


Teens 101

The district has subscribed to Teens 101 for the 2021/2022 school year.

This service includes 13 videos and teacher's guides to help teens in grades 8 to 10 who are facing personal challenges in terms of mental health, identity, or addiction.

HOW TO ACCESS TEENS 101 VIDEOS AND TEACHER'S GUIDES

1. Go to: <https://www.magiclanternmedia.com/BCDC-Teens101>
2. Type this password: **INSIDBCDC!101**
3. Click on the video you wish to watch. Another page will open and the video will begin playing.
4. Click on  beside the video to download the teacher's guide for that episode.



Magic Lantern Media

BC Digital Classroom

TEENS 101

I'm Not Addicted - Will's Story
You can become addicted to just about anything. It becomes a serious problem when it takes you away from the things you normally do. Some people have a predisposition to addiction and Will's story shows that anyone can fall dangerously into addiction. It started with video games addiction which was the beginning of the slippery slope that almost cost him his life. As a child, he dreamed of becoming a professional baseball player. He could never imagine that at the age of 17 he would be living on the streets addicted to Crack Cocaine and near death. His remarkable story now brings so much hope to those that struggle with addiction and he now dedicates his life to helping youth.

[Watch Episode #1](#) [Download the Study Guide](#)

Don't Diss My Abilities - Michelle's Story
As a child and teenager, Michelle endured a series of events that was nothing short of soul crushing. She faced sexual abuse as a child and kept it a secret over the years. At the age of sixteen she acquired a brain disease that rendered her blind. Her so-called friends bullied her at school. She fell into a deep depression and turned to drugs, alcohol and self-harm to numb her pain but nothing seemed to help. She felt her only option was suicide. Thankfully a miraculous turn of events saved her life and now this remarkable young woman faces all her adversity with such positive energy that it's become infectious and humbling to all that know and love her.

[Watch Episode #2](#) [Download the Study Guide](#)