outside



- Build castles with sand, sticks, rocks and shells
- Create forts with blankets, boxes, tents
- Design a garden shop with old crates, boxes and plants
- Create a fairy garden
- Play in puddles



What materials do you have in the home to extend outdoor play

- -empty thread spools
- Empty milk lids
- Wooden pegs
- Cardboard tubes or different shapes
- Recycled materials
- Can you create an outdoor adventure with these items using natural items (sticks , stones ,hollow tree trunks, leaves and flowers) and document your story

Explore Numeracy Concepts With Nature

- Compare and sort items found in nature by colour, size, or shape
- Count using dice and sticks
- Find collections of objects (shells, rocks) and count how many
- Notice shapes on a nature walk
- Make patterns with leaves, rocks, or sticks



Encourage Imagination and Creativity



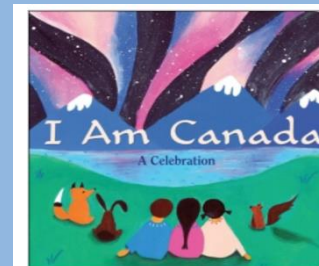
- Create works of art with mud and water
- Provide open ended materials such as sticks, rocks, cardboard tubes, and popsicle sticks to build and create
- Make music with pots, pans, buckets, spoons
- Explore virtual experiences at [Surrey Art Gallery](#)



NORTHERN LIGHTS

- In the Northern part of Canada, there is an amazing sight called the Aurora Borealis or Northern Lights. It looks like moving colours in the night sky.

- The picture on the cover of the book, I am Canada, has an artist's vision of what the Northern Lights look like. You can paint your own picture of the Northern Lights and add details using various materials found at home to represent trees, mountains etc





Encourage Wonder with Science

- Encourage your child to sit and notice the environment around them
- Explore bugs, worms and insects in nature
- Discuss weather changes and seasons
- Encourage your child to observe, ask questions and wonder
- Explore books with scientific concepts
- Plant a garden and observe plant growth and changes
- Explore virtual learning opportunities at [Science World](#) or [Surrey Nature Centre](#)





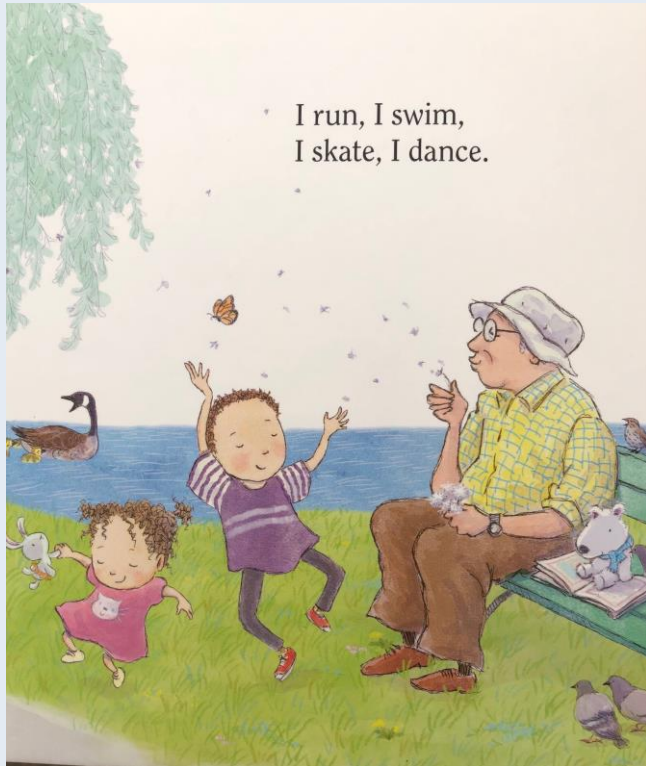
Stone Sculpture/Inukshuk

(outdoor activity)



- On one of the pages in the book, I am Canada, there is a picture of a statue made out of stones. Can you find it?
- When you go for a walk or go to the beach with your family collect some flat stones. Try to build your own statues.

