

## FRASER HEIGHTS SECONDARY STUDENT PROFILE

Student Name: Student #

This is used to gather information about yourself that can be helpful when you:

- write an autobiographical essay
- fill out applications for scholarships, bursaries or financial aid packages
- need a strong reference letter from a teacher, administrator, coach, etc.
- wish to write a resume.

## **Academic information**

Grade 11 Courses	Teacher's Name	Mark (%)	Grade 12 Courses	Teacher's Name	Mark (%)

<u>Academic and Other Recognition</u>: List any awards or other forms of recognition that you have received during your time at FH or other schools that you have attended in your secondary career (i.e. Honour Roll, Arts Awards, Exhibitions, Sports Awards etc).

Name of Award	Description	Year Recognized

<u>School Involvement:</u> List any clubs or other groups that you may have been involved with (i.e. Student Council, Global Issues Club etc.)

Club/Group	Role	Length of Involvement	# of hours/week spent volunteering	Sponsor

**Sports Activities**: List any activities that you have been involved with either as an athlete, referee, or coach.

Activity	Role	Length	Sponsor

<u>Extra - curricular Involvement</u>: List some of the organizations that you are involved with outside of Fraser Heights. (i.e. Scouts, Job's Daughters, Duke of Edinburgh, etc.)

Club/Group	Role	Length of Involvement	# of hours/week spent volunteering	Sponsor

<u>School or Community Volunteer work.</u> Some students don't like free time on their hands or feel strongly that they need to give back to their community. List any volunteer work that you have done. (i.e. peer tutoring, Red Cross, Run for the Cure, etc.)

Organization Volunteered for	Role	Length of Involvement	# of hours/month	Sponsor

<u>Previous Work Experience</u>: List previous paid work that you have done around the school or in the community (i.e. McDonalds, babysitting etc.). List your most recent job first.

Employer	Responsibilities	Skills Developed	When?

<b>Personal Interests:</b>	List anything that you do when you do have spare time. (i.e. hobbies, music	cal
instruments played, p	oetry/music composition, etc.)	

<b>Future Plans</b> : What are your plans,	both short and long term,	, for your post-secondary	education/work?
What do you hope to achieve in the	future?		

**References:** Make a list of the people (not just at school) whom you could ask for a reference from.

Person	How they know you	What they can describe about you