## Self-Healing, Self-Caring

Join our community group to help activate growing awareness of adverse childhood experiences (ACEs) and build resiliency in South Surrey/White Rock.

## Next monthly meetings:

Thursday, May 16th, 6 - 7:30 pm Wednesday, June 12th, 6 - 7:30 pm Alex House, Fireside Room 2916 McBride Ave, Surrey, BC V4A 3G2 Light refreshments will be provided

