

FLEETWOOD PARK SECONDARY SCHOOL

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THURSDAY REVIEW



April 25, 2019
Edition: 30

Quotation Of The Week:

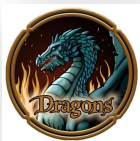


“

I'm a teacher. A teacher is someone who leads. There is no magic here. I do not walk on water. I do not part the sea. I just love children.

Marva Collins,
Educator

edutropia



The Week Ahead:

Monday , April 29, 2019	Flex Day/ Staff Meeting/ PAC Meeting
Tuesday , April 30, 2019	Surrey District Junior Science Challenge
Wednesday , May 1, 2019	
Thursday , May 2, 2019	
Friday , May 3, 2019	Non-Instructional Day, Classes not in session

Upcoming Events:

May 13 – 17 Cancer Awareness Week
 May 13 - Flex Day
 May 16 – Math 8 Honours Assessment
 May 20 – Victoria Day, Statutory Holiday, Classes not in session
 May 22 – Measles Immunization Clinic
 May 27 – Non-Instructional Day, Classes not in session
 May 28 – May 31 “Into the Woods” Drama Production

Field Trips:

Date	Time	Teacher	Destination
Thur. May 02, 2019	9:00 am—2:00 pm	Kelsey Bryant	Quarry Rock
Fri. May 03, 2019	9:00 am—11:00 am	Caleb Robinson	Kwantlen Polytechnic University, Langley

This Week at Fleetwood Park - Principal's Message: April 15th – 19th

It is Education Week in British Columbia. I would like to take this opportunity to thank all Fleetwood Park Secondary staff for your caring professionalism and kind support of our students. I would also like to recognize our many community partners, parents/guardians and the many friends of the school for all you do to contribute to the growth and success of our school community. Thank you. Together we do important work and make a difference in the lives of many! Well done Dragons!

EDUCATION WEEK



Time to Celebrate – It's Education Week!

In case you haven't heard, April 22-26 is Education Week in B.C. Hats off to all the amazing educators, school administrators, support staff and other partners for helping to build a better, brighter future for all of our province's students.

> Read the Education Week op-ed from Minister Rob Fleming



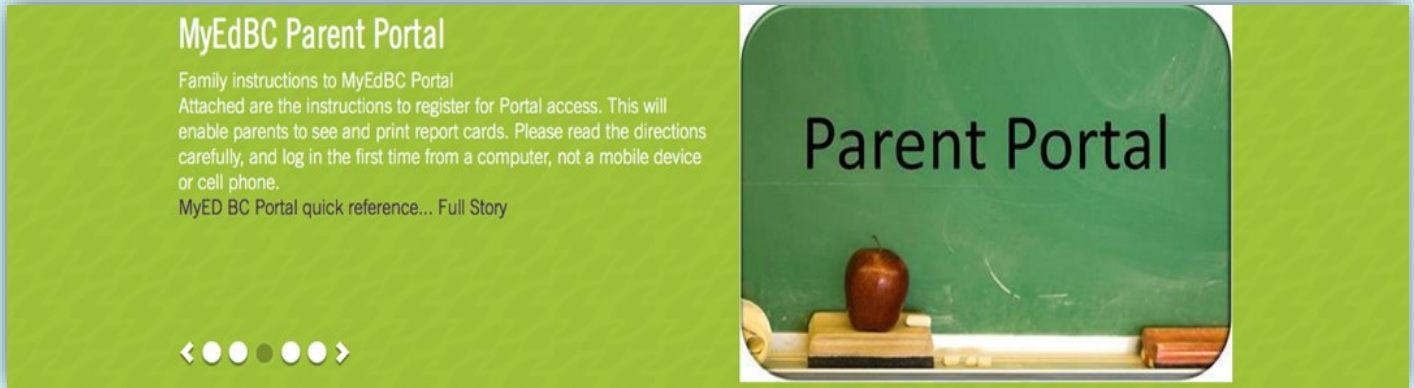


Last Thursday evening, our Graduating class of 2019 celebrated together on our annual Dry Grad Boat Cruise. Our students were excellent ambassadors for the school. The evening was a great success! Thank you to the Dry Grad organizing committee for your work in making this event possible.



We returned on Tuesday after a long Easter weekend. Our week began with our English Language Learners completing their annual English Language assessment. Thank you to Mr. McLoughlin and our LST Department for your work in coordinating this large assessment.

On Wednesday, the mid-term Report cards were made available online through the MyEdBC Family portal. All parents/guardians are strongly encouraged to log into your account and download your child's report card. Please see our website for [login/account information](#).



On Wednesday evening, the school and District hosted the Fraser Health Authority for their Vaping Information presentation. We had a large turnout of parents/students for the presentation and learned more about the health, social and legal implications and the marketing strategies related to vaping. It was very informative. This was an opportunity to raise awareness of our concerns related to this issue; and to remind our community that we will work together to minimize the impacts of vaping at Fleetwood Park Secondary.



"Is vaping nicotine-free e-juice safe?"

