

FLEETWOOD PARK SECONDARY SCHOOL

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THURSDAY REVIEW



April 09, 2020
Edition: 27

Quotation Of The Week

*Tell me and I forget.
Teach me and I
remember. Involve me
and I learn.*

Benjamin Franklin



The Week Ahead

Monday, April 13, 2020	Easter Monday – School Closed, Statutory Holiday
Tuesday, April 14, 2020	
Wednesday, April 15, 2020	
Thursday, April 16, 2020	All Staff Meeting, 1:00pm, TEAMS
Friday, April 17, 2020	Tea and Tour: Postponed until further notice

Upcoming Events

Continuity of Educational Programming for Fleetwood Park Secondary Dragons continues – “At a Distance” ... students are encouraged to stay connected to your teachers/school. Please email us if you have any questions.



FYI

MINISTRY OF EDUCATION

Frequently Asked Questions (FAQs) on Continuity of Learning

April 7 | 2020



Ministry of
Education

INTRODUCTION

The [British Columbia Ministry of Education](#) is working with all 60 school districts, independent school authorities, First Nations schools and education partners to support a coordinated approach in response to COVID-19. The health and safety of school staff, students, parents and communities is the highest priority.

To ensure B.C.'s K-12 education system supports the coordinated approach, the work will be guided by a set of principles to:

- 1| Maintain a healthy and safe environment for all students, families and employees.
- 2| Provide the services needed to support children of our essential workers.
- 3| Support vulnerable students who may need special assistance.
- 4| Provide continuity of educational opportunities for all students.

Please see the latest updates from the Ministry of Education – “Frequently Asked Questions”

https://www2.gov.bc.ca/assets/gov/education/administration/kindergarten-to-grade-12/safe-caring-orderly/bc-ministry-of-education-questions-and-answers-continuity-of-learning-k-12-education_system.pdf



Kudos

Thanks to our Music Department for creating a wonderful video reminder of the Fleetwood Park Community!

Hi Friends,

We have been encouraging our musicians to spread love and joy through music. Some have experimented with *acapella* app that allows them to play along with themselves or collaborate with others! One of these optional challenges we gave them was to serenade our frontline crew at 7pm.

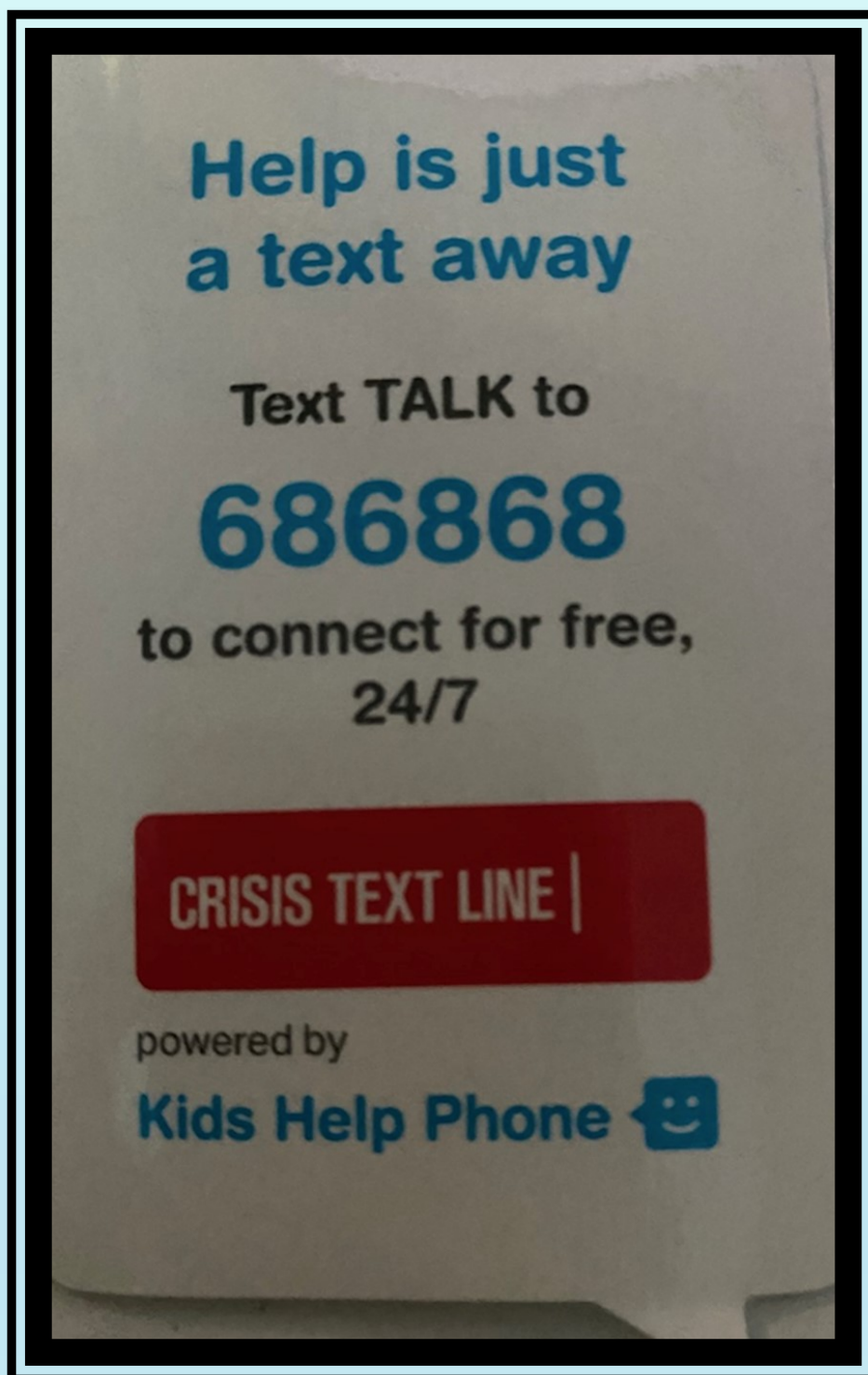
Here's an iMovie I created of some of their performances. I think it's a lovely way to show how we continue to build community beyond the walls of the school!

