

# Fleetwood Park Secondary School

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[www.surreyschools.ca/fltsec](http://www.surreyschools.ca/fltsec)

## Thursday Review

April 14, 2022 ~ Edition 28



EDUCATION IS SIMPLY THE  
SOUL OF A SOCIETY AS IT  
PASSES FROM ONE  
GENERATION TO ANOTHER.

*G. K. Chesterton*

SayingImages.com



“  
Quotation  
of the  
Week:”

## Looking forward to the Week Ahead:

Happy Easter

<b>Monday</b>	<b>April 18</b>	<b>* Easter Monday - No Classes</b>
Mon -Fri	April 18—22	* Earth Week Celebrations
Tuesday	April 19	*
Wednesday	April 20	*
Thursday	April 21	* Early Dismissal for Assessments at 1:53
Friday	April 22	* Grad Guest Application Due

## APRIL

Thursday	April 14	*	Band Festival at the Bell Performing Arts Centre
<b>Monday</b>	<b>April 18</b>	*	<b>Easter Monday Statutory Holiday: No Classes</b>
Mon -Fri	April 18—22	*	Earth Week Celebrations
Thursday	April 21	*	Early Dismissal for Assessments at 1:53
Friday	April 22	*	Grad Guest Application Due
Mon—Fri	April 25-29	*	Literacy 10 & 12 and Numeracy 10 Assessments
<b>Monday</b>	<b>April 25</b>	*	<b>Flex Day - Dismissal at 2:01 PM</b>
Wednesday	April 27	*	Marks Due
Thursday	April 28	*	Delivery: Dry Grad Fundraiser Flower & Plant Sale

## MAY

Tuesday	May 3	*	Reports Available
<b>Friday</b>	<b>May 6</b>	*	<b>Non-Instructional Day</b>
Mon-Wed	May 9—11	*	Spring Play Dress Rehearsals (3-7 pm)
Wednesday	May 11	*	Speech Meet (Gr. 8)
Thursday	May 12	*	Speech Meet (Gr. 10)
<b>Monday</b>	<b>May 16</b>	*	Staff Meeting 3:15pm
		*	<b>Flex Day - Dismissal at 2:01 PM</b>
		*	Spring Show Night 'Mamma Mia'
Wednesday	May 18	*	Spring Show Night 'Mamma Mia'
		*	Gauss Math Contest
Friday	May 20	*	Spring Show Night 'Mamma Mia'
<b>Monday</b>	<b>May 23</b>	*	<b>Victoria Day Statutory Holiday: No Classes</b>
Wednesday	May 25	*	Spring Show Night 'Mamma Mia'
Thursday	May 26	*	Spring Show Night 'Mamma Mia'
Friday	May 27	*	Spring Show Night 'Mamma Mia'
<b>Monday</b>	<b>May 30</b>	*	<b>Non-Instructional Day</b>
		*	<b>Grad Dinner Dance</b>

## JUNE

Wednesday	June 8	*	Summer Concert in the School Gym
Mon-Fri	June 13—17	*	Literacy 10, Literacy 12 & Numeracy Assessments
Thursday	June 16	*	Locker Cleanout
<b>Friday</b>	<b>June 17</b>	*	<b>Last Day of Classes</b>
		*	<b>Commencement</b>
Mon-Thurs	June 20—23	*	Semester Completion Days
Wednesday	June 22	*	Marks Due
		*	Flex Day—Dismissal at 2:01 pm
<b>Friday</b>	<b>June 24</b>	*	<b>Administrative Day—Schools/Close</b>
Tuesday	June 28	*	Reports Available

**KUDOS!**

To Our Fleetwood Park Secondary  
Dance Teams!!!

## Junior Bhangra Quad

Roop Dhillon, Gr. 10, Anoop Khatra, Gr.10  
Jiya Gill, Gr.9, Gurjot Dhillon, Gr.9  
**They placed 3<sup>rd</sup> at "Bhangra 604"  
dance competition last Thursday.**

Way-a-go girls!



## X Block

for their **GOLD** placement last week at 'Level Up'.

Our next competition is  
'Outbreak' on May 7th at Kwantlen Park.  
Wishing them all the best and thank you  
for representing our school so well!



