The Ultimate Kinder-Ready Parent!

Make your child’s kindergarten experience super-fantastic!

Discusses the weather with their child to decide together what clothing will be needed for the day.

Makes lunches with their child the night before to discuss healthy eating options and reduce morning rushes.

Checks the status of their child’s clothing at school regularly to see what needs washing or replacing.



Reads with and to their children every day.

Labels **all** belongings so they can be returned when lost. (Clothing, socks, boots, lunch dishes, backpack: Mabel’s Labels)

Plays board games with their child to develop turn taking and the art of losing with grace.

Limits screen time for children to 20-45 minutes.

Engages with other parents in the school to build the community.

Establishes regular mealtime and bedtime routines.

Has regular sit-down dinners with the family to share food, practice manners, practice conversational turn taking as everyone shares their ideas.

Establishes a routine of daily chores for their child to do (put away clean cutlery, sort socks, put away clean clothes, set the table, etc.)

Spends time outside with their child.