

# FLEETWOOD PARK SECONDARY SCHOOL

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## THURSDAY REVIEW



May 06, 2021  
Edition: 30

### Quotation Of The Week

"WHAT  
SCULPTURE  
IS TO A  
BLOCK OF  
MARBLE,  
EDUCATION  
IS TO A  
HUMAN  
SOUL."

~ JOSEPH  
ADDISON



## The Week Ahead

<b>Monday, May 10, 2021</b>	<b>Les Misérables Dress Rehearsal 3 - 7pm</b>
<b>Tuesday, May 11, 2021</b>	<b>Les Misérables Dress Rehearsal 3 - 7pm</b>
<b>Wednesday, May 12, 2021</b>	<b>Les Misérables Dress Rehearsal 3 - 7pm</b> <b>Gauss Math Contest</b>
<b>Thursday, May 13, 2021</b>	<b>Les Misérables Dress Rehearsal 3 - 7pm</b> <b>Early Dismissal for Parent/Teacher interviews - 2:15-3:45pm — Online/TEAMS</b>
<b>Friday, May 14, 2021</b>	<b>Early Dismissal Day 1:55pm - Health and Safety Mtg</b>

## Upcoming Events

May 17 - 21— Les Misérables - 3:00 - 9:30pm — Online Video Broadcast

May 24 — Victoria Day - Statutory Holiday

May 28 — Grad Cohort Celebration - (In cohort classrooms—afternoon)

May 31— Non Instructional Day

June 7— Early dismissal Day - (1:55pm for Health & Safety Meeting)

June 10 - 11— Commencement — 2:00-8:00pm

June 14 — Staff Meeting

June 14 - 23 — Literacy 10 Assessment

June 14 - 23 — Numeracy 10 Assessment

June 18 - Last Day of classes

June 23 - Q4 marks Due





## **FYI**

### **Early Dismissal days**

The following one-hour early dismissal dates for 2020-2021 were approved by the Board at its meeting on April 14, 2021:

May 14, 2021

June 7, 2021

These early dismissal days are to provide an opportunity for school-based health & safety committees and school staff to review and revisit health & safety plans, discuss recommendations, and implement or adjust any COVID-19 mitigation strategies.

Grades 8-9 afternoon classes will be dismissed at 1:55pm

Grades 10-12 afternoon classes will be dismissed at 1:25pm

### **Immunization Program for school-aged children**



The Fraser Health Immunization Program for school-aged children will resume this year.

- ◆ To start, public health staff will contact families of students currently in grades 7 and 10 who missed their immunizations during the 2019-2020 school year, due to COVID-19.
- ◆ These students will be offered immunization appointments over the spring and summer.
- ◆ Immunization information for Kindergarten, Grade 6 and 9 students from the 2020-2021 school year will be provided at a future date.

## **Quarter Schedule**

<b>Q1 (Sept. 14 – Nov. 13)</b>	<b>Q2 (Nov. 16 – Jan. 29)</b>	<b>Q3 (Feb. 1 – Apr. 16)</b>	<b>Q4 (Apr. 19 – June 24)</b>
Block A	Block C	Block A	Block C
Block B	Block D	Block B	Block D



**FYI**

**SchoolAppointments.com**  
Scheduling Parent Teacher Appointments  
Can be Easy for Everyone!

Appointment Date : Monday November 10th, 2008	
1:30 pm	<input type="checkbox"/>
1:45 pm	<input checked="" type="checkbox"/>
1:50 pm	<input type="checkbox"/>
2:00 pm	<input type="checkbox"/>
2:10 pm	<input type="checkbox"/>
2:30 pm	<input type="checkbox"/>

**Parent Instructions for**  
**VIRTUAL PARENT / TEACHER INTERVIEWS**  
**Thursday, May 13<sup>th</sup>, 2021**

**2:15pm – 3:45pm**



**Meeting will be on Microsoft Teams**

You will NOT be able to access the program until  
**10:00 am on Monday, May 10<sup>th</sup>, 2021**

**Parents can begin booking appointments from**  
**10:00 am on Monday, May 10<sup>th</sup> until 10:00 am on Wednesday, May 12<sup>th</sup>**

**Teachers will contact you by email with your Virtual Meeting Link**

Go to our school appointments web site: <http://fleetwood.schoolappointments.com>

1. Under "CANADA" click on: Fleetwood Park Secondary, Surrey BC
2. Register for an account by clicking the "CLICK HERE TO REGISTER" menu tab (under the **LOGIN**) and filling in the on-line form. Choose a user id and password for yourself and then click the "Register Now" button.
3. Add your children into the system by clicking the "Add a Student" button. Click "Insert New" button to add more children.
4. Click the "date" icon beside each child's name to schedule appointments. Select the staff you wish to book appointments with and the "View Calendars" button. Use the "Ctrl" or "Command" key to select multiple staff to view the same time.