# Congratulations!



## From the Music Department



### Congratulations to Band 8 !!

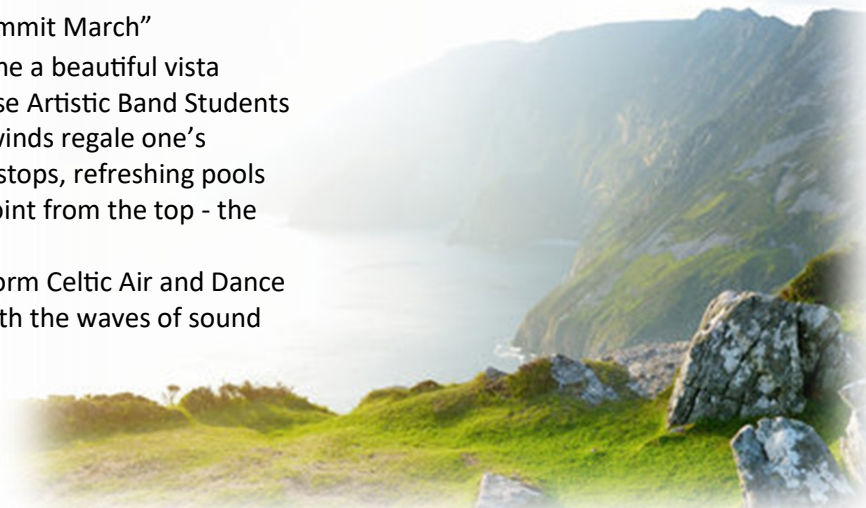
The District Festival on **Thursday April 14<sup>th</sup> 2022** is an epic opportunity for **Band 8 Students** as they showcase all their hard work they started just a couple months ago.

The District Judges wanted a story to be portrayed through the musical arts and that's what the Fleetwood Park Dragons do, resounding in the halls and live on the stage of the **BC's famous Bell Centre for the Performing Arts**. This is a first-time performance for many as we make our way through the darkest pandemic in centuries and these mature children represent FPS amazingly well despite the recent years' lack of opportunity.

### The FPS tale begins with "To the Summit March"

appropriately propelling the energy upwards – imagine a beautiful vista of the whole world at your fingertips by the time these Artistic Band Students finish "the impressive climb" – so many drums and winds regale one's Imagination with visions of nature, hills, valleys, rest stops, refreshing pools of clean water and air, As well as the ultimate viewpoint from the top - the summit – where all FPS Band Students belong!

Incredibly enough, these grade 8 musical artists perform Celtic Air and Dance as if they are all Irish! The excitement commences with the waves of sound which wash around the Emerald Isle like the Atlantic, Uncovering myths and legends, such as fairies with fantastic tales of love portrayed by almost 90 FPS Band Students – such great Artists of Sound!



See the link for a live video feed of FPS BAND STUDENTS from the famous Bell Centre APRIL 14<sup>th</sup>.

<https://surreyschoolsone.ca/concert-band-revue/>

If this link is unavailable, please see the School District/ Bell Centre website for more information.



Thank you for persevering in favour of your education despite these most challenging times – your brain growth is the healthiest among all the FPS students because of all the work you needed to do to display such super success this April 2022! You are proving to the entire education System how valuable the Arts are for learning, healing, sharing, cultural awareness, physical stamina, emotional expression, independent responsibility and what we can do together.

*Happy Easter break and Happy Ramadan to all Band Students and to the general public! Congratulations on representing FPS so very well! FPS Band Students truly are wonderful Artists of silence and sound!*

## MAY 7TH

### National Child & Youth Mental Health Day



May 7th is about building caring connections between young people and the caring adults in their lives. We know having caring, connected conversations can have a big impact on the mental health of children and youth.

As Founders of National Child & Youth Mental Health day in 2007, FamilySmart has been leading May 7th and creating opportunities for home, schools, communities and organizations to connect around our "I care about you" message. We hope you will join us this year.

