

Fleetwood Park Secondary School

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Thursday Review

February 24, 2022 ~ Edition 23



Quotation of the Week



"Think like a queen. A queen is not afraid to fail. Failure is another stepping stone to greatness."

- Oprah Winfrey



The Week Ahead:

Monday	February 28	<ul style="list-style-type: none">* Flex Day-Dismissal at 2:01 pm* Staff Meeting at 2:15 pm on TEAMS* PAC Meeting at 7:00 pm on ZOOM* Registration for Parent/Teacher Interviews
Tuesday	March 1	<ul style="list-style-type: none">* Registration for Parent/Teacher Interviews
Wednesday	March 2	<ul style="list-style-type: none">*
Thursday	March 3	<ul style="list-style-type: none">* Parent Teacher Interviews: Virtual Early Dismissal 1:53pm
Friday	March 4	<ul style="list-style-type: none">* Block Rotation: DCBA





Upcoming EVENTS

MARCH

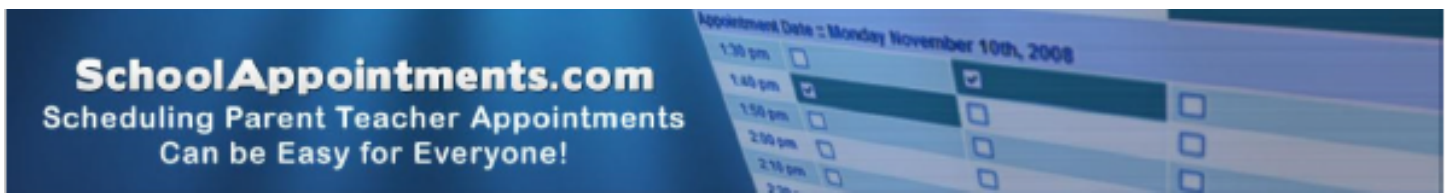
March 7	*	Gr. 10 students receiving their Gr. 9 Immunizations
March 9	*	Valedictorian Applications Available
March 14 - 25	*	School Closure Days / Spring Break
March 28	*	Flex Day - Dismissal at 2:01 PM
March 30	*	Interim Reports

APRIL

April 5	*	Euclid Math Contest
April 6	*	Mock Interviews
April 15	*	Good Friday Statutory Holiday: No Classes
April 18	*	Easter Monday Statutory Holiday: No Classes
April 18—22	*	Earth Week Celebrations
April 21	*	Early Dismissal for Assessments at 1:53
April 22	*	Grad Guest Application Due
April 25-29	*	Literacy 10 & 12 and Numeracy 10 Assessments
April 25	*	Flex Day - Dismissal at 2:01 PM
April 27	*	Marks Due

MAY

May 3	*	Reports Available
May 6	*	Non-Instructional Day
May 9—11	*	Spring Play Dress Rehearsals (3-7 pm)
May 11	*	Speech Meet (Gr. 8)
May 12	*	Speech Meet (Gr. 10)
May 12—13	*	Spring Play Matinees (During School Hours)
May 16—20	*	Summer Jazz Night
	*	Spring Show (3-10pm—Start show at 6:30)
May 16	*	Department Head Meeting 3:15pm
	*	Flex Day - Dismissal at 2:01 PM
May 18	*	Gauss Math Contest
May 23	*	Victoria Day Statutory Holiday: No Classes
May 30	*	Non-Instructional Day
	*	Grad Dinner Dance
May 31	*	Staff Meeting 3:15pm



Parent Instructions for VIRTUAL PARENT / TEACHER INTERVIEWS Thursday, March 3rd, 2022

2:30 pm – 7:00 pm



Meeting will be on Microsoft Teams

You will NOT be able to access the program until
10:00 am on Monday, February 28th, 2022

Parents can begin booking appointments from
10:00 am on Monday, February 28th until 11:00 pm on Tuesday, March 1st

Teachers will contact you by email with your Virtual Meeting Link

Go to our school appointments web site: <http://fleetwood.schoolappointments.com>