FYI

**BELL SCHEDULE for  
VIRTUAL PARENT TEACHER INTERVIEW DAY**

**Thursday, May 13, 2020**

Grade 8-9	
8:30 – 10:00	Block C
10:00 – 10:10	Nutrition
10:10 – 10:55	Block C
10:55 – 11:45	Lunch
11:45 – 1:55	Block D

Grade 10-12	
8:30 – 9:00	Blended Time
9:00 – 10:45	Block C
10:45 – 11:45	Lunch
11:45 – 1:25	Block D
1:25 – 1:55	Blended Time

**STUDENT DISMISSAL 1:55pm**

**Parent Teacher Conferences 2:15- 3:45pm**





## In The News

# MAY 7TH

## National Child & Youth Mental Health Day



May 7<sup>th</sup> is about building caring connections between young people and the caring adults in their lives. We know having caring, connected conversations can have a big impact on the mental health of children and youth.

### Conversations about mental health: What it sounds like at different ages.

It's never too early to start ... and never too late to keep trying. Join us for a conversation about how to connect with our kids between the ages of 0 to 18 years. Led by Karen Peters, RCC ThriveLife Counselling and Victoria Keddiss, Parent & Manager, FamilySmart

**For: Families & Caregivers**

**Date: Friday, May 7<sup>th</sup>**

**Time: 12pm – 1pm (PST)**

**Cost: Free of Charge**

**To register & receive an event reminder:**

[www.familysmart.ca/events](http://www.familysmart.ca/events)

[familysmart.ca](http://familysmart.ca)



Proud to be affiliated with



Mental health and substance use  
information you can trust



## In The News

**May 3, 2021**

### **Educator Resources for Mental Health Week (May 3-9)**

It's Mental Health Week in Canada (May 3-9), and this year's theme is #getrealabouthowyoufeel. People across the country are being encouraged to name, express and address their emotions – the ones they like and the ones they don't – in support of their mental health.

To help educators address this important topic in their classrooms, the Canadian Mental Health Association (CMHA) has produced a helpful new resource called the [CMHA Mental Health Week School Toolkit](#). This toolkit provides educators with valuable information and activities they can use to help students with the emotions they may be experiencing. Check out this great new resource.



The need for mental health supports and resources extends across the entire year and goes beyond focusing only on the mental health and wellness of students. That's why the Ministry of Education continues the focus on system-wide mental health and wellbeing year-round. At the heart of that commitment is the [Mental Health in Schools \(MHIS\) Strategy](#). Released in Fall 2020, the [MHIS](#) Strategy recognizes the importance of adult and student mental health and wellbeing with a vision to support resiliency, build capacity, use curriculum to embed wellness into classrooms and provide funding to enhance the activities districts need most. Additional information and resources on mental health and related topics can be found on the [erase website](#).

## In The News

# Staying safe while carpooling to and from school

## COVID-19

## Carpooling? Ride share?


### Reduce the spread of COVID-19 while travelling with people outside your household

Before the trip

Always complete a COVID-19 symptom check before carpooling.

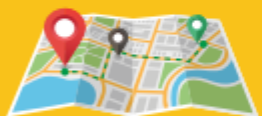
Unless you need medical care or testing, do NOT travel if you have:

- ☐ COVID-19 symptoms
- ☐ Travelled outside of Canada within the last 14 days
- ☐ Been told to self-isolate by Public Health




- Spread out as much as possible. If there are two people, the driver should be alone in the front.
- Wear a mask over your nose and mouth.
- Travel with the same people each time.


During the trip




Keep your trips as short as possible.



Open windows in the vehicle to allow air in.




Set the vehicle's ventilation to bring in fresh outside air. DO NOT recirculate the air.




Avoid eating or drinking in the car.


Cleaning



Clean high contact areas (such as seat belts and door handles) every time you leave the vehicle.




If vehicles are shared on the job, clean between each shift.



Clean your hands when you get in and when you leave.

At work

If you are carpooling with another employee at your worksite, tell your employer. Your employer may use this information when making their COVID-19 Safety Plan.



Home of Dragon Pride  
"Building Successful Futures"



## In The News

# Staying safe while carpooling to and from school

Getting to and from school safely is important, and if you need to carpool, it's best to take extra precautions to reduce the spread of COVID-19 while travelling with people outside of your household.

While the district does not recommend carpooling at this time, we encourage families that must carpool to follow the [information provided by the BCCDC](#).

"Just as we have health and safety protocols for students and staff at school and work, we ask that anyone carpooling follows the same measures on their commute," said Health & Safety Officer Vanessa Ezaki.

Much like the district's Health & Safety protocols, [Check Up, Back Up, Wash Up, Mask Up](#), the BCCDC recommends:

- Completing a daily health check before carpooling (Check Up)
- Sitting as far apart as possible in the car and maintaining physical distance (Back Up)
- Wash or sanitize your hands before you get in and when you leave (Wash Up)
- Wear a mask for the duration of the drive (Mask Up).

"The precautions students take at school can easily be applied to carpooling," said Ezaki. "Physical distancing, mask wearing, daily health checks and frequent hand washing are important to do anywhere and everywhere, whether in the classroom or in a vehicle."

The BCCDC also recommends traveling with the same carpool buddy (ideally a member of your cohort), keeping your trips as short as possible and avoiding eating or drinking in the car.

