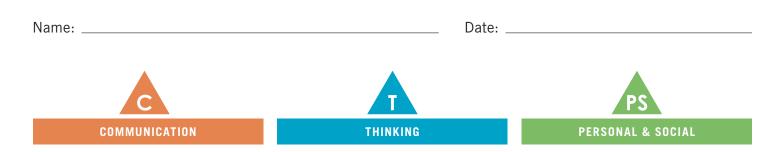


SELF-ASSESSMENT OF MY CORE COMPETENCIES



MY STRENGTHS

EXAMPLES AND EVIDENCE OF MY STRENGTHS

MY GOALS

MY PLANS TO REACH MY GOALS



Self-assessment can take many forms and may focus on one, a few, or all of the core competencies.