

Surrey School District Strong Start Community Newsletter Volume 1 September 2021



StrongStartBC



Dear Strong Start Families,

We hope you have enjoyed the summer. We are pleased to confirm that StrongStart Centers will be opening on September 20, 2021 at reduced capacity and on a sign-up basis. Families will be required to be registered at 1 location only and to schedule their StrongStart sessions in advance. There will be **no drop in sessions**.

If you are a returning Strong Start family and will be attending a new school or center, please contact the facilitator at the new location. This will allow us to register you into the new location where you will be able to schedule your visits.

[Registration: Click here](#)

Important Dates

Strong Start programs in session starting September 20

Closure Dates:

Monday September 27

Thursday September 30

Health and Safety



As we open our doors to many young families, please take the time to review the Surrey Schools' district Covid 19 Health and Safety guidelines by following the link below.

<https://www.surreyschools.ca/covid19/Pages/default.aspx>

StrongStart 2021-2022 Health and Safety Guidelines:

- Each session will schedule up to 10 family groups maximum at a time
- Sessions must be scheduled in advance with confirmation provided from StrongStart facilitator before attending

- There will be no drop ins
- Only one caregiver can attend with their child(ren)
- Adults will be required to wear a mask
- Families will be limited to attend one StrongStart site at this time (not multiple sites)
- Hygiene practices will be highlighted throughout the program
- Focus will be on outdoor learning so please dress for all weather
- Focus on encouraging personal space between people

Community Resources

In your community are great resources and activities you can explore when not attending Strong Start

- Surrey Public library

[Kids & Families | Surrey Libraries](#)

- Child Care Options

[Parent & Child Drop-in - Child Care Options](#)

- Early Years Hub

[Early Years Program – The Centre for Child Development \(the-centre.org\)](#)

- First Steps - Early Years Settlement Program

<https://www.options.bc.ca/program/first-steps-early-years-settlement-program>

Parent Resources

In your community are wonderful resources to support the Parent and the family

- Child Care Options

[Parent Education Sessions - Child Care Options](#)

- Fraser Health

[Children and youth - Fraser Health Authority](#)

- The Center for Child Development

[Our Services – The Centre for Child Development \(the-centre.org\)](#)

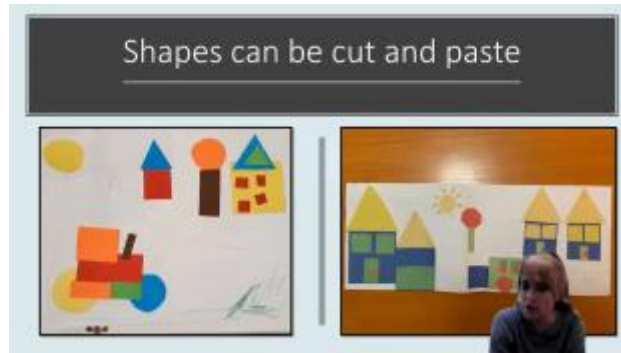
Surrey School District

<https://surreyschoolsone.ca/parents/>

Learning Resources

[Let's Play Activities for Families](#)

[Early Learning Frame work guide for families](#)



Indigenous Learning



[Surrey Urban Indigenous Strategy](#)

[Fraser Region Aboriginal Friendship Centre Association](#)

[SPIRIT OF THE CHILDREN SOCIETY](#)



Story Time & Rhymes

Why reading is important for babies and young children

Sharing stories, talking and singing every day helps your child's development in many ways.

Reading and sharing stories can:

- help your child get to know sounds, words and language, and develop early literacy skills
- learn to value books and stories
- spark your child's imagination and stimulate curiosity
- help develop your child's brain, ability to focus, concentration, social skills and communication skills
- help your child learn the difference between 'real' and 'make-believe'
- help your child learn about the world, their own culture and other cultures.

Sharing stories with your child doesn't mean you have to read from the book.

Just by looking at books with your child and talking about them, you can be a great storyteller and a good model for using language and books. Your child will learn by watching you hold a book the right way and seeing how you move through the book by gently turning the pages.

Reading stories with children has benefits for grown-ups too. The special time you spend reading together promotes bonding and helps to build your relationship with your child.



1 - 5 little leaves



2 - Shape Monster

Science at Home:



[Cloud in a Jar: Click here](#)

Out-Side Activities



[Number Walk: Click here](#)



3 - Scavenger Hunt

Let's Get you moving



<https://sway.office.com/LbjGbQMPqgexDI7d#content=KSleWFqVM6cp2x>

4 - Fall Leaves are falling down

Let's Play! Activities for Families



Well-Being and Belonging

5 - Let's Play Activities For Families : Yoga