



Surrey Schools Student Survey Oct 2021

The purpose of this survey is to learn about your experiences in the focus areas of mental health (social and emotional well-being), racism, safety, and belonging. Your answers are important to us and will be shared with your school, our district Student Voice committee, the Board of Education and the Ministry of Education.

This survey is anonymous and your responses are important to us. No one will be able to identify who you are from your survey answers unless you choose to include your name.

There are three parts to this survey:

Part one asks for information about you,
Part two covers well-being and mental health, and
Part three is about racism.

There are 20 questions in the survey and we believe it will take approximately 6 minutes for you to complete the survey.

We value your time and look forward to hearing about your experiences.

Now let's get started!

* Required

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Information about You

This section will help us to understand a little bit more about you without knowing your name.

We are asking about your grade and the pronouns you use to help us understand the survey results and to see if there is a difference in answers based on grade level, pronouns, and more.

We will also be asking for your school name because we will send the results to your school so they can review the results of the whole district and the school together.

Students who volunteer for the district Student Voice committee will review the results as a group to help make recommendations to the district.

1. What school do you attend? *

- City Centre Learning Centre
- Clayton Heights Secondary
- Cloverdale Learning Centre
- Earl Marriott Secondary
- Elgin Park Secondary
- Enver Creek Secondary
- Fleetwood Park Secondary
- Frank Hurt Secondary
- Fraser Heights Secondary
- Grandview Heights Secondary
- Guildford Learning Centre
- Guildford Park Secondary
- Johnston Heights Secondary
- Kwantlen Park Secondary
- LA Matheson Secondary
- Lord Tweedsmuir Secondary
- North Surrey Learning Centre
- North Surrey Secondary
- Panorama Ridge Secondary
- Princess Margaret Secondary
- Queen Elizabeth Secondary
- Salish Secondary
- Semiahmoo Secondary
- South Surrey/White Rock Learning Centre
- Sullivan Heights Secondary
- SAIL (Surrey Academy of Innovative Learning)
- Tamanawis Secondary

2. What grade are you in? *

- Grade 8
- Grade 9
- Grade 10
- Grade 11
- Grade 12

3. What pronouns do you use when you refer to yourself? *

They/Them

She/Her

He/Him

Unsure at this time

Prefer not to say

Other

Mental Health and Well-Being

Mental health can be described as our state of being to be able to feel, think, and act in ways that enhance our ability to enjoy life and deal with the challenges we face. Students participating in our surveys and the Student Voice Program last year identified mental health and social-emotional well-being as an area of focus. We are interested in your perspectives and experiences.

At the end of this survey, we have provided a list of supports that all students may access if you need them.

4. Some youth like school a lot, some do not. Some youth feel safe and supported in school, some do not. Choose the options that best represent how you feel at the present time about your school. *

	All of the time	Most times	Sometimes	Rarely	Never	Prefer not to say
I like my school very much	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel like I am supported academically	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel like I am supported emotionally	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel like I can be myself at my school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5. Mental health can be described as our state of being to be able to feel, think, and act in ways that enhance our ability to enjoy life and deal with the challenges we face. When you consider your own mental health which includes your social and emotional well-being, which answer below would you use to describe it? *

- Excellent
- Very Good
- Good
- Fair
- Poor
- Prefer not to answer

6. Choose the options below that best represent how you have been feeling in school since the start of this school year. *

	All of the time	Most times	Sometimes	Rarely	Never	Prefer not to say
I have felt happy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have felt stressed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have felt safe	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have felt like I belong	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have felt like my mental and emotional health has affected my grades	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. Choose the options below that tell us how often people in your life support you. *

	All of the time	Most Times	Sometimes	Rarely	Never	Prefer not to say
I have a close friend at my school who I can talk to	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a group of friends at my school who I can talk to about my feelings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have an adult at my school I can go to when I need help	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a family member that I can talk to about my feelings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8. What things do you do to help you manage the times you feel stressed or worried? Select up to three that you make use of most often. *

- Read or write
 - Listen to music
 - Talk to my friends
 - Talk to parents, guardians or family members
 - Talk to school staff
 - Draw or paint
 - Talk to a community professional (counselor, someone at my place of worship, doctor, etc.)
 - Log in to a self-calming App or website
 - Deep breathing
 - Exercise/work out
 - Eat well
 - Sleep well
 - Engage in hobbies
 - Prefer not to say
 -
- Other