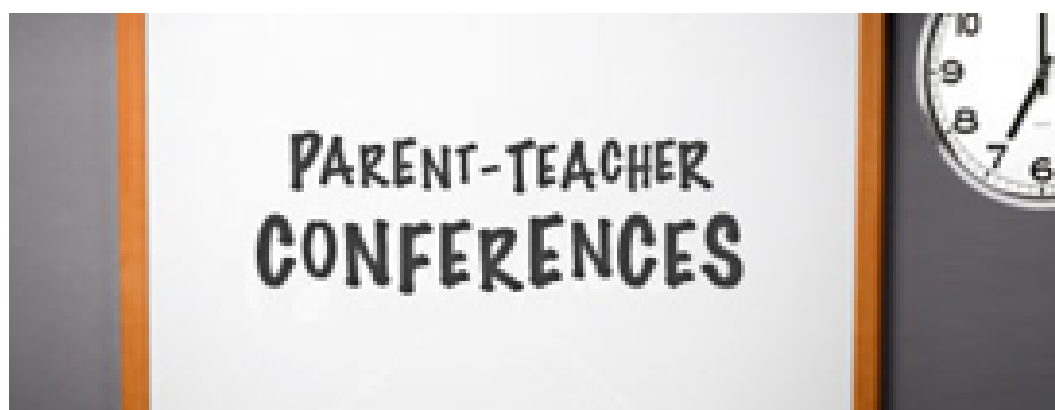
1. Under "CANADA" click on: Fleetwood Park Secondary, Surrey BC
2. Register for an account by clicking the "CLICK HERE TO REGISTER" menu tab (under the **LOGIN**) and filling in the on-line form. Choose a user id and password for yourself and then click the "Register Now" button.
3. Add your children into the system by clicking the "Add a Student" button. Click "Insert New" button to add more children.
4. Click the "date" icon beside each child's name to schedule appointments. Select the staff you wish to book appointments with and the "View Calendars" button. Use the "Ctrl" or "Command" key to select multiple staff to view the same time.



BELL SCHEDULE for PARENT TEACHER INTERVIEW DAY

Thursday, March 3, 2022

8:30 - 9:37	BLOCK D
9:42 - <u>10:49</u>	BLOCK C
10:54 - 12:01	BLOCK B
12:01 - 12:41	Lunch
12:46 - 1:53	BLOCK A
1:53	STUDENT DISMISSAL
2:30 - 4:00	Parent Teacher Conferences Session 1
5:00 - 7:00	Parent Teacher Conferences Session 2



Students raise awareness and lift each other up for Pink Shirt Day

Wednesday, February 23, 2022



Pink Shirt Day is back, encouraging students across the district and the country to show kindness to one another and put an end to bullying in schools. The annual event began in 2007 as a small act of kindness by several Nova Scotia students after witnessing a Grade 9 classmate get bullied for wearing a pink shirt.

The students wore their own pink shirts and distributed others to the boys in the school, kicking off an international movement to take a stand against bullying, intimidation and harassment

The Georges Vanier Elementary Diversity Club created this display for Pink Shirt Day. This year's event encourages students to Lift Each Other Up and stand up to bullying.

For the third consecutive year, Pink Shirt Day has followed the motto *Lift Each Other Up*, inspiring students to collectively raise their spirits and support one another. A few schools have already started their acts of kindness, including Grade 4 Fraser Wood Elementary [students who made artwork with encouraging messages](#) after learning the origins of Pink Shirt Day and North Surrey Secondary students and staff who [put up displays](#). Princess Margaret Secondary is celebrating all week with [Anti-Bullying Week](#), encouraging students to wear school clothing and colours yesterday (to "show we're on the same team!"), pink shirts today and multicultural clothing on Thursday for a Multicultural Day.

While Pink Shirt Day is just one day out of the year, its message serves as a reminder to exemplify kindness and care towards each other year-round. For more information, visit www.pinkshirtday.ca

What to do if you or someone you know is being bullied

Bullying comes in many forms, whether online or at school, and it's important for students, parents and staff to be aware that not all bullying is obvious or visible.

According to the Surrey Schools [Protecting Surrey Students Together \(PSST\) website](#), some signs to look for if you think your child or a friend is being bullied include:

- disliking school
- having few to no friends
- lack of focus
- being quiet, withdrawn or gloomy
- being difficult or argumentative
- having unexplained injuries
- low self-esteem
- becoming easily frustrated

Some students who are getting bullied may not feel comfortable talking about it, but it's important that parents, teachers and friends maintain open communication so they may feel safe to come forward and share what they're going through.