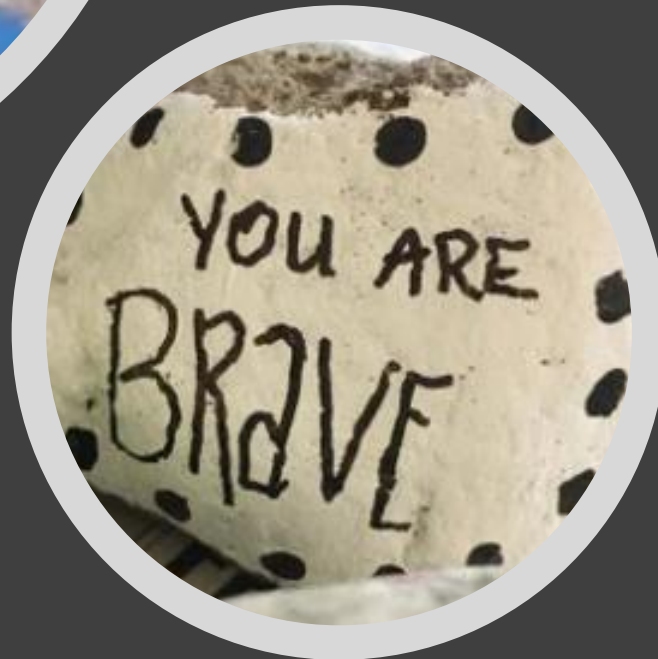
Enjoy Movement and Music



- Run and play outdoors in the forest, the park, or the playground
- Play in the snow, the rain and the puddles
- Play hide and seek or other outdoor games
- Create a dance to your favourite music
- Create instruments out of shoe boxes, buckets, spoons, cardboard tubes & recycled materials
- There are a lot of Canadian music artists that create songs for children. Some of our favourites are...Charlotte Diamond, Fred Penner, Will Stroet and Raffi.
- "[Canada in My Pocket](#)" by Michael Mitchell is also a fun song about Canada. Click on the link to listen to the song.

Well-Being and Belonging

- Celebrate your culture, traditions and family stories
- Embrace opportunities to be outdoors and engage in the world around you
- Encourage your child to take risks like climbing on the playground or trying something new to build confidence and a sense of safety/security
- Play games that practice turn taking, following directions and sharing
- Create "just for you" rocks/messages that can be kept in a special place
- Praise your child when they use their words to express their feelings





Fine Motor Skills

- Make and create with playdough (roll & squish)
- Use pinecones, shells, and stones for making prints in your playdough
- Thread beads onto pipe cleaners
- Make a pasta necklace
- Encourage experimentation with pencils, scissors, and chalk Dig for worms
- Use tweezers to plant seeds in gardens

Playdough Art



- Barbara Reid is one of the artists who made a picture for the book, I am Canada. Ms. Reid uses plastercine (playdough) to create her artwork. Can you find the picture that Ms. Reid created in the book?

(if you thought Ms. Reid created the picture of the child riding the toboggan in the snow, you would be right!)

No- Cook Playdough

- 1 cup all purpose flour
- ½ cup salt
- 1 tablespoon cream of tartar
- 1 tablespoon vegetable oil
- 1 cup boiling water
- Food colouring

Instructions

1. In a plastic bowl, whisk together flour, salt and cream of tartar.
2. Mix vegetable oil, boiling water, and food colouring together in a small bowl and then add this mixture to the center of the flour mixture.
3. Using a rubber spatula, stir until dough forms a ball (add a little more food colouring if needed.)
4. When the dough is cool enough to touch, use your hands to knead the dough until all the flour is incorporated and the dough is soft.
5. Let playdough cool completely before playing with it.
6. Store playdough at room temperature in an air- tight container.



Healthy Living



- Eat together, talk together, and make mealtime a family time
- Use [Canada's Food Guide](#) to make healthy food choices
- Little ones need lots of sleep, usually 10-12 hours a night
- Limit screen time throughout the day but particularly before bed to ensure a restful sleep
- Visit [Live5210](#) for more ideas to support healthy living

In the Kitchen



- Did you know that Canada's National Fruit is the delicious Blueberry?
- To make the Moose sandwich, make your favourite sandwich and have an adult use a knife or oval cookie cutter to cut an oval shape for the head. The antlers are made from the crusts of the bread. Use cheese, fruit, small crackers, veggies, etc. to add the features to the moose's face.

Blueberry Muffins



2 cups of all-purpose flour
2/3 cups of sugar
1 tablespoon baking powder
1/2 teaspoon salt
1/2 teaspoon nutmeg
1 1/2 cups of unsweetened blueberries,
partially thawed if frozen
2 eggs
1/2 cup of milk
1/2 cups margarine or butter, melted

1. Preheat oven to 400°F.
2. In large bowl mix flour, sugar, baking powder, salt, and nutmeg. Add blueberries; stir to coat evenly.
3. In small bowl beat eggs; beat in milk and butter. Add to blueberry mixture. Stir just until blended.
4. Fill greased muffin pans 2/3 full.

Bake for 15-25 minutes in preheated oven until toothpick inserted in middle comes out clean.



Additional Information For Families

[Early Learning Framework – A Guide for Families](#)

[Let's Play – Activities for Families](#)

[First Peoples Principles of Learning](#)

Alexandra Neighborhood House- alexhouse.net

Surreyschoolsone.ca - For ideas to support learning at home

StrongStart: <https://www.surreyschools.ca/EarlyLearning/StrongStart/Pages/default.aspx>

Example of Let's Play Activities for Families

Shapes can be cut and paste



A large background image showing the silhouettes of several children of various ages holding hands in a circle. They are standing on a grassy hill against a bright sunset sky with a large sun low on the horizon. The scene is peaceful and celebratory.

Access More Services Through Our Community Partners

- [Surrey Libraries](#)
- [Early Years HUB](#)
- [Fraser Regional Friendship Centre Association \(FRAFCA\)](#)
- [Child Care Options Resource and Referral](#)



- [A message from Child Care Options](#)



Thank you!

Thank you from all of us at Lena Shaw Elementary for joining us for our virtual Ready, Set, Learn event!

Don't forget to complete [THIS FORM](#) to receive your kit.

Still have questions? There is a space for that too on the form.