Community News Flash #20 January 15, 2021



Important Dates:

Monday, January 18th – 22nd Wednesday, January 20th - No Name-Calling Week

- 7:00pm PAC Meeting

Highlights from Thursday's on-line assembly:

Thanks for wearing a mask, when you are able - <u>https://youtu.be/lt68rFG9Wq4</u>

Belly Breathing - <u>https://youtu.be/RiMb2Bw4Ae8</u>

Welcome Back 2021 Video - https://vimeo.com/498133421/3fafc8a2f7

Social Emotional Learning - Rosemary Goal Area



THE MIDDLE YEARS DEVELOPMENT INSTRUMENT (MDI) IS COMING TO ROSEMARY HEIGHTS IN FEBRUARY!

The Surrey School District has partnered with the Human Early Learning Partnership (HELP) at the University of British Columbia to measure and promote children's social and emotional development, health, well-being, and assets through the Middle Year Development Instrument (MDI). The Middle Years Development Instrument (MDI) is a self-report questionnaire that asks children in middle childhood about their thoughts, feelings and experiences. The MDI is the first survey of its kind to gather information about the lives of children both in school, in the home and in the community, from their own perspective. The survey questions align with the BC Ministry of Education's K-12 curriculum, which includes a focus on promoting children's personal and social competencies. Grade's 4 and 7 students are invited to complete the MDI during class time between February 16th and March 5th, 2021. Detailed information will be sent directly to parents of students in grade 4 and 7.

More information about the MDI can be found here:

MDI-ParentLetter-Info-20191009.pdf





School Fees

School Fees are collected online at <u>www.surreyschools.schoolcashonline.com</u>. Please log on to see your student(s) has any outstanding fees to pay.



Daily Health Check

Key Symptoms of	Does your child have any of the following key		
Illness*	symptoms?	Circle one	
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Shortness of breath	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
	Have you returned from travel outside Canada		
International Travel	in the last 14 days?	YES	NO
	Are you a confirmed contact of a person		
Confirmed Contact	confirmed to have COVID-19?	YES	NO

*Check BCCDC's <u>Symptoms of COVID-19</u> regularly to ensure the list is up to date.

If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under 'Symptoms of Illness' or you have a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to school until COVID-19 has been excluded and your symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- If the COVID-19 test is **positive**, you should stay home until you are told by public health to end selfisolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- If the COVID-19 test is **negative**, you can return to school once symptoms have improved and you feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and your symptoms are not related to a previously diagnosed health condition, you should stay home from school until 10 days after the onset of symptoms, and then you may return if you are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, you can return to school when symptoms improve and you feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered "YES" to questions 2 or 3, use the <u>COVID-19 Self-Assessment Tool</u> to determine if you should seek testing for COVID-19.

A health-care provider note (i.e. a doctor's note) should not be required to confirm the health status of any individual.

Prepared by Health and Safety Department. Sep 16th, 2020 Arabic, <u>Chinese (Traditional)</u>, <u>Chinese (Simplified)</u>, <u>Farsi, French</u>, <u>Hindi, Korean</u>, <u>Punjabi</u>, <u>Spanish</u>, <u>Tagalog</u>, and <u>Vietnamese</u>.