Students are encouraged to report unsafe behaviour to trusted adults such as parents, teachers and counsellors. The district's Safe School Liaisons can provide secondary students with help if they are being harassed, and **students and parents can also anonymously report unsafe or concerning incidents through the [PSST 'Report It' page](#).**

For more resources on bullying and other student safety issues, visit psst-bc.ca

Daily Health Check and What to Do When Sick

Daily Health Check

Everyone going into to school must complete a daily health check, including staff, visitors, and students. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include things like:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- Diarrhea
- Cough
- Sore throat
- Sneezing
- Body aches
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting

If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools.

You can attend school if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities,

AND you are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

What to Do When Sick

If you have mild symptoms of COVID-19, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about [Rapid Antigen Test results](#).

If you do not have symptoms of COVID-19, you do not need a test.

If you are unsure about your symptoms, you can use the [Self-Assessment Tool](#), contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on [who testing is recommended for](#).

Updated guidelines for Daily Health Checks and attending school



Wednesday, January 26, 2022

Education has released an updated [Daily Health Checks and What To Do When Sick](#) resource. It is important that everyone, including students, staff and visitors, continues to assess how they are feeling before going to school, to protect our communities and prevent the spread of COVID-19.

The online [K-12 Health Check App](#) can assist in performing your daily health check. Check for the following symptoms of illness and COVID-19:

- o Fever or chills
- o Difficulty breathing
- o Runny nose
- o Headache
- o Diarrhea
- o Cough
- o Sore throat
- o Body aches
- o Loss of sense of smell or taste
- o Loss of appetite
- o Extreme fatigue or tiredness
- o Nausea or vomiting

Here's what to do if you or someone in your household has symptoms:

If you are sick or feel unwell, stay home. This is important to prevent the spread of illness and COVID-19 in schools.

If you have mild symptoms, stay home until you feel well enough to return to your regular activities and no longer have a fever. Avoid non-essential visits to higher risk settings such as long-term care facilities for another five days after feeling better. (You may attend school if your symptoms are consistent with a previously diagnosed health condition, such as seasonal allergies.)

If you have a Rapid Antigen Test, take it if you have symptoms:

- o If your result is negative, COVID-19 was not detected. However, it is possible that you may have COVID-19. Self-isolate until your symptoms improve.
- o If your result is positive, self-isolate at home for the following durations, based on your age and vaccination status:
 - Under 18 + Fully Vaccinated, Partially Vaccinated or Unvaccinated: Self-isolate at home for five days AND until your symptoms improve and you no longer have a fever.
 - 18 or Older + Fully Vaccinated: Self-isolate at home for five days AND until your symptoms improve and you no longer have a fever.
 - 18 or Older + NOT Fully Vaccinated: Self-isolate at home for 10 days AND until your symptoms improve and you no longer have a fever.

If you still have symptoms, continue to isolate if you still have a fever or are not feeling better.

If you are unsure about whether to get tested, use the [Self-Assessment Tool](#) or contact your healthcare provider or 8-1-1 to determine if you should seek a COVID-19 test.

If someone in your household is sick and/or self-isolating, you may attend school as long as you do not have any symptoms of illness and feel well. Monitor yourself (or your child) for symptoms and stay home if you feel unwell.

The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone five and older. Register now at getvaccinated.gov.bc.ca

Golden Rules for Everyday Life



Get vaccinated



Respect personal space



Follow guidelines



Consider people's situations
& comfort levels



If sick, stay home



Clean your hands



Check before you travel



It's always safer
outdoors

Our circumstances are all unique. But the things we can do to keep each other safe and support each other are the same. Follow these basics and do your part to bring us all back together again.



