

FLEETWOOD PARK SECONDARY SCHOOL

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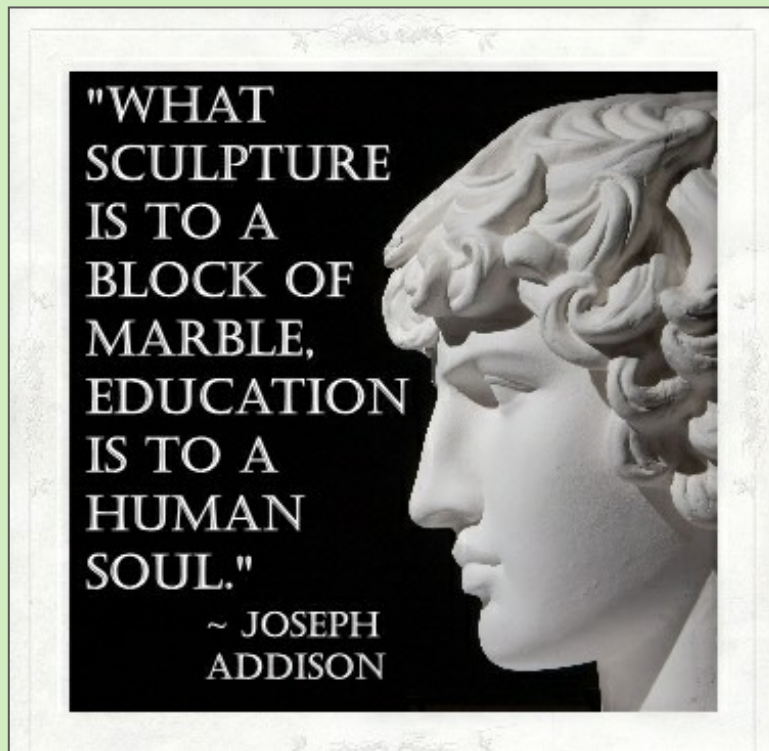


THURSDAY REVIEW



April 23, 2020
Edition: 29

Quotation Of The Week





The Week Ahead

Monday, April 27, 2020	
Tuesday, April 28, 2020	
Wednesday, April 29, 2020	
Thursday, April 30, 2020	All Staff Meeting, 1:00pm - TEAMS
Friday, May 1, 2020	Non-Instructional Day

Upcoming Events

Continuity of Education will continue at a distance for all Fleetwood Park students and staff.

All students are encouraged to stay in touch with your teachers, and please let us know if you have any questions. We will do everything that we can to ensure that you feel supported and connected to your classes and school. Take care, stay safe everyone!



Advanced Placement Exam Updates

AP Exam Updates

I hope this finds you all well. There have been many questions around AP Exams, and I hope I have addressed most of them below:

Will AP Exams be held this year?

Yes; however, they will be done online, and likely at home if schools continue to be closed to the public. The College Board will send instructions on how the online exams will be administered. The College Board will communicate to students through their AP accounts which have already been set up at <https://myap.collegeboard.org>.

Are there any changes to the exam format or schedule?

Yes. Exam schedules and formats will be different than in past years. To view the new exam schedule and format, please visit <https://apcoronavirusupdates.collegeboard.org/educators/taking-the-exams/ap-exam-schedule>. Scroll down in the link to view the exam format for each specific subject.

I am doing them at home? Can I use my notes? Is there any security here?

Exams will be open book. For information on exam security and policies, please visit <https://apcoronavirusupdates.collegeboard.org/educators/taking-the-exams/security>.

How can I prepare for these adjusted exams?

The College Board is currently offering free online classes to prepare for the exams. For more information, please visit <https://apcoronavirusupdates.collegeboard.org/educators/course-schedule>.

Will post-secondary institutions accept these changes?

The College Board is assuring everyone that post-secondary institutions will accept the results from this year's exams just as they have with previous years' exams. However, it would be wise to contact individual post-secondary institutions for confirmation of this.