Studies have found that many vaping products labelled "nicotine-free" still contain nicotine. Inhaling nicotine-free vapour is still a health concern.

"Isn't the cloud produced when vaping just water vapour?"

Once e-juice is heated, a number of toxicants are created. Many of these are cancer-causing.

- Heavy metals: nickel, lead and chromium



- Carbonyls : formaldehyde, aldehyde
- Tobacco nitrosamines
- Volatile organic compounds (VOCs): benzene, toluene, ethanol, and alcohol
- Polycyclic aromatic hydrocarbons ({PHAs}: group of more than 100 chemicals {e.g. Benzo[a]pyrene})
- Tiny particles (particulate matter): mixture of all solid and liquid particles

If you are around friends who vape, the cloud exhaled exposes you to chemicals that are not safe to breathe.



"Isn't vaping safer than smoking cigarettes?"

Vaping is less harmful than tobacco products such as cigarettes, but **it is not harmless.**



There are still significant health concerns with vaping given the presence of chemicals, toxic compounds, and nicotine.

The long-term health effects of vaping are currently unknown. Short-term health effects are increased coughing and wheezing, inflammation of the lungs and increased heart rate.

Vaping products can explode and cause fires that may result in burns and injuries.

QUICK FACTS ABOUT PODS / MINI PODS

- Aerosol is not harmless
- Have high nicotine content—highly addictive
- Flavours appeal to youth
- Easy to hide and use
- May look like a USB or a flash drive
- Could recharge on a USB port
- Sometimes called "Juuling" or "Breezing"





Tomorrow will be a busy Friday at the school. We will recognize the WorkSafeBC Day of Mourning.... In memory of those who have lost their lives as a result of a workplace accident or occupational disease. It is a very important reminder to our youth about the importance of workplace safety. With this, our Health and Safety Committee will be meeting in the morning to review safety at Fleetwood Park Secondary.



I will be hosting our final Grade 7 Parent “Tea and Tour” group in the morning and am looking forward to meeting our incoming Dragon families. This is an opportunity to showcase the school answer questions and celebrate the Fleetwood Park Secondary community.





Tomorrow at lunch I will also be hosting our next “Lunch with the Principal” student forum. Again, it will be another valuable opportunity for me to gather feedback directly from our students and consider future directions for our school. I always enjoy these conversations and look forward to meeting another group of Dragons!

In the afternoon, the school is hosting guest speaker Russ Peak for a special assembly for our Grade 9 and 10 students. Russ will speak about the importance of school culture, student leadership and citizenship. I am told that Russ is a powerful speaker, and that our students will find his presentation to be very engaging.

I would like to close by wishing our front office staff a Happy Administrative Professionals Day! Your support of our students and staff is essential to the functioning and well-being of our school community... we couldn't do it without you! Thank you!

Have a great day tomorrow. All the best for a happy and restful weekend.

Ken





Fleetwood Park Secondary School

Daily Bell Schedule

2018-2019

Monday	Tuesday	Wednesday	Thursday	Friday
Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25
Block A 8:30-9:50	Block B 8:30- 9:50	Block C 8:30-9:50	Block D 8:30- 9:50	Rotation 8:30- 9:50
Block B 9:55-11:15	Block A 9:55-11:15	Block D 9:55-11:15	Block C 9:55- 11:15	Rotation 9:55- 11:15
LUNCH 11:15- 11:55	LUNCH 11:15- 11:55	LUNCH 11:15- 11:55	LUNCH 11:15- 11:55	LUNCH 11:15-11:55
Block C 12:00-1:20	Block D 12:00- 1:20	Block A 12:00-1:20	Block B 12:00- 1:20	Rotation 12:00 - 1:20
Block D 1:25- 2:45	Block C 1:25- 2:45	Block B 1:25 - 2:45	Block A 1:25- 2:45	Rotation 1:25- 2:45

FLEX DAYS	FRIDAY ROTATION			
Period 1 8:30-9:32	SEPT	OCT	NOV	DEC
Period 2 9:37-10:39	07 Monday	05 Thursday	02 Monday	07 Wednesday
Period 3 10:44-11:45	14 Tuesday	12 Wednesday	16 Tuesday	14 Thursday
Lunch 11:45-12:25	21 Wednesday	26 Tuesday	23 Wednesday	21 Monday
Period 4 12:30-1:33	28 Monday		30 Thursday	
Monday, Sept 17	JAN	FEB	MAR	APR
Monday, Oct 29	11 Monday	01 Monday	01 Thursday	05 Monday
Monday, Nov 26	18 Wednesday	08 Tuesday	08 Monday	12 Tuesday
Friday, Dec 21		15 Wednesday	15 Tuesday	26 Wednesday
Monday, Jan 28				
Monday, Feb 25	MAY	JUNE		
Friday, March 15	10 Thursday	07 Thursday		
Monday, Apr 29	17 Monday	14 Monday		
Monday, May 13	24 Tuesday	21 Wednesday		
Wednesday, June 10	31 Wednesday			

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