#### VIRTUAL EVENTS FOR PARENTS & CARING ADULTS

##### **It's Never Too Late: Healing Parent-Child Relational Stress Using Emotion-Focused Family Therapy (EFFT)**

With **Dr. Adele Lafrance**, clinical psychologist, author, scientist, and developer of emotion-focused treatment modalities, including Emotion-Focused Family Therapy

Monday, May 2nd  
Time: 6:30pm - 7:30pm

##### **Building Connection With Our Kids When It Feels Impossible**

With **Diane Evans**, FamilySmart Parent Peer Support Worker, BC Children's Hospitals Kelty Mental Health Resource Centre.  
**Tammy Music**, Family Smart Parent Peer Support Worker, Surrey Memorial Hospital, Child & Adolescent Psychiatric Stabilization Unit (CAPSU) and Short Term Assessment Response Treatment (START) Fraser North.

Tuesday, May 3rd  
Time: 12pm - 1pm

##### **The ABCs of Substance Use and Connecting With Our Kids**

With **Cindy Andrews**, senior associate on the team leading The ABCs of Youth Substance Use, a BC government funded project focused on supporting schools,  
**Angela Lawrence**, educator and a registered clinical counsellor with SD73  
**Art Steinmann**, Senior Associate, Youth Substance Use Health Promotion, Burnaby Public Affairs.

Wednesday, May 4th  
Time: 6pm - 8pm

Join us and register for these free events at:

[www.familysmart.ca/events](http://www.familysmart.ca/events)



Our May 7th website is full of videos, resources and activities for Elementary, Middle and High Schools.

**Jack Talks** are mental health presentations delivered by young people to young people. Trained and certified youth speakers use the power of personal stories and mental health education to inspire, engage, educate, and equip young people to look out for themselves and their peers. Check out Jack.Org's Livestream: Classroom Edition and Pre-Recorded Classroom Edition to help adult allies start important mental health conversations with the young people in their lives.

**Videos and activities** to help build kids' understanding about how smart their brains and bodies are! And how sensations are our body's way of telling us how we feel and what we need. When we practice focusing on the sensations in our body, we are being mindful. Created by Karen Peters, RCC Thrive Life Counselling & Wellness

*We certainly can't do this work without the support and encouragement of people like you. We remain committed to making things better for young people with mental health challenges and their families or caring adults.*

*Thank you for being on this journey with us - and for allowing us to be on your journey with you.*

[may7icare.ca](http://may7icare.ca)



JOHNNY'S  
HEART OF GOLD  
INVITATIONAL

## New Health & Safety Guidelines: What You Need to Know On Your First Day Back

March 27, 2022



As spring break comes to a close, students will be returning to the classroom under [new Provincial COVID-19 Communicable Disease Guidelines for K-12 Settings](#). Here's what you need to know about the updated guidelines when returning from March break:

**Daily Health Checks** should continue to be practiced by students, staff and parents. If you feel unwell, stay home.

**Masks are no longer required in indoor settings**, though students and staff may continue to wear a mask as a personal choice. This choice will be supported and treated with respect in all our schools. Disposable masks will continue to be available at our sites for those that wish to use them. For those that have travelled outside of Canada, please ensure you follow [federal travel guidance](#), including wearing a [well-constructed and well-fitting mask](#) when in public spaces, both indoors and outdoors for 14 days following entry into Canada.

**Hand Hygiene should also be practiced.** Be sure to diligently wash your hands with soap and water, and make use of an effective hand sanitizer.

**Visitors are allowed at schools again.** Schools can return to routine sign in/out practices and do not need to keep a list of names, visiting dates and contact information of visitors for communicable disease prevention purposes. Check with your school on visitor protocols.

**School Gatherings remain permitted at 50% capacity indoors** until the PHO Gatherings and Events Order is lifted. Spectators may attend gatherings and events such as theatre productions, sports games and tournaments within capacity limits. Proof of vaccination is not required to attend school-led gatherings and events. Check with your school on how they will begin transitioning to in-person gatherings.

**Classroom arrangements may return to previous learning environment configurations** that best meet student needs and preferred educational approaches. Schools should still consider strategies to create space between students.

**Field trips are permitted.** Schools should avoid venues/locations that place additional requirements that could prevent anyone from being able to participate.