Thanks
Ms. Sheridan





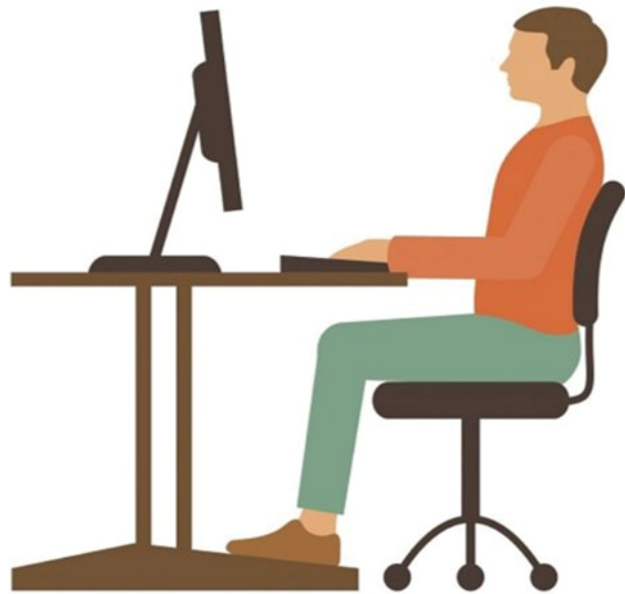
Counsellor's Corner



Health and Safety

Working Safely from Home

- Work on a stable stable surface, such as a table or desk
- Use a chair with a backrest that supports your lower back
 - Your knees should be bent at 90-120°
 - Ideally, 7-10 cm of space between the front of the chair and the back of your legs
 - Your feet should be supported on the floor or with a footrest
- Arrange keyboard and mouse so that they are at the same height and close to the front edge of your work surface
- Raise your screen so that the top is at eye level
- Take a short break every 30 minutes
- **Listen to your body and be good to yourself**



<https://www.cbc.ca/news/canada/edmonton/linda-miller-ewi-works-laptop-ergonomics-working-from-home-1.5521470>

<https://www.worksafebc.com/en/resources/health-safety/books-guides/how-to-make-your-computer-workstation-fit-you?lang=en>



“This Week at Fleetwood Park” – Principal’s Message: April 6th – 10th

Good Thursday morning Dragons,



It has been another quiet week within our Fleetwood Park Secondary building, but a challenging and busy week across our virtual community of staff and students.

Staff have spent the week reaching out to their students to establish contact, reassure students that we are here for them, and wishing our Dragons well. We have begun to build the foundation for learning for the days and weeks ahead. Teachers have been working very hard to learn new Distance Education tools and introduce them to their students. Gathering materials, and establishing technology and communication platforms were key themes for the week. In addition, teachers have also been very busy creating and compiling initial learning activities for their students. We have all been thinking deeply about how to best support the social-emotional needs of our students and community while beginning to provide instructional activities “at a distance”. This has been a week of steep learning for staff and students alike.

I would like to take a moment to thank our staff again for your dedication, flexibility and caring professionalism as we adapt to our new Distance Learning model. I would also like to recognize the patience, flexibility and perseverance of our students and parents as you make this fundamental shift within your homes. These are challenging times that require very significant shifts in teaching/learning structures. This will take time; and it will not be a simple process. Activities will develop through trial and error, and through feedback and kindness and hard work. Great work Dragons as we have moved forward over the last week. I am confident that this progress will gradually continue.



This week the Ministry of Education updated its [FAQ's regarding Continuity of education](#) document. This provided much valuable information. It was again emphasized that taking care of the health and safety of school staff, students, parents and communities is the highest priority. The following guiding principles were outlined for the K-12 education system.

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Additional information related to assessment and graduation was also included. Please see:

SECTION 4 | MARKS, ASSESSMENTS AND GRADUATION

We are aware that there are some students that will require essential learning items from your lockers. For the Health and Safety of all, we will be limiting the delivery of these items to essential materials only. Teachers will be providing as much content online as possible in order to reduce the need for additional materials from school. Please watch next week for details regarding our system for student requests for their essential items, and then the scheduling of students for retrieval of the essential items. Please note, that we are strictly focussed on essential materials; all public health protocols will be followed. This will be a limited, supervised and regulated process. This will not be an opportunity for a locker clear-out.

I wish everyone well for the long weekend and for the week ahead. Please remember, that all of our efforts in fighting COVID-19 are so important. Please maintain your physical distancing and follow these requests from our Provincial Health Officer.

1. What can everyone do to stop the spread of COVID-19?

- Every British Columbian has a role to play in reducing the spread of this virus and protecting the people we love.
- The most important things people can do to limit the spread of the virus are:
- Stay home as much as possible and limit contact with other people.
- Wash your hands frequently with soap and water, for at least 20 seconds.

Avoid touching your face.

And as I shared in a short video message from our empty hallways earlier this week ... "We miss you ... let's 'plank the curve' together... we are here for you – please stay connected... we look forward to the time that we can come back together and fill the school with Dragon Pride and excitement!... stay safe Dragons!"

Take care,

Ken



Mission Statement:

"At Fleetwood Park Secondary we value excellence in education and strive to provide a learning environment where all students are encouraged to build successful futures."

