

FLEETWOOD PARK SECONDARY SCHOOL

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THURSDAY REVIEW



December 16, 2021
Edition: 15

Quotation Of The Week



Kindness is
like snow. It
beautifies
everything it
covers.



The Week Ahead

Monday January 3, 2022	School Re-Opens
Tuesday January 4, 2022	
Wednesday January 5, 2022	
Thursday January 6, 2022	
Friday January 7, 2022	

Upcoming Events

January 3rd—School Re-opens

January 24th—Department Head Meeting

January 24th—28th—Literacy and Numeracy Assessments

January 27th—28th—Semester 1 Completion Days

January 31st—Semester2 begins

January 31st—Staff Meeting - 3:15pm

January 31st—PAC Meeting - 7:00pm

January 31st—Flex Day—Dismissal at 2:01pm





In The News:

[Tsumura Basketball 2021: Surrey's surprising Fleetwood Park Dragons take third, while Churchill, Abby, MacNeill, Claremont and STM complete the rest of our boys Great 8! – Varsity Letters](#)

Tsumura Basketball 2021: Surrey's surprising Fleetwood Park Dragons take third, while Churchill, Abby, MacNeill, Claremont and STM complete the rest of our boys Great 8!



Fleetwood Park Grade 10 guard Inder Deol can feel the defensive presence of Sir Winston Churchill's Paolo Murphy (21) and Kai O'Donnell during the 3rd-4th game on Saturday at Tsumura Basketball Invitational. (Photo by Howard Tsumura property of Varsity Letters 2021. All Rights Reserved)

LANGLEY — Here's a look at the games which determined third to eighth at this season's Tsumura Basketball Invitational which wrapped up Saturday at the Langley Events Centre.

THIRD-FOURTH FLEETWOOD PARK 78 SIR WINSTON CHURCHILL 66

LANGLEY — Surrey's unranked Fleetwood Park Dragons, nursing a 54-53 lead after three quarters against Vancouver's No. 5-ranked Sir Winston Churchill Bulldogs, hit three threes as part of a 15-3 fourth-quarter run on their way to a 78-66 victory.

"It's a really big thing for our guys," said Dragons' assistant coach Zoel Thibault of his team's third-place finish, in terms of building a team identity on the provincial scene. "We've been talking about improving with time and our mantra has been that if we can create enough whispers, over time, those whispers become some noise. This was a lot of fun for our guys, and we want to keep building. We have a lot to do still."

Guard Isaiah Young led the winners with 28 points, while forward Eesher Sarai added 26 more. Grade 10 guard Inder Deol scored 11.

Churchill, ravaged by injury, got 20 points from Paolo Murphy, 17 from Jackson Bryson, and 14 from Grade 10 guard Luka Subotic.







Health and Safety








WHAT HAPPENS IF A STUDENT GETS SICK?

Extra health and safety measures, like handwashing, learning groups, masks, daily health screens, and increased cleaning, will reduce the spread of COVID-19 and help keep schools safe.

IF A STUDENT SHOWS ANY COVID-19 SYMPTOMS AT SCHOOL..

-  The child waits in an isolated room
-  The school contacts parents or guardians to take the child home
-  Staff clean and disinfect exposure areas
-  The school notifies public health officials

THEN PUBLIC HEALTH..

-  Contact traces to identify potential COVID-19 exposures
-  May recommend testing
-  May recommend 14-day isolation if necessary
-  Gets in touch with close contacts
-  Provides follow-up recommendations as needed, which may include suspending in-class learning

Parents will be notified if their child has been in contact with a COVID-positive person and needs to self-isolate. Students will receive learning support while self-isolating.