Schools should continue to create a supportive school environment, including utilizing a trauma-informed lens when planning school activities.



## Coping With Student Anxiety As COVID-19 Restrictions Are Lifted

March 30, 2022



With many provincial COVID-19 restrictions lifted and [updated measures](#) in effect at schools following spring break, some students may be feeling anxious or overwhelmed.

These feelings are valid and important to acknowledge, and we've compiled some guidance on how to cope and the importance of being mindful of others' comfort levels.

As per the most recent Provincial Health Officer guidelines, students and staff are no longer required to wear masks in school, which may be jarring for students who aren't ready to remove their masks just yet. **Masks are a personal choice and this choice will be respected at all of our sites.** (*Note: Daily health checks, frequent hand hygiene and respiratory etiquette should still be practiced on a regular basis.*)

"There may be students who choose to keep wearing their masks at school, others may face peer pressure to remove them," said Selma Smith, director of instruction of continuous learning.

"This is a great opportunity to have conversations with children and youth about peer pressure."

In general, anxiety is a fear of the unknown and a discomfort with a lack of control over external factors. With regard to the pandemic, student anxiety could stem from multiple factors, such as fear of the disease itself, loss of loved ones or the idea of an extended isolation, and these may take time to work through as restrictions lift.

If a student would like to remove their mask but feels uncertain, they may want to do so gradually by starting with individuals and small groups before building up to being maskless in classes and large groups. Parents are encouraged to discuss mask usage with their children to address any concerns and help alleviate their stress and fear. Some examples of ways to support your child include:

- Listening to your child's concerns
  - Validating their emotions while focusing on ways to stay safe
  - Emphasizing what they can control
  - Keeping conversations open and candid so your child may come to you if they encounter other situations in the future
  - Asking your child what they have heard, seen and experienced at school or in the community
- Students may also experience changes in their self-esteem with the removal of masks. If their level of worry interferes with sleep, school or their social lives, consider reaching out to a mental health care professional, school counsellor or other trusted adult for support.

For managing mental health issues, the district has a [series of animated videos](#) for elementary and secondary students on coping with stress and anxiety. These are available in Punjabi, Mandarin, Arabic and French, as well as English.

For more information on the latest restrictions, see the [Provincial COVID-19 Communicable Disease Guidelines for K-12 settings](#). For additional mental health resources, visit [surreyschools.ca/mentalhealth](https://surreyschools.ca/mentalhealth).

'intheknow'

# Information and Support

For families and caring adults who  
are parenting a child or youth with  
mental health and/or substance  
use challenges.

EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'.  
WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT  
HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR  
UNDERSTANDING AND CONNECTION WITH OUR KIDS.

## A Conversation for Families About Digital Wellbeing and Mental Health

As parents, we struggle with balancing our children's time spent in the digital world and what we consider the real world. It's not easy to know how much time on technology is too much and how to set boundaries that don't create conflict. Join us for a conversation with a digital wellbeing expert to learn some practical solutions to our everyday concerns and challenges around our kids' use of screens and their mental health.

Come together with other families for a facilitated discussion by Parent Peer Support Workers.

## Dates (BC Time):

April 4, 2022 at 6:30pm  
April 12, 2022 at 5:00pm  
April 20, 2022 at 12:00pm  
April 26, 2022 at 6:30pm  
April 28, 2022 at 5:00pm

Cost: Free of Charge

Registration Required: [www.familysmart.ca/events](http://www.familysmart.ca/events)

[familysmart.ca](http://familysmart.ca)





## Daily Health Check and What to Do When Sick

### Daily Health Check

Everyone going into to school must complete a daily health check, including staff, visitors, and students. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include things like:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- Diarrhea
- Cough
- Sore throat
- Sneezing
- Body aches
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting

If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools.

You can attend school if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities,

AND you are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

### What to Do When Sick

If you have mild symptoms of COVID-19, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about [Rapid Antigen Test results](#).

If you do not have symptoms of COVID-19, you do not need a test.

If you are unsure about your symptoms, you can use the [Self-Assessment Tool](#), contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on [who testing is recommended for](#).