9. In the last 6 months, was there a time when you wanted to talk to someone about your mental health but you did not know where to go or who to ask? *

- Yes
- No
- Did not have any concerns in the last 6 months
- Prefer not to say

10. If you need support for your mental health or emotional health, do you have an adult you can talk to at school? *

- Yes
- No
- Maybe
- Prefer not to say

11. If your school offered more mental health and social and emotional well-being resources (like books, videos, workshops, apps, assemblies), how likely would you be to use them when you need them? *

- Yes, I would likely use the resources when I need them
- Yes, I might use them when I need them
- No, I would not use the resources
- Unsure at this time
- Prefer not to say

12. When you think of school staff that you know, do you believe that they understand the mental health needs of students? *

- All of them understand
- Most of them understand
- Some of them understand
- A few understand
- None of them understand
- Prefer not to say

13. If a friend was suffering from a mental health crisis, which of the following supports would you seek out first? Select up to three that you are most likely to seek out. *

- My principal or vice principal
- School counsellor
- A teacher at my school
- Youth care worker at my school
- Safe school liaison
- Educational assistant
- My parent/guardian
- The friend experiencing the crisis
- Another friend
- A friend's parent or guardian
- Look on-line for resources or look to social media
- Unsure
- I would not seek out support
- Prefer not to say

Other

Racism

Racism is the belief and expressed actions that a group of people are superior or inferior because of their shared characteristics (e.g. skin colour, culture or background). Discrimination is the unfair treatment of a person or group because of their identity. Unfortunately, racism and discrimination are a part of people's lived experiences. Last year, our district worked with a company who met with over 30 groups of students, staff and parents to learn more about equity and racism in our district. The company created a report that represented the voices of those who participated in the listening circles. This section of the survey includes questions that were generated out of that report.

It's important for us to know about your experiences and by completing this section, we hope to learn more. Your voice and your answers are important to us!

14. To help us understand your experiences, we would like to know more about you.

To which of the following groups do you identify as your ethnicity or cultural identity? (Check all that apply if more than one fits for you.) *

- First Nations, Metis, or Inuit
- European (French, German, United Kingdom, Polish, etc.)
- South Asian (India, Pakistan, etc.)
- Asian (Japan, Korea, China, Taiwan, etc.)
- Middle Eastern (Syria, Iran, Iraq, Palestine, Israel, etc.)
- Mexico, or South or Central American (Panama, Brazil, Chile, etc.)
- Southeast Asian (Philippines, Vietnam, Malaysia, etc.)
- Africa (Nigeria, Algeria, Egypt, etc.)
- Caribbean (Jamaica, Haiti, West Indies, Guyana etc.)
- Canadian
- Prefer not to answer
- Other

15. Do you identify as Indigenous, Black, or a Person of Colour? *

- Yes
- No
- Prefer not to say

16. Does your school have any groups or clubs or other structures where students talk about racial equity or anti-racism? *

- Yes, we have groups or clubs like this that are run by teachers
- Yes, we have groups or clubs like this that are run by students
- No, we don't have any groups or clubs like this
- Unsure
- Prefer not to say

17. Please answer the following about your experiences at school *

	All of the time	Most of the Time	Sometimes	Rarely	Never	Prefer not to say
I see racist acts at my school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I hear racist language at my school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I observe racism on social media where students from my school engage	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

18. This question will help us understand more about how your school interacts with your family and other families like yours in your community. *

	All of the time	Most of the time	Sometimes	Rarely	Never	Unsure/prefer not say
Language is a barrier for my parents and school to communicate with each other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My school communicates well with families in my community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

19. Please answer the following about your experiences at school *

	All of the time	Most of the time	Sometimes	Rarely	Never	Unsure or prefer not to say
The adults I know in my school are concerned about discrimination and acts of racism	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students I know in my school are concerned about discrimination and acts of racism	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I believe we celebrate and honour all cultures in our school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are safe spaces in my school to discuss discrimination, racism and racial equity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The adults I know in my school are well-equipped to discuss and address racism and discrimination	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would feel comfortable and heard if I needed to report incidents of discrimination or racism to adults in my school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The adults in my school take actions to address racism	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I see my culture represented in the adults who work in my school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

20. Finally, what are some ways we could include student voice in our district? *

Continue with the district student voice group with representatives from every school

District forums for students in Surrey

Student leadership workshops

Continue with surveys like this every year

Include students in creating surveys and reviewing survey results

Prefer not to answer

Other