Other questions?

Please contact your AP teacher or visit these links:

<https://apcoronavirusupdates.collegeboard.org/educators/taking-the-exams>

<https://apcoronavirusupdates.collegeboard.org/faqs>

I've changed my mind about writing. Can I opt out?

Students have been asking if they can opt out of this year's exams without financial penalty. The answer is **YES**. If a student wishes to opt out, please email Mr. Johnson (johnson_derron@surreyschools.ca) by **Thursday, April 30**. Your exam fees will be refunded in full. (Those of you who have already opted out will receive the rest of your fees back.) This refund process will take some time, so we appreciate your patience.

Thank you for your time, and best of luck to those of you preparing for these important exams. Stay safe and healthy.

Mr. Johnson



In The News

[Superintendent Messages](#)

Surreyschools.ca

Posted: April 20, 2020

Message to parents, secondary students & Class of 2020 from Supt. Jordan Tinney

Please see this important [video message](#) for parents and students, particularly those in our secondary schools, as we head into the fourth week of the suspension of in-class instruction.

"I wanted to send out this message so that parents and students know that for the graduating class of 2020, we are thinking of you, and for all learners, keep going, your learning matters and we still need you to keep building the foundations upon which we rely so that you can be successful in the years ahead," says Supt. Jordan Tinney. "To the Grads of 2020, keep learning, keep working, and the reason that we are practicing social distancing and that we are not permitted to gather is so that your parents, your friends and family and your grandparents can be at your side celebrating your successes not just today and in June, but for years ahead."

Written transcripts of the full video message are available in [English](#), [Chinese](#) and [Punjabi](#).

You can also visit <https://www.surreyschools.ca/coronavirus> to view the video, transcripts and other information and resources.

Thank you! We appreciate your understanding and ongoing efforts as we work together to prevent the spread of COVID-19.

Counsellor's Corner



The "Stigma-Free Society" has created a Stigma-Free COVID-19 Youth Wellness Toolkit, located at <https://stigmafreetoolkit.com>.

The site has activities for youth and teens, parent resources, and live events aimed at mental health and wellness. The site is regularly updated to provide ongoing support for families.

Ms. Porter, Counsellor

Fleetwood Park Secondary School

Health and Safety

CORONAVIRUS, FLU, COLD?

As the number of coronavirus cases rise, some key differences set coronavirus apart from the seasonal flu and the common cold — mainly the intensity of the symptoms and the recovery period. A guide at identifying the differences in the three conditions. All three, however, are spread by air-borne respiratory droplets and contaminated surfaces

CORONAVIRUS	SEASONAL FLU	COMMON COLD
Onset: Sudden	Onset: Abrupt	Onset: Gradual
Symptoms <ul style="list-style-type: none"> ■ Fever ■ Dry cough ■ Muscle ache ■ Fatigue Less common symptoms <ul style="list-style-type: none"> ■ Headache ■ Coughing up blood (haemoptysis) ■ Diarrhoea 	Symptoms <ul style="list-style-type: none"> ■ Fever ■ Dry cough ■ Muscle ache ■ Headache ■ Sore throat ■ Runny or stuffy nose Less common symptoms <ul style="list-style-type: none"> ■ Fatigue ■ Diarrhoea ■ Vomiting 	Symptoms <ul style="list-style-type: none"> ■ Runny or stuffy nose ■ Sneezing ■ Sore throat Less common symptoms <ul style="list-style-type: none"> ■ Low grade fever ■ Muscle or body ache ■ Headache ■ Fatigue
Incubation: 1-14 days, may go up to 24 days	Incubation: 1-4 days	Incubation: 2-3 days
Complications: 5% cases (acute pneumonia, respiratory failure, septic shock, multiple organ failure)	Complications: 1% cases (including pneumonia)	Complications: Extremely rare
Recovery: 2 weeks (mild cases); 2-6 weeks (severe cases)	Recovery: 1 week (mild cases); 2 weeks (severe cases)	Recovery: 1 week for most cases; may last as long as 10 days
Treatment or vaccine No vaccines or anti-viral drugs available; only symptoms can be treated	Treatment/vaccine An annual seasonal flu vaccine is available	Treatment/vaccine No treatment, but doctors advise treating symptoms