## Fleetwood Park Secondary Dry Grad

**April 14, 2022 Update**



### Active Fundraisers

#### Growing Smiles Spring Flower & Plant Sale

(online orders)

**Order Dates . . . . . April 3 — April 13**

**Delivery/pick up Date April 28**

<https://fleetwoodparkdrygrad.growingsmilesfundraising.com>



#### Neufeld Farms *Featuring BBQ & Dessert Menu Items*

(on line orders) \* see the flyer on the next page

**Order Dates . . . . . April 21 — May 4**

**Delivery Date . . . . . May 13**

<https://app.neufeldfarms.ca/fundraising/2022-fleetwood-park-secondary-dry-grad/ref/em>

<https://app.neufeldfarms.ca/fundraising/2022-fleetwood-park-secondary-dry-grad/ref/sm>



### Our Next Meeting:

**Monday April 11 @ 7pm via Zoom.**

To join and receive link for this meeting please email:

[drygradfleetwoodpark@gmail.com](mailto:drygradfleetwoodpark@gmail.com)

Please also see the letter regarding current status of Dry Grad and upcoming fundraising on the school website under the **'Parents' tab / Graduation Information.**

Thank you.

Dry Grad Committee

View our Gourmet Foods by scanning the QR code below  
All of your favorites are just a click away...



## Fleetwood Park Secondary Dry Grad NEUFELD FARMS FUNDRAISER

Orders In By: May 4 2022, end of day  
Pick up: May 13th 2022, 4:00 pm



<https://app.neufeldfarms.ca/fundraising/2022-fleetwood-park-secondary-dry-grad>

[www.neufeldfarms.ca](http://www.neufeldfarms.ca)

<https://app.neufeldfarms.ca/fundraising/2022-fleetwood-park-secondary-dry-grad/ref/em>  
<https://app.neufeldfarms.ca/fundraising/2022-fleetwood-park-secondary-dry-grad/ref/sm>

BACK BY POPULAR DEMAND

EMPOWER SURREY

# Parent Workshops

LEARN HOW TO

## KEEP KIDS SAFE FROM CRIMINAL/GANG LIFE

BY EMPOWERING ACTION AND REDUCING RISK

DATE	SCHOOL	6 - 8 PM
Tue, Apr 19	Tamanawis Secondary School (Punjabi Session)	
Wed, Apr 27	Sunrise Ridge Elementary School	
Thur, May 5	A.H.P. Matthew Elementary School	
Tue, May 10	Ecole Salish Secondary School	
Tue, May 17	Georges Vanier Elementary School	
Wed, May 25	Beaver Creek Elementary School (Punjabi Session)	
Tue, May 31	L.A. Matheson Secondary School	
Wed, Jun 1	Pacific Heights Elementary School	
Tue, Jun 7	Bonaccord Elementary School	

## Topics:

- Local gang facts
- Risk factors and warning signs
- Prevention strategies:
  - How to build protective factors
  - How to develop and maintain strong connections
- Understanding youth slang
- Where to get help

TO  
REGISTER  
VISIT

[empowersurrey.ca](http://empowersurrey.ca)

FACILITATED BY:  
City of Surrey Community Safety Section

SUPPORTED BY:  
Surrey School District 36  
Surrey Anti-Gang Family Empowerment (SAFE) Program Clinical Counsellors - SFU  
Combined Forces Special Enforcement Unit (CFSEU) BC





## SUMMER LEARNING GRADES 8 - 12

🏠 [SURREY SCHOOLS](#) > [DEPARTMENT DIRECTORY](#) > [CONTINUOUS LEARNING](#) > [SUMMER LEARNING](#) > [GRADES 8 - 12](#)

### Summer Learning 2022

[www.surreysummer.ca](http://www.surreysummer.ca)

Online registration opens April 4 at 8:00 am

Link: <https://sd36.vivosforms.com/Form/SummerLearning>

The Surrey School District has thousands of students spending the weeks of July and August in school every year.

1. Full Credit - full content courses.
2. Remedial - courses for students who have taken the course already and want to increase their knowledge or better their mark.
3. LEAD Program\*
4. Transitions - for students going from grade 7 to grade 8\*
5. Adult Learners - courses will be available at Invergarry Continuing Education. Registration is done manually. Please review the Adult Learners documents below.