learn more at backtoschool.gov.bc.ca



BRITISH COLUMBIA	
DAILY HEALTH CHECK	
KEY SYMPTOMS OF ILLNESS	WHAT TO DO
Fever (above 38°C)	If yes to 1 or more of these symptoms: Stay home and get a health assessment.
Chills	
Cough	Contact a health care provider or 8-1-1 about your symptoms and next steps.
Difficulty breathing	
Loss of sense of smell or taste	
OTHER SYMPTOMS	WHAT TO DO
Sore throat	If yes to 1 symptom: Stay home until you feel better.
Loss of appetite	
Headache	If yes to 2 or more of these symptoms,: Stay home for 24 hours.
Body aches	
Extreme fatigue or tiredness	
Nausea and vomiting	If symptoms don't get better or get worse, get a health assessment; contact a health care provider or 8-1-1 about your symptoms and next steps.
Diarrhea	
INTERNATIONAL TRAVEL:	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	If yes: All students and staff who have travelled outside of Canada are required to follow both provincial and federal requirements for entry. This includes students who are attending school from abroad. Students from outside of Canada should verify their entry status at least two weeks before they are scheduled to attend school. Additional information is available here .
CLOSE CONTACT	WHAT TO DO
Have you been contacted by public health and notified that you are a close contact of a person confirmed to have COVID-19?	If yes: Please follow the instructions provided by Public Health. You can call 8-1-1 anytime to get advice about how you are feeling and what to do next. Pay attention to how you are feeling. If it becomes harder to breathe, you can't drink anything or feel much worse, seek urgent medical care at an urgent care clinic or emergency department.

Check your symptoms with the [K-12 Health Check](#). If you have any questions, or the symptoms get worse, contact your healthcare provider, or call 8-1-1. For more information on COVID-19, please go to www.bccdc.ca.

Note: If you develop severe symptoms, such as difficulty breathing (e.g. struggling to breathe or speaking in single words), having a very hard time waking up, confusion, or severe chest pain, call 9-1-1 or go to the nearest Emergency Department.

If you develop symptoms such as mild to moderate shortness of breath, inability to lie down because of difficulty breathing, or have chronic health conditions that you are having difficulty managing because of difficulty breathing, Please consult your family doctor or nurse practitioner. You can call 8-1-1 anytime to talk to a nurse at HealthLinkBC and get advice about how you are feeling

Please check BCCDC's [Symptoms of COVID-19](#) regularly to ensure the list is up to date.



Health & Safety

LET'S KEEP OUR SCHOOL SAFE

We are excited to welcome visitors and spectators back into our school



Please **keep your mask on** at all times and ensure it covers your nose.



Please respect other's personal space and **maintain a distance of 6 feet** when possible.



Sign in on the provided sheet. This is important for contact tracing purposes.



Wash/sanitize your hands regularly, including upon entering and exiting the school, and when touching various surfaces.



If you begin experiencing any symptoms of COVID-19, please **leave the venue immediately**.



Please only attend the areas of the school that are relevant to the purpose of your visit.

Please conduct a daily health check before entering our school. To review the health check form, please scan this QR Code:



For more information, please go to: surreyschools.ca/covid19





INTERNATIONAL TRAVEL AND SCHOOL



With some international borders now open to non-essential travel, ensure you know the requirements and restrictions for students and staff travelling outside of Canada, including to the United States and Mexico, as they pertain to returning to school.

Those who are not fully vaccinated and travel outside Canada must follow all federal testing and quarantine requirements. For students, this includes not attending school for 14 DAYS following their return, according to federal travel guidance around COVID-19. This applies to travel by land, air or sea, regardless of negative COVID test results.

This 14-day attendance restriction also applies to:

- day cares and camps
- settings with vulnerable people (i.e. long-term care facilities)
- large crowded indoor or outdoor settings (i.e. amusement parks, sporting events)
- crowded public transportation that does not ensure physical distancing and masking

Unvaccinated or partially vaccinated students should not return to school within 14 days following international travel, regardless of who they travel with or if they receive a negative PCR test result. There are exemptions for travel as part of cross-border custody agreements. For more information on this exemption, please visit [here](https://travel.gc.ca/travel-covid).



Please note, travel rules and restrictions are subject to change. It is the responsibility of staff and students/families to review the latest federal guidance. For the latest information, visit travel.gc.ca/travel-covid

DECEMBER 2021



F.Y.I.:



mindup For Schools



BRITISH
COLUMBIA

Ministry of
Education

In partnership with the Ministry of Education, MindUP has developed 2 courses to support adult well-being.



MindUP for Adults: Self-Care and Well-being

Take the course now at: bcadults.mindup.org

This short course was developed with a focus on all adults (parents, administrators, educators, community members) to help you develop knowledge and skills to support your personal well-being. You will be introduced to the research and science around stress management and well-being and provided with simple strategies to help you manage stress and support your mental well-being across many areas of your life—work, home, and beyond.