Stay Informed:
www.gov.bc.ca/RestartBC | 1-888-COVID19



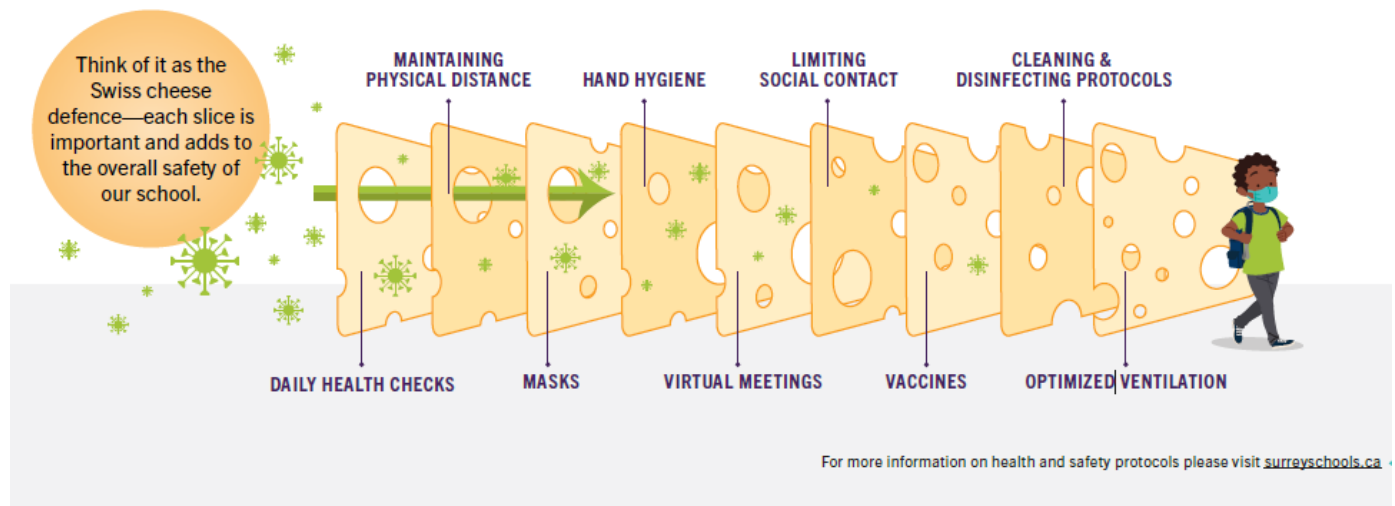
BRITISH
COLUMBIA

'The Swiss Cheese Defence'



LET'S KEEP OUR SCHOOL SAFE!

We know that no single intervention is perfect at preventing the spread of illness, so we are implementing multiple layers of protection to keep our staff, students, and families safe during this pandemic. It's a shared responsibility and we all need to do our part.





Check Up

Check that you are feeling well before you come to school. You can't come to school if you feel sick.

Back Up

Spread out when you can and respect everyone's personal space.





Wash Up

Wash your hands for at least 20 seconds before and after eating, after going to the bathroom, after being outside and before putting on and after taking off your mask. Soap and water fight off germs!

Mask Up

Masks are another layer of protection against illness. Bring a clean one to school and wear it every day.





Vax Up

Get the vaccine and make sure you have both doses. People who are not vaccinated are at higher risk of getting and spreading COVID-19.





www.surreyschools.ca/covid19

District Budget Consultations 2022

As many of you are aware, in late February, our district typically holds an in-person community forum and invites PAC representatives to attend sessions to learn more about our budget and other key priorities. In the interest of health and safety, we have once again moved our 2022 budget consultations online. All of the presentations have been pre-recorded so they can be viewed safely at home from this [web page](#). As with previous years, there is also an [online survey](#) to gather priorities and feedback from parents, students, staff and the larger community.

This year's agenda includes:

[Introduction](#) (Surrey Board of Education)

[Budget 2022](#) (presenter: Simon Ayres, Assistant Secretary Treasurer)

[Capital projects](#) (presenter Dave Riley, Director Capital Project Office)

Consultations

As mentioned above, Surrey Schools is inviting all staff, students, parents and members of the Surrey, White Rock and Barnston Island communities to learn about and provide input on the 2022-23 district budget. Participants can share their feedback via an [online survey](#), or reach out to us through email (consultations@surreyschools.ca), traditional mail or your local Parent Advisory Council representative. The survey will run until end of day, March 4, 2022.

It is important to remember that while the majority of the district's budget is pre-allocated to operating and capital costs (i.e. school construction, additions, seismic upgrades, teachers, educational assistants, programs/services and supplies), there is some room to address priorities identified by the community. This can include anything from funding scholarships, to classroom enhancement funds to new programs and social initiatives.