*\* Only for Surrey School District students who are referred by their home school and meet the criteria to be enrolled in the summer programs.*

Summer School is provided free of charge to students who normally reside in British Columbia. International students and students from other provinces and territories in Canada are charged a fee at the time of registration. \$900 per full credit course, \$500 per remedial course. Fees can be paid by calling the Summer Learning Office.

Please review the documents below for more details regarding courses, dates, times and registration processes.



# "This Week at Fleetwood Park"

**April 14, 2022**

Good morning Dragons!

Happy Vaisakhi! Welcome to another edition of "This Week at Fleetwood Park". We have a shorter couple of weeks at school with the statutory holiday on Friday and Monday. We wish our students and staff a happy weekend filled with devotion, reflection, compassion, mercy and love. 😊



This week has been focused on planning our school systems for next school year. The Administration and staff of the school have been absorbed in building our draft timetable for 22/23 and initiating processes related to future staffing. Thank you to our Staff Committee members for meeting with me under short notice, for a review of our Round 1 Transfer assignments. We will also be able to share several positions that will be available prior to Round 2. Great thanks also go out to all of our Department Heads for your leadership in liaising between your colleagues and the Admin team. Your feedback and context are very helpful for us as we build next year's board.

My highlight this week has been the opportunity to spend some quality time observing within our BASES classroom. I have been so impressed with the positivity and caring culture that supports our exceptional students. We are very proud of the rich, highly engaging and meaningful program that we have built for our students in our Special Education Department. Well done team!

On Tuesday, I had the chance to attend the Metro Vancouver Principal's conference. It was an opportunity to hear and learn from other schools, other systems and discuss Secondary school transformation. Very interesting conversations... and important work. Schools across the province should be very proud of the work we have done supporting our students over the past 2 years of pandemic. I noted that there are several common themes across Metro: supporting students' and staff mental health, utilizing the technological skills that have been recently developed, cautiously and sensitively reintroducing traditions through a trauma-informed lens, rebuilding a sense of community after 2 years of division and isolation, and trying to find a balance with the work that we do and our own health and wellbeing. All very important topics for educators to consider as our schools and communities move forward.

This Wednesday, our Grade 10 and 12 students participated in the annual Ministry of Education Student Learning surveys. Students completed the survey using their own personal devices within their classrooms. All grade 10 and 12 students have been given the link to the survey, and are strongly encouraged to complete the short questionnaire. Parents/guardians and staff are also encouraged to complete the survey at the following link:

[https://legacy.surreyschools.ca/schools/fltsec/NewsEvents/Newsletters/Documents/2022%20Learning%20Survey%20Parent%20Letter%20\(Direct%20Access\).pdf](https://legacy.surreyschools.ca/schools/fltsec/NewsEvents/Newsletters/Documents/2022%20Learning%20Survey%20Parent%20Letter%20(Direct%20Access).pdf)

We will review the results of the survey as we consider future goals and areas of growth for the school over the years ahead. Thank you to everyone for your feedback.

Our Student Learning Plan Committee met again this week to continue our conversation about our inquiry question and future initiatives for the school. Our group has been focusing on goals and strategies related to Personal and Social Responsibility and the emotional support of our students. This is directly aligned with conversations that are happening across the province and our efforts to re-establish strong communities and healthy students and staff after 2 years of challenge. All staff are invited to join this working group. Our focus will be narrow and manageable, and we are excited about defining specific learning intentions and interventions that support our students. Our goal will be to publish the beginning stages of this work this Spring.

Work on our Welcome Post began this week. The sound of the chainsaw reverberated across our campus as the first steps of this creative transformation commenced. Very exciting. In the weeks and months ahead, we will be having our students/classes witness and participate in the creative process. The theme of community and unity will be woven into the project and into our conversations. The creation and installation of this Welcome Post is such a significant event for our school community. Great thanks to the many people who have helped support the project and to Master Carver Mr. Brandon Gabriel.