WHAT THIS MEANS If you have a stuffy/runny nose or are sneezing, you likely DO NOT have coronavirus

SEVEN KINDS OF CORONA

Seven strains of coronavirus (CoV) that infect humans have been identified. These cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV)

Harmless

- Serotype 229E
- Serotype OC43
- Serotype NL63
- Serotype HKU1

These cause symptoms of the common cold, and rarely cause severe pneumonia

Dangerous

- These are known to cause more severe disease. These are:
1. **Sars-CoV** which causes severe acute respiratory syndrome (Sars)
 2. **Mers-CoV** was that causes Middle East respiratory syndrome (Mers)
 3. **Sars-CoV2** that causes coronavirus disease (Covid-19)

The unknowns of Sars-CoV2

Sars-CoV2 is closely related (with 88% identity) to two bat-derived Sars-like coronaviruses (bat-SL-CoV-ZC45 and bat-SL-CoV-ZXC21) collected in 2018 in Zhoushan, eastern China. It has 79% genetic affinity with Sars-CoV, 50% with Mers-CoV

The Sars-CoV2 receptor-binding domain structure, which allows a virus to latch on to and enter a cell, is similar to Sars-CoV, despite amino acid variation at some key residues. Little is known about Sars-CoV2, studies on Sars-CoV provide clues to its behaviour and ability to infect

On smooth surfaces such as tables, phones etc, Sars-CoV retains its viability for 5 days at 22-25°C and relative humidity of 40-50%, which is typical for air-conditioned rooms. Though this may vary for Sars-CoV2, experts say this is a good indicator for its behaviour



“This Week at Fleetwood Park” – Principal’s Message: April 20th – 24th

Good morning Dragons,




I'd like to begin this week's Principal's Message by recognizing and thanking our school's clerical staff. This week we celebrated Administrative Professionals Day. The day recognizes the work of secretaries, administrative assistants, receptionists, and other administrative support professionals. Central to all that we do, our team keeps our school organized and efficient and moving forward. They are an incredible support for us all. During these times of "WFH" and uncertainty, I am reminded daily of their strengths and the value they provide our entire community. Happy Administrative Professionals Day to Ms. McCabe, Ms. Wellington, Ms. Shipley, Ms. Lyons, Ms. Kooner, Ms. Anderson, Ms. McMorris, and Ms. Sammartino – thank you for all you do. We look forward to the time that we can gather again and resume the normalcy of school-life!

Happy Administrative
Professionals Day

Thank You

for the tremendous
job you do for us!





Over the past week our teachers and support staff have continued to develop learning activities and resources for remote learning. Our students have continued to engage in their learning “at a distance”. Parents/Guardians have continued to directly support and assist their children. This fundamental shift in education has required everyone to work together and to teach and learn in very different ways. We cannot do this alone, and the partnership and communication between the school and the home has never been more important. We will all continue to learn, and adjust, and expand our abilities together. It is such a time of massive change, uncertainty and growth. With this, I would like to again extend my thanks and gratitude to all Dragons for your perseverance, patience and flexibility during this extraordinary time of crisis. Way to go Dragons!!



THANKS
FOR
BEING
AWESOME



This week our teachers have begun to prepare April mid-term report cards. As outlined earlier [in my note to the community](#):

Students in grades 8-12 will receive grades in April as per the school's regular reporting cycle. Grades on the April report card will be based primarily on assessment of learning that happened prior to spring break. Teachers, at their discretion, will use assessment of learning after spring break as long as it doesn't penalize students. We understand that for a variety of circumstances (inability to connect with teachers, lack of technology, family stress or hardship, other), some students may not have engaged in, or demonstrated learning as they might have if there was no pandemic.