MindUP For Educators: The Science and Practice of Self-care and Mindful Teaching

Take the course now at: bceducators.mindup.org

This course designed for adults working in education will introduce you to the research and science around well-being and mindful teaching through the lens of MindUP's four pillars - neuroscience, mindful awareness, social and emotional learning, and positive psychology. This course will offer you opportunities to learn, reflect and develop strategies to help you manage stress and support your mental well-being.

Already a MindUP School or Educator?

You will find these courses in your course dashboard

<https://member.mindup.org/courses-overview/>

For more information on our new MindUP Interactive Online Platform where you can find these courses and many more

visit

MINDUP.ORG





F.Y.I.:



Support
FPSS Dry Grad 2022

Christmas Tree Chipping,
Bottle & Clothing Drive

Saturday January 8th, 2022
10am to 2pm

156th and 80th Ave

Can't make the time & date?
Email us with your address and we will
come pick the bagged donation up!

Christmas
Tree
Chipping
By
Donation



drygradfleetwoodpark@gmail.com

**Happy
Holidays**

The Grads of 2022 thank-you for your support

**F.Y.I.:**

Weather-related closures, class cancellations and delayed school openings



In the event of inclement weather, we want to remind families, students and staff about where to find information and how we make decisions to cancel classes, delay school openings or alter bus service due to weather.

All schools in the Surrey School District will remain OPEN if at all possible, except under extreme circumstances.

HOW ARE DECISIONS MADE?

The Surrey School District covers a large geographic area, so conditions at individual school sites may vary. A variety of factors are considered before a decision is made, including:

- Road, sidewalk, school and parking lot conditions;
- Issues such as power outages and other emergent matters.



Designated staff members travel predetermined routes to assess conditions, and a recommendation to close schools or cancel buses is discussed with key district personnel, as well as neighbouring school districts. Student and staff safety are always our top priority.

WHEN WILL I KNOW?

A decision to close or delay opening schools districtwide will be made by 7 a.m. at the latest, based on the best information available at that time.



HOW WILL I BE INFORMED?

Except under extreme circumstances, no announcement will be made that schools are open. Only cancellations, closures or delayed school openings will be announced. We will communicate this information as soon as it's available through:



@Surrey_Schools



surreyschools.ca



SurreySchools



Metro Vancouver media



FAMILIES ALWAYS HAVE A CHOICE

Student safety is our first priority and a shared responsibility. Parents may choose to make other arrangements if they don't feel it's safe to travel to school. Student absences under these circumstances will be excused. Parents should contact the school if a student will not be attending.



F.Y.I.:

Mark your calendars! Our schools reopen on Monday, January 3 after winter break



The holidays are just around the corner and everyone is undoubtedly looking forward to a restful winter break! But as we ring in the new year, it's important to remember **our schools reopen on Monday, Jan. 3.**

Each school district sets its own calendar based on several factors, including instructional minutes and local collective agreements with employee groups. As such, school calendars often vary between districts. For instance, last year our final day of school was June 25 while most surrounding districts weren't finished until the following week.

Reminder: Don't forget to set your alarm clocks for Monday, Jan. 3 – you don't want to sleep in on the first day of school!



"This Week at Fleetwood Park" – Principal's Message: December 13th – 17th

Season's Greetings Fleetwood Park!

We are in the final week before our Winter Break, our students and staff are working hard, learning new curriculum and enjoying the festive season. Everyone is engaged in school-life and also looking forward to the break. Re-establishing our "near normal" school environment, re-building school culture, adjusting to the ever-changing requirements of the pandemic safety guidelines, meeting the needs of 1605 full-time, face-to-face students has kept us very busy. We truly are in a strange and challenging time. The importance of a steady, supportive, safe and positive school environment has never been more important. Our staff make a difference each and every day and our students are very grateful for all the opportunities we can provide. For this, I am truly thankful for our Dragon community.





This past week has been full of special holiday celebrations and traditions and important learning. Last Friday, Operation Smile hosted our first Mario Kart Tournament. We welcomed numerous students to the event... and raised funds for cleft palate medical aid. An important cause, supported with a fun extracurricular competition!



On Monday evening, our Dragon Tales Theatre Company hosted its first evening performance of "Little Women". The show is running all week long, and has been such an important project for our Drama students. Congratulations to Mr. Rossiter and all cast and crew for your dedication, talent and hard work!





The Tuesday morning snowfall made the commute and school start-up very interesting! Great thanks to all students and staff for your perseverance and patience as we adjusted class coverage.

