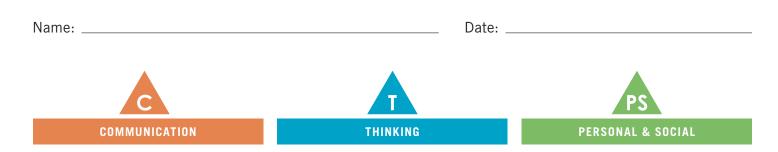


## SELF-ASSESSMENT OF MY CORE COMPETENCIES



## **MY STRENGTHS**

EXAMPLES AND EVIDENCE OF MY STRENGTHS

## MY GOALS

**MY PLANS TO REACH MY GOALS** 



Self-assessment can take many forms and may focus on one, a few, or all of the core competencies.