During this time of remote learning, teachers will prioritize the essential competencies that students are learning and the assessment of these. They will determine what is most beneficial for students and what can be accomplished in a remote learning environment.

All students are encouraged to maintain contact with your teachers/courses while working from a distance. Please reach out to your teachers, counsellors, administration, and/or school if you have any questions or require additional supports.

Report Cards will be published online through the MyEdBC Portal on May 1st.

Thank you to all of our teachers for your additional time, energy and expertise in carefully preparing these mid-term report during such a unique and intense time. We all greatly value your professionalism and caring support of our students and our school community. Our students are very fortunate.

Students, you are again reminded to please stay in contact with your teachers, and stay engaged in your learning. We know it is very challenging to learn from a distance while not having the direct motivation and structure of a typical school day. It isn't easy to maintain active learning from afar. We will do all that we can to provide a manageable and meaningful continuity of programming for you and provide you the support you need to continue to learn. Again, please reach out to us if you require assistance or guidance. We are in this together!

All the best for your Friday and weekend ahead. Please remember to practice social distancing, wash your hands, don't touch your face, cough into your sleeve, avoid non-essential travel... take care, stay safe.

Ken



FLEETWOOD PARK SECONDARY SCHOOL

DAILY BELL SCHEDULE 2019-2020

Monday	Tuesday	Wednesday	Thursday	Friday
Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25
Block A 8:30 - 9:50	Block B 8:30 - 9:50	Block C 8:30 - 9:50	Block D 8:30 - 9:50	Rotation 8:30 - 9:50
Block B 9:55 - 11:15	Block A 9:55 - 11:15	Block D 9:55 - 11:15	Block C 9:55 - 11:15	Rotation 9:55 - 11:15
LUNCH 11:15 - 11:55	LUNCH 11:15 - 11:55	LUNCH 11:15 - 11:55	LUNCH 11:15 - 11:55	LUNCH 11:15 - 11:55
Block C 12:00 - 1:20	Block D 12:00 - 1:20	Block A 12:00 - 1:20	Block B 12:00 - 1:20	Rotation 12:00 - 1:20
Block D 1:25 - 2:45	Block C 1:25 - 2:45	Block B 1:25 - 2:45	Block A 1:25 - 2:45	Rotation 1:25 - 2:45

FLEX DAYS	FRIDAY ROTATION			
Period 1 8:30-9:32	SEPT	OCT	NOV	DEC
Period 2 9:37-10:39	06 - Wednesday	04 - Monday	01 - Wednesday	06 - Tuesday
Period 3 10:44-11:45	13 - Tuesday	11 - Tuesday	15 - Monday	13 - Wednesday
Lunch 11:45-12:25	20 - Monday	18 - Monday	22 - Thursday	20 - Thursday
Period 4 12:30-1:33	27 - Thursday		29 - Monday	
Monday, Sept. 23	JAN	FEB	MAR	APR
Monday, Oct. 28	10 - Monday	07 - Monday	06 - Thursday	03 - Tuesday
Monday, Nov. 25	17 - Tuesday	14 - Tuesday	13 - Monday	17 - Monday
Friday, Dec. 20	24 - Wednesday	28 - Wednesday		24 - Wednesday
Monday, Jan. 27	31 - Thursday			
Monday, Feb. 24				
Monday, Mar. 30	MAY	JUNE		
Monday, Apr. 27	08 - Monday	05 - Wednesday		
Monday, May 11	15 - Tuesday	12 - Thursday		
Wednesday, Jun. 24	22 - Monday	19 - Monday		
	29 - Monday			

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www.surreyschools.ca/schools/fltsec



Mission Statement:

"At Fleetwood Park Secondary we value excellence in education and strive to provide a learning environment where all students are encouraged to build successful futures."