Ritinder Matthew (she/her)

Associate Director, Communication Services

Surrey Schools

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February 24, 2022

I hope everyone enjoyed your long Family Day weekend and returned to school feeling rested and rejuvenated. 😊

This week Fleetwood Park Secondary recognized "Pink Shirt Day" to raise awareness and combat bullying. Our Student Council also organized "Kindness Week". Students and staff wore pink on Wednesday to reinforce the importance of compassion and kindness. Throughout the week, our Student Council provided a variety of activities and events to promote their message: Cocoa Kindness, Kindness bulletin board, Kindness Announcements, Kindness Hot Air Balloon, Kindness Rocks hunt, Kindness Grams and a Random Acts of Kindness box! A big thanks goes to our Student Leaders for your fun and informative activities throughout the week. We all enjoy the positivity and energy that our Student Leadership brings to our community. 😊



Principal's Message ~ February 14 - 18 *continued*

On Wednesday evening we uploaded this year's Grade 7 Parent Information Evening video presentation. *To view the presentation, please visit this link:*

<https://youtu.be/zdhD-anc8aY>.

If you have questions, concerns, or feedback, please reach out to Fleetwood Park

Secondary by telephone (604-597-2301) or by email (email addresses can be found on

the school website at <https://www.surreyschools.ca/schools/fltsec/Pages/default.aspx>).

February is Black History month. In addition to our classroom-based curriculum, and school-wide messaging, a group of student leaders has created a special presentation celebrating Black excellence. Their presentation relates to our school curriculum (athletics, science, music, innovation etc.) with reference to the lived experience of some of our students and representation in media. Important and meaningful work for our entire community. Way to go Dragons! We are proud of your leadership.

Friday is a Non-Instructional Day in the Surrey School District. Our staff will be involved in a wide variety of professional development activities across the lower mainland and in support of our students. I wish everyone a great day of learning! Students, we will see you back at school on Monday morning. 😊

Yours in Education,

Ken



Care & Compassion

Kindness ...

**Uplifts, heals, brings us together
and also has health benefits.**

“I’ve learned that people
will forget what you said,
people will forget what you did,
but people will never forget
how you made them feel.”

Maya Angelou
1928 - 2014



Daily Bell Schedule 2021 - 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25
Period A 8:30 - 9:52	Period B 8:30 - 9:52	Period C 8:30 - 9:52	Period D 8:30 - 9:52	Rotation 8:30 - 9:52
Period B 9:57 - 11:19	Period A 9:57 - 11:19	Period D 9:57 - 11:19	Period C 9:57 - 11:19	Rotation 9:57 - 11:19
LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59
Period C 12:04 - 1:26	Period D 12:04 - 1:26	Period A 12:04 - 1:26	Period B 12:04 - 1:26	Rotation 12:04 - 1:26
Period D 1:31 - 2:53	Period C 1:31 - 2:53	Period B 1:31 - 2:53	Period A 1:31 - 2:53	Rotation 1:31 - 2:53

FLEX DAYS	FRIDAY ROTATION			
Period A 8:30 - 9:39	SEPT	OCT	NOV	DEC
Period B 9:44 - 10:53	10 Mon	1 Thur	5 Thur	3 Wed
Period C 10:58 - 12:07	17 Tue	8 Mon	12 Pro D	10 Thur
Lunch 12:07 - 12:52	24 Wed	15 Tue	19 Mon	17 * FLEX DAY * dismissal at 2:01
Period D 12:52 - 2:01		22 Pro D	26 Tue	
		29 Wed		
Mon, Sept 20	JAN	FEB	MAR	APR
Mon, Oct 25	7 Tue	4 Mon	4 Thur	1 Tue
Mon, Nov 29	14 Wed	11 Tue	11 Mon	8 Wed
Fri, Dec 17	21 Thur	18 Wed	18 School closed	15 Good Friday
Mon, Jan 31		25 Pro D	25 Spring Break	22 Thur
Mon, Feb 28				29 Mon
Mon, Mar 28				
Mon, Apr 25	MAY	JUNE		
Mon, May 16	6 Pro D	3 Mon		
Wed, Jun 22	13 Tue	10 Tue		
	20 Wed			
	27 Thur			

Our Mission Statement:

“At Fleetwood Park Secondary we value excellence in education and strive to provide a learning environment where all students are encouraged to build successful futures.”

