

Community News Flash #9

October 16th, 2020



25 THINGS I AM THANKFUL FOR

Just prior to the Thanksgiving weekend students in the grade 6/7 blended class watched the following video <https://www.youtube.com/watch?v=yA5Qpt1JRE4> with myself and then wrote their own list of 25 things they are grateful for. I am pleased to have permission to share this thoughtful sample. I hope you enjoy it too!

Ms. Crnkovich
Vice Principal

1. Social Studies because then we learn our mistakes and how to fix them.
2. Masks to help keep everyone a little safer.
3. Dance shoes so I can do 5 turns in a row.
4. Teachers because they help mold all our futures.
5. Cardboard, so we can protest for what's right. (and online shopping!)
6. Hello Fresh, so my mom is less stressed when cooking.
7. Color coating. I love to color coat.
8. Smiles, they bring joy into the world.
9. Toothpaste. So, everyone doesn't have stinky breath.
10. Nana's teacups. We can sip our tea like royal ladies with her.
11. Clothes. Without clothes, everyone would be walking around naked.
12. Chalk, to love bomb our school and make the teachers day a little bit brighter.
13. Sharpie, to help us stand out.
14. Tea, to help me get up in the morning.
15. Blankets, so we don't get cold at night.
16. Doctors, nurses, surgeons. Who helps bring this world to its feet.
17. Pots and pans, to show our gratitude to the world.
18. Hair elastics, so we don't whip our hair in our face.
19. Books, to get lost in another world.
20. Makeup, to make girls walk with a little bit more confidence.
21. Air gives up deep breaths when they are needed most.
22. Brooms to keep our houses clean.
23. Lysol, for adding the lemon smell so the car doesn't smell like chemicals.
24. Pens, so we can write notes and won't fail tests.
25. Alarm clocks, so we don't sleep in late.

By Ella T.

What You
ARE Thankful
for?

Important Dates:

Wednesday, October 21st

Friday, October 23rd

Friday, October 30th

- 7:30 PAC Meeting

- Pro D Day

- Pumpkin Run



Student Planners

All students in Grades 1-7 are asked to purchase a planner for \$5.00. If you do not wish to purchase one from the school, please make sure your child brings their own to school. Please remember to purchase a planner for your child online at <https://www.schoolcashionline.com/>. If you have any problems with setting up online payments, please contact the office.

Student Attendance

We ask that families ensure that children attend school on time, during scheduled hours, and minimize any mid-day interruptions, whenever possible. Processing late arrivals and mid-day pick-ups is challenging for us with COVID protocols. If your child is going to be away from school or late to school please email the office at rosemaryheights@surreyschools.ca and include the following information:

- First and Last Name
- Teacher
- Division
- Reason for Absence



Daily Health Check

| Key Symptoms of Illness* | Does your child have any of the following key symptoms? | Circle one | |
|--------------------------|---|------------|----|
| | | YES | NO |
| | Fever | YES | NO |
| | Chills | YES | NO |
| | Cough or worsening of chronic cough | YES | NO |
| | Shortness of breath | YES | NO |
| | Loss of sense of smell or taste | YES | NO |
| | Diarrhea | YES | NO |
| | Nausea and vomiting | YES | NO |
| International Travel | Have you returned from travel outside Canada in the last 14 days? | YES | NO |
| Confirmed Contact | Are you a confirmed contact of a person confirmed to have COVID-19? | YES | NO |

*Check BCCDC's [Symptoms of COVID-19](#) regularly to ensure the list is up to date.

If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under 'Symptoms of Illness' or you have a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to school until COVID-19 has been excluded and your symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- If the COVID-19 test is **positive**, you should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- If the COVID-19 test is **negative**, you can return to school once symptoms have improved and you feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and your symptoms are not related to a previously diagnosed health condition, you should stay home from school until 10 days after the onset of symptoms, and then you may return if you are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, you can return to school when symptoms improve and you feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered "YES" to questions 2 or 3, use the [COVID-19 Self-Assessment Tool](#) to determine if you should seek testing for COVID-19.

A health-care provider note (i.e. a doctor's note) should not be required to confirm the health status of any individual.

Prepared by Health and Safety Department. Sep 16th, 2020

[Arabic](#), [Chinese \(Traditional\)](#), [Chinese \(Simplified\)](#), [Farsi](#), [French](#), [Hindi](#), [Korean](#), [Punjabi](#), [Spanish](#), [Tagalog](#), and [Vietnamese](#).