## **Support and Care for Families**

- After school/ evening information sessions on mental health and physical health issues that affect mental health.
- Through a partnership with Child Youth Mental Health and the Doctors of BC Child and Youth/Substance Use Collaborative Local Action Teams, created a mental health prescription pad for each zone that schools can give students and parents suggestions of where to seek out mental health support and support them through that process.
- District offers Parent Connect programs when needed and necessary.
- Safe Schools and Community Schools have outreach workers, phone lines and social media to support students who need support anonymously.
- Supporting aboriginal families with resources and materials with regards to mental health and physical wellness via our Aboriginal Education Department and our Health Schools Initiative.
- Surrey/White Rock Integrated Youth Collaborative that we are sitting on right now (Foundry model)