This week we received some excellent news. We will be able to proceed with the planning and implementation of our graduation activities. Commencement, Dinner-Dance and Dry Grad will be organized again this year... and in a much more traditional model. Our Grad committee of staff and students have begun to consider our options, and our parent volunteer Dry Grad committee will be able to move forward with their tentative plans. This is a very significant decision, and one that I am sure will be celebrated by our graduating students and their families. Much more detail to be shared in the coming weeks as our plans come together.

Speaking of forward planning, we also spent time this week thinking about how we can work together in more flexible and holistic ways in support of our Special Needs students in the future. We look forward to exploring new models of collaboration and staffing structures. This is a time of change; and we will move forward with transparency, consultation and deep respect for our students and staff.

Our students have greatly appreciated the picnic tables provided by the Parent Advisory Council this year. Thank you to the PAC for this contribution to our school community. Please note that our next PAC Meeting will be on April 25<sup>th</sup> at 7:00pm in our Library. All parents/guardians are invited to join us.



Parents/guardians, students and staff are reminded that it is a long weekend. We will see you back at school on Tuesday morning. Be safe, be happy, enjoy your time with family and friends.

Yours in education,

Ken



...





## Kindness ...

**Uplifts, heals, brings us together  
and also has health benefits.**

“I’ve learned that people  
will forget what you said,  
people will forget what you did,  
but people will never forget  
*how you made them feel.*”

Maya Angelou  
1928 - 2014



## Daily Bell Schedule 2021 - 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25
<b>Period A</b> 8:30 - 9:52	<b>Period B</b> 8:30 - 9:52	<b>Period C</b> 8:30 - 9:52	<b>Period D</b> 8:30 - 9:52	<b>Rotation</b> 8:30 - 9:52
<b>Period B</b> 9:57 - 11:19	<b>Period A</b> 9:57 - 11:19	<b>Period D</b> 9:57 - 11:19	<b>Period C</b> 9:57 - 11:19	<b>Rotation</b> 9:57 - 11:19
<i>LUNCH</i> 11:19 - 11:59	<i>LUNCH</i> 11:19 - 11:59	<i>LUNCH</i> 11:19 - 11:59	<i>LUNCH</i> 11:19 - 11:59	<i>LUNCH</i> 11:19 - 11:59
<b>Period C</b> 12:04 - 1:26	<b>Period D</b> 12:04 - 1:26	<b>Period A</b> 12:04 - 1:26	<b>Period B</b> 12:04 - 1:26	<b>Rotation</b> 12:04 - 1:26
<b>Period D</b> 1:31 - 2:53	<b>Period C</b> 1:31 - 2:53	<b>Period B</b> 1:31 - 2:53	<b>Period A</b> 1:31 - 2:53	<b>Rotation</b> 1:31 - 2:53

FLEX DAYS	FRIDAY ROTATION			
	<b>SEPT</b>	<b>OCT</b>	<b>NOV</b>	<b>DEC</b>
Period A 8:30 - 9:39				
Period B 9:44 - 10:53	10 Mon	1 Thur	5 Thur	3 Wed
Period C 10:58 - 12:07	17 Tue	8 Mon	12 Pro D	10 Thur
Lunch 12:07 - 12:52	24 Wed	15 Tue	19 Mon	17 *FLEX DAY *dismissal at 2:01
Period D 12:52 - 2:01		22 Pro D	26 Tue	
		29 Wed		
Mon, Sept 20	<b>JAN</b>	<b>FEB</b>	<b>MAR</b>	<b>APR</b>
Mon, Oct 25	7 Tue	4 Mon	4 Thur	1 Tue
Mon, Nov 29	14 Wed	11 Tue	11 Mon	8 Wed
Fri, Dec 17	21 Thur	18 Wed	18 School closed	15 Good Friday
Mon, Jan 31		25 Pro D	25 Spring Break	22 Thur
Mon, Feb 28				29 Mon
Mon, Mar 28				
Mon, Apr 25	<b>MAY</b>	<b>JUNE</b>		
Mon, May 16	6 Pro D	3 Mon		
Wed, Jun 22	13 Tue	10 Tue		
	20 Wed			
	27 Thur			

## Our Mission Statement:

*“At Fleetwood Park Secondary we value excellence in education and strive to provide a learning environment where all students are encouraged to build successful futures.”*

