

Community News Flash #24

February 12, 2021



Important Dates:

- | | |
|--------------------------------------|------------------------------------|
| Saturday, February 13 th | - Order Deadline for Hannah's Book |
| Monday, February 15 th | - Family Day (School Closed) |
| | - 10:30am Online Painting Party |
| Tuesday, February 16 th | - Dessert orders due |
| | - Zoom PAC Meeting |
| Thursday, February 18 th | - Dessert order pick-up |
| Friday, February 19 th | - Pro D Day |
| | - Online Babysitting Course |
| Wednesday, February 24 th | - Pink Shirt Day |



Principal Message

We want to share our heartfelt thanks to the Lunar New Year / Multicultural Committee for bringing joy and celebration to our school this past week. The committee worked so hard to offer special events, learning, treats, decorations and more to our students, staff and families. Thank you for generously sharing your time, talents, kindness and positivity!

Lunar New Year 2021 Committee

Planning & Communications: Emmy Zhang, Cynthia Hsieh, Jing Zhang, Miyoung Tereposky

Video: Xiao Tan

Decoration inside: Jessie Wang

Decoration outside: Yuan Wang, Joyce Zhao, Chris Xia

Red envelope: Yuan Sun

Wishing jars: Joanna Wates, Jing Zhang

Food committee: Jin Zhang, Julie Zhu, Feeling, Kelly

Donation committee: Joyce Ma

Assembly director: Stella Zhao

Text/Translation: Yiling Zhu, Melissa Zhou





Chinese Desserts

to eat for Lunar New Year

They're delicious and full of luck.
Order by Feb 16, Pickup @ school Feb 18

[Click here to order](#)

By SUNGIVEN FOODS & Canada Volumes Import/Export Inc.

LUNAR NEW YEAR FAMILY DAY PAINTING PARTY!

Celebrate the Year of the Ox with
"pARTy with Laura"

WHEN: MONDAY, FEBRUARY 15TH

TIME: 10:30AM

WHERE: YOUR HOME



WHAT YOU NEED:

- Acrylic Paint Color: Black, White, Red, Yellow, Brown and Gold
- Canvas
- Synthetic Brush: Flat (for the background), a round brush, and a small round brush to make finer lines
- Water (to clean your brushes)
Paper towel or old cloth to dry your brushes
- A Plate to use as your palette or a paper plate wrapped in saran wrap
- Blow Dryer

ZOOM LINK:

[https://us02web.zoom.us/j/89103075795?](https://us02web.zoom.us/j/89103075795?pwd=U3dQUdVRNDBqZULMQVROQytkVGxFAQ09)
[pwd=U3dQUdVRNDBqZULMQVROQytkVGxFAQ09](https://us02web.zoom.us/j/89103075795?pwd=U3dQUdVRNDBqZULMQVROQytkVGxFAQ09)

Meeting ID: 891 0307 5795

Passcode: oxyear2021

The Zoom waiting room will open 10mins early at 10:20am Class will start at 10:30am, classroom access will be closed at 10:40am.

**NOW
ONLINE!**

PRO D DAY BABYSITTING & STAY SAFE COURSE

Rosemary Heights Elementary School

BABYSITTING COURSE

ages 11 – 15

Students learn how to care for younger children and how to prevent and respond to emergencies

Each student will receive a babysitter manual, certificate, and a mini first aid kit. Course is completed online, via zoom

\$65/student

DATE & TIME

Friday – February 19
from 9:00 - 4:00 (1-hour offline lunch)

STAY SAFE!

ages 9 – 13

Helps prepare students to be on their own at home or in the community

Each Student receives a Stay Safe! workbook and a mini first aid kit. Course is completed online via zoom.

\$65/student

DATE & TIME

Friday – February 19
from 10:00 - 3:00 (1-hour offline lunch)

TO REGISTER:

Please fill out this form: <http://bit.ly/FirstAidRHE>

PAYMENT:

Email Transfer \$65 to rosemaryheightspac@gmail.com

*Include your child's name in the "memo" section of the transfer form.

COURSE MATERIALS AND ZOOM INFO:

Course supplies will be handed out to students through their classroom teachers.

Zoom codes will be emailed out in advance.

Certificates are mailed out after the course.

Any questions, please email rosemaryheightspac@gmail.com

For more info on the programs: <https://firstaidhero.com/>

Hannah's Book

We have exciting news! Hannah Jin, in Grade 4, has published her first book! It is a story book, with pictures, about how children cope with the changing world with Covid-19, but family remains unchanged. This book is currently being read in our school library and has been accepted onto the shelves of Surrey library.

