

A reminder that Track and Field practices will start next Monday May 1st. If your child is planning to participate in Track and Field this year, please send back the yellow practice permission slip to your child's teacher by Thursday May 27th.

Our Ray Shepherd Only Track Meet is coming up next week on Wednesday May 3rd, 2017! All grade 3-7 students will attend this track meet. We are still needing more drivers and volunteers to make this day happen.

Below is the updated Track and Field schedule. Please note, the practice in red has been changed.

TRACK AND FIELD SCHEDULE 2017

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning 7:45 – 8:25			High Jump Gr. 5 – 7 Ms. Carr / Conti		
Recess 10:15 – 10:30	Sprints Gr. 3 – 7 Cheyne/Nelson	Sprints Gr. 3 – 7 Cheyne/Nelson	Sprints Gr. 3 – 7 Cheyne/Nelson	Shot Put Gr. 3 – 4 Kollakis/Gill	
Lunch 12:07 – 12:37		Long & Triple Jump Gr. 5-7 Hounsell/ LaChimea High Jump Gr. 3-4 Ms. Carr/ Kharia		Long & Triple Jump Gr. 3-4 Hounsell/ LaChimea	ShotPut/Discus Gr. 3 – 7 Kollakis/Gill
After School 2:35 – 3:15	High Jump Gr. 5-7 Ms. Clark	Run Club Gr. 3 – 7 Brine / Tome	Shot Put / Discuss Gr. 5-7 Kollakis/Gill	Run Club Gr. 3 – 7 Brine / Tome	

****Discus is an event for the Grade 5-7 only****