Just as we settled into our morning, we lost power for about an hour and a half. Again, great patience and cooperation was required from our school community as we sat in place, remained in

our first period's classroom, and waited for the power to return. Eventually we were back in action and our day continued.



On Wednesday morning we enjoyed a long-standing school tradition by holding a breakfast Staff meeting. This provided us a chance to review the first four months of the school year, reflect on how things have unfolded this semester for the school, and recognize the amazing dedication and caring professionalism of our staff. I would like to thank our Cafeteria Teacher Chef De Vet and Chef's Assistant Barbosa and all of our Cafeteria students for catering this morning's meeting.

Covid-safe individual packaging and distribution and a delicious meal to start our day were greatly appreciated. Your help and early morning preparation meant so much and directly contributed to the culture of our school. Thank you all so much.



This morning started with our monthly Health and Safety meeting. As we reviewed the photos of semester 1 at our Wednesday morning Staff Meeting, I was reminded of the care and deliberation that has gone into the current systems and safety guidelines. Moving toward “near normal” has required much time, thought and systems planning. Our school’s Health and Safety committee is an important part of this process. Thank you to all members for your input.

This afternoon we held the Winter Locker clean-up. Spending a few minutes cleaning lockers before the Winter Break is an important task. Great thanks to all students for ensuring your lockers are clean and ready for the break. It is especially important that all food items have been removed. This is one final reminder to students to please make sure your locker is clean, and nothing is left behind over the break that will be “unpleasant” to clean up in the new year.



Tomorrow is the last day of classes before the Winter Break. We wish all staff and students a restful and joyous holiday season. We hope your days are filled with rest, recuperation, happiness and giving.

See you again on January 3rd as we return for the final push of Semester 1.

Take care, stay safe. Enjoy.

Ken



CARE & COMPASSION

Kindness...

- Uplifts
- Heals
- Brings us together
- Has health benefits

"I've learned that people
will forget what you said,
people will forget what you did,
but people will never forget
how you made them feel."

Maya Angelou
1928 - 2014





FLEETWOOD PARK SECONDARY SCHOOL

DAILY BELL SCHEDULE 2021-2022

Monday	Tuesday	Wednesday	Thursday	Friday
Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25
Period A 8:30 - 9:52	Period B 8:30 - 9:52	Period C 8:30 - 9:52	Period D 8:30 - 9:52	Rotation 8:30 - 9:52
Period B 9:57 - 11:19	Period A 9:57 - 11:19	Period D 9:57 - 11:19	Period C 9:57 - 11:19	Rotation 9:57 - 11:19
LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59
Period C 12:04 - 1:26	Period D 12:04 - 1:26	Period A 12:04 - 1:26	Period B 12:04 - 1:26	Rotation 12:04 - 1:26
Period D 1:31 - 2:53	Period C 1:31 - 2:53	Period B 1:31 - 2:53	Period A 1:31 - 2:53	Rotation 1:31 - 2:53

FLEX DAYS	FRIDAY ROTATION			
Period A 8:30 - 9:39	SEPT	OCT	NOV	DEC
Period B 9:44 - 10:53	10 Mon	1 Thur	5 Thur	3 Wed
Period C 10:58 - 12:07	17 Tue	8 Mon	12 Pro D	10 Thur
Lunch 12:07 - 12:52	24 Wed	15 Tue	19 Mon	17 * FLEX DAY * dismissal at 2:01
Period D 12:52 - 2:01		22 Pro D	26 Tue	
		29 Wed		
Mon, Sept 20	JAN	FEB	MAR	APR
Mon, Oct 25	7 Tue	4 Mon	4 Thur	1 Tue
Mon, Nov 29	14 Wed	11 Tue	11 Mon	8 Wed
Fri, Dec 17	21 Thur	18 Wed	18 School closed	15 Good Friday
Mon, Jan 31		25 Pro D	25 Spring Break	22 Thur
Mon, Feb 28				29 Mon
Mon, Mar 28				
Mon, Apr 25	MAY	JUNE		
Mon, May 16	6 Pro D	3 Mon		
Wed, Jun 22	13 Tue	10 Tue		
	20 Wed			
	27 Thur			



Mission Statement:

"At Fleetwood Park Secondary we value excellence in education and strive to provide a learning environment where all students are encouraged to build successful futures."