You can purchase her book for \$10.99. Hannah is very generously donating 50% of proceeds to Rosemary Heights PAC!! Thank you! To purchase a book, please email RosemaryheightsPAC@gmail.com your name, address and your child's class. Then send cash (can be given to Michelle in the office) or e-transfer to RosemaryheightsPAC@gmail.com AND type "Hannah's Book" in the memo/message section. In order for families to receive their copies in a timely manner I have made a **deadline for order being 13th February**. There's still time:)



Thank you for your support
Rosemary Heights PAC

PAC Zoom Meeting:

Time: Feb 16, 2021 07:00 PM Vancouver

Join Zoom Meeting

<https://us02web.zoom.us/j/81807543891?pwd=RURGNjdXTDVBKzF2U0tEdzlsVTZTUT09>

Meeting ID: 818 0754 3891

Passcode: 572247

B.C. Child & Youth Mental Health

EASE at Home (Everyday Anxiety Strategies for Educators)

It can be hard for adults to know what to say or do to ease a child's worries, especially during times of change and uncertainty. As the most important big people in their world, parents and caregivers can help children feel safer and soften the sharp edges of whatever is making their worries grow.

To help support learning across environments, several fun and practical EASE lessons have been adapted for use by parents and caregivers to help children manage worries and anxiety at home.

<https://healthymindsbc.gov.bc.ca/ease-at-home/>



Talking To Kids About COVID-19 (From Anxiety Canada - Nov 24 • 2020)

LOOKING FOR ADVICE ON HOW TO EXPLAIN COVID-19 TO KIDS? WE HAVE TIPS THAT CAN HELP.

Coping with the uncertainty around COVID-19 is challenging for most adults, and kids may be having an even tougher time during the pandemic. Social isolation, being off school or learning remotely for an extended period of time, and uncertainty about what all this means for their friends and family are just a few of the concerns young children and teens may have at this time. So, what is the best way to talk to kids about COVID-19? Here are some strategies that may help.

<https://www.anxietycanada.com/articles/talking-to-kids-about-covid-19/>

Traffic Safety At Rosemary Heights Elementary

Please know that student safety is our top priority! The following expectations are for the benefit of all of our children.

- Consider walking, biking or scooting to, or part of the way to school.
- Follow the Parking Regulations on the City of Surrey map.
- Keep the traffic flowing in front of the school by using the "Kiss & Ride" method
- There is no parking directly in front of the school - in the purple zone.
- Follow the laws of the road - park legally, don't block driveways, no double parking
- Please respect our staff who are helping with student safety



SURREY SCHOOLS

Spread the word! We need...



SUPERVISION AIDES NEEDED NOW

Can you, or someone you know, help to provide supervision for children?

Supervision Aides work one hour per day (5 days per week, preferably) to provide supervision to elementary and secondary students during their lunch break. Pay rate is \$22.21 per hour.

Ideal for those retired individuals or adults who relate well to children, and youth, and are seeking part-time employment.

Preference given to those individuals available daily (Monday to Friday).

For more information, and to apply online, please visit
www.surreyschools.ca/careers

Daily Health Check

Key Symptoms of Illness*	Does your child have any of the following key symptoms?	Circle one	
		YES	NO
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Shortness of breath	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO

*Check BCCDC's [Symptoms of COVID-19](#) regularly to ensure the list is up to date.

If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under 'Symptoms of Illness' or you have a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to school until COVID-19 has been excluded and your symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- If the COVID-19 test is **positive**, you should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- If the COVID-19 test is **negative**, you can return to school once symptoms have improved and you feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and your symptoms are not related to a previously diagnosed health condition, you should stay home from school until 10 days after the onset of symptoms, and then you may return if you are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, you can return to school when symptoms improve and you feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered "YES" to questions 2 or 3, use the [COVID-19 Self-Assessment Tool](#) to determine if you should seek testing for COVID-19.

A health-care provider note (i.e. a doctor's note) should not be required to confirm the health status of any individual.

Prepared by Health and Safety Department. Sep 16th, 2020

[Arabic](#), [Chinese \(Traditional\)](#), [Chinese \(Simplified\)](#), [Farsi](#), [French](#), [Hindi](#), [Korean](#), [Punjabi](#), [Spanish](#), [Tagalog](#), and [Vietnamese](#).