Community News Flash #18 December 18th, 2020



Important Dates:

Friday, December 18th

Monday, December 21st

Monday, January 4th

Monday, January 11th

- School Closes for Winter Break

- 1:00 PAC Painting Party on Zoom

- School Opens after Winter Break

- Kindergarten Registration Starts

Vice Principal Message

Dear Rosemary,

Words cannot express how grateful I am to have been a part of the Rosemary Heights Community for the last 5 years. You are an incredible group of people and I appreciate how you have helped me grow into a leader. I have really enjoyed making strong connections with you and your children. It has been a pleasure to come to work each day.

I would like to warmly welcome Rosemary's New Vice Principal, Ms. Jennifer Pilchak. She will be teaching French, Health Education and Kindergarten and I know the students will greet her with enthusiasm.

I wish all of you a safe and restful winter break.

Best Wishes, Kristy Crnkovich



A Message from Jordan Tinney

- 1) Thank you for your amazing work and dedication this fall;
- 2) Elementary reorganizations a massive task for our elementary schools as we welcome back over 1300 students for face to face in-school in January; and
- 3) A launch of an interactive COVID-19 Active Exposures website. We know that for many people not formally attached to a "school" that it may be tough to track the exposures, or you have not been properly informed we created this website so that everyone in Surrey could see on our own website which school sites had active exposures. I hope it is useful for you.

The video is here: https://vimeo.com/490882084

Once again, thank you for all you do. Take care, stay well,

Jordan



The 12 Days of Giving

Our incredibly generous Rosemary community collected an amazing 65 boxes of "most Needed Items" and \$800 in donations for the Surrey Food Bank! Many thanks for your outpouring of care for those in need within the wider Surrey community.







Better health. Best in health care.

December 16, 2020

Re: School Exposure Notification During Winter Break

Dear School Communities,

We thank you for your dedication to keeping schools a safe place. Over the last few months, schools have made significant efforts to reduce the risk of transmission of COVID-19 by following health and safety plans, communicating with families, and meeting students' educational needs. Fraser Health continues to work closely with school leadership and we know we are all in this together.

Fraser Health will continue to provide notification of school exposures over the winter break. This includes:

- Early Notification Letters will be distributed to schools.
- School exposures will be listed on the Fraser Health website.
- Self-Monitoring and Self-Isolation Letters will be distributed to schools based on the level of risk of the school exposure.

Since school exposures are a reflection of community transmission, we strongly encourage everyone to follow the current public health orders over the winter break. This includes:

- Not gathering with anyone outside of your immediate household.
- Only travelling for essential purposes.
- Wearing a mask in all indoor public settings.

Please continue to practice public health guidance such as hand hygiene, staying home when sick, keeping your distance from others, and cleaning and disinfecting regularly.

We encourage everyone to get tested early if you develop any new symptoms of illness.

Information about COVID-19, resources for schools, are found on the Fraser Health website www.fraserhealth.ca/covid19

We wish everyone a safe, healthy and happy winter break.

Sincerely,

Ariella Zbar MD, CCFP, MPH, MBA, FRCPC

Medical Health Officer, Fraser Health Authority

Tel: (604) 587-3828 Fax: (604) 930-5414 www.fraserhealth.ca



Daily Health Check

Key Symptoms of Illness*	Does your child have any of the following key symptoms?		
		Circle one	
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Shortness of breath	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
	Have you returned from travel outside Canada		
International Travel	in the last 14 days?	YES	NO
	Are you a confirmed contact of a person		
Confirmed Contact	confirmed to have COVID-19?	YES	NO

^{*}Check BCCDC's <u>Symptoms of COVID-19</u> regularly to ensure the list is up to date.

If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under 'Symptoms of Illness' or you have a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to school until COVID-19 has been excluded and your symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- If the COVID-19 test is **positive**, you should stay home until you are told by public health to end selfisolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- If the COVID-19 test is **negative**, you can return to school once symptoms have improved and you feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and your symptoms are not related to a previously diagnosed health condition, you should stay home from school until 10 days after the onset of symptoms, and then you may return if you are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, you can return to school when symptoms improve and you feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered "YES" to questions 2 or 3, use the <u>COVID-19 Self-Assessment Tool</u> to determine if you should seek testing for COVID-19.

A health-care provider note (i.e. a doctor's note) should not be required to confirm the health status of any individual.

Prepared by Health and Safety Department. Sep 16th, 2020

Arabic, Chinese (Traditional), Chinese (Simplified), Farsi, French, Hindi, Korean, Punjabi, Spanish, Tagalog, and Vietnamese.