



Dear Parents and Guardians,

Since the suspension of in-class instruction due to the COVID-19 pandemic, digital tools have increasingly been used to connect students with their teachers and classmates. A tool that has been used significantly has been the “Teams” application within a student’s Office 365 account. Teams has allowed many students to remain connected to learning via videoconference, chat, and tools that have allowed collaboration on documents and projects.

Like all digital tools, Teams sites and Office 365 accounts are not supervised over the summer months. That’s why it’s even more important to provide these important and timely suggestions for parents:

- Place home computers in a high traffic area in the home, not your child’s bedroom.
- Set reasonable rules and guidelines for computer and mobile device use.
- Make casual checks of your child’s activity while they are using the Internet.
- Monitor the sites visited by your children through logs and bookmarks on your computer.
- Consider storing your child’s mobile device at bedtime.
- Help your child maintain a healthy balance between screen time and time spent outdoors or doing other activities.
- Maintain healthy routines such as regular bedtime and wake-up times.

Have a wonderful summer and see you in September!