To improve ventilation, open the windows and adjust the vehicle's ventilation system to draw fresh air in. Do not recirculate air within the vehicle.

For vehicle owners, clean high contact surface areas such as seatbelts and door handles after every trip.

Additionally, don't take unnecessary trips together, such as picking up lunch or getting coffee.

Carpooling with a co-worker is not recommended, but if it must occur please let your supervisor know.

For more information, refer to the [BCCDC Carpooling poster](#).

by [Jacob Zinn](#) at 10:36 AM

## Health and Safety

### Mouth Rinse / Gargle Test Kit Contents

Each COVID-19 Mouth Rinse/Gargle test kit contains:

- Collection Instructions
- Lab test form (requisition)
- Collection (specimen) Container
- A saline solution – pink tube (5ml)
- Resealable biohazard bag for transport
- QR code for resources, including a video on how to take sample



### COVID-19 Mouth Rinse/Gargle Test Kits available to symptomatic students at all schools in the Surrey School District

Effective May 6<sup>th</sup>, COVID-19 mouth rinse/gargle test kits will be available in all schools in the Surrey School District.

BC Children's Hospital and Fraser Health are making these test kits available for any student who becomes symptomatic during the school day.

As is practice, if a student presents with COVID-19 symptoms during the school day, the student will be safely isolated, and families will be contacted to pick their child up as soon as possible. A kit will be offered to the parent/guardian to take home when the child is picked up.

Instructions on how to administer the test at home are included in the kit. The sample can be dropped off at any [LifeLabs location](#) for processing. Results from these tests will be received through the same processes as tests taken at COVID-19 test centres.

Acceptance of a kit is voluntary and solely a parent's or guardian's decision. We recognize that not all parents will be able to drop off a kit at LifeLabs in a timely manner, and not all students will be amenable to a test.

The availability of this test kit is yet another way that we are working with our partners in public health to safely keep our schools open.

The health and safety of students and staff remains our first priority and we thank our staff, students and larger school community for their vigilance and commitment to our [health and safety protocols](#).

Please continue to monitor your child(ren) for [symptoms of COVID-19](#) before sending them to school each day. If they have any symptoms, children should remain at home and access testing at a collection centre, if advised.

For more information on testing, please visit the [BC Centre for Disease Control Testing Information website](#).



## Health and Safety

# School Exposure Notifications



BC Centre for Disease Control  
Prevent. Protect. Promote.

The timing of each step may vary. This can be due to differences in the time it takes someone to develop symptoms after exposure, when someone gets tested, the number of cases being managed by public health, and the information available to public health through contact tracing.



### Day 0

Nancy unknowingly exposed to COVID-19 outside of school.



### Day 3

Nancy feels fine and has no symptoms. She attends school but may be able to spread COVID-19 to others.



### Day 4

### Day 5

Nancy develops symptoms and stays home.



### Day 6

Nancy takes a symptom self-assessment and gets a COVID-19 test.



### Days 7 +

Health authority is notified of Nancy's positive test result and contacts her.

Health authority interviews Nancy. They discover Nancy may have been able to spread COVID-19 at school.

Health authority contact traces to find out who Nancy's close contacts are at school.



### Days 7 +

Health authority notifies Nancy's close contacts by phone or letter. Close contacts will need to self-isolate. Other contacts may be asked to monitor for symptoms. The school district is notified.

Notification posted on health authority website. Extra notification may go out to the school community.

For more information, visit [www.bccdc.ca/schools](http://www.bccdc.ca/schools)

## Health and Safety



### 1. STAY HOME WHEN SICK

*All children and staff with common cold, influenza, COVID-19, or other respiratory diseases must stay home and self-isolate.*



### 2. HAND HYGIENE

*Everyone should wash their hands more often!*

*Thorough hand washing with plain soap and water for at least 20 seconds is the most effective way to reduce the spread of illness.*



### 3. RESPIRATORY AND PERSONAL HYGIENE

*Cover your coughs.*

*Do not touch your face.*

*No sharing of food, drinks, or personal items.*



### 4. PHYSICAL DISTANCING AND MINIMIZING PHYSICAL CONTACT

*Spread children out to different areas.*

*Take them outside more often.*

*Stagger lunch times. Incorporate individual activities.*

*Remind children, "Hands to Yourself!"*



### 5. CLEANING AND DISINFECTION

*Clean and disinfect frequently touched surfaces at least twice a day.*

*General cleaning of the centre should occur at least once a day.*

*Use common cleaning and disinfectant products.*



## Health and Safety



Please do not enter the workplace if you answer YES to any of the following questions:			
International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
Confirmed Contact	Have you been contacted by Public Health and identified as a confirmed contact of a person with COVID-19?	YES	NO
	Has Public health instructed you to self-isolate?	YES	NO
Are you experiencing any of the following <u>new</u> or <u>worsening</u> symptoms?			
Key Symptoms of Illness	Fever or Chills	YES	NO
	Cough	YES	NO
	Loss of sense of smell or taste	YES	NO
	Difficulty breathing	YES	NO
	Sore throat	YES	NO
	Loss of appetite	YES	NO
	Extreme fatigue or tiredness	YES	NO
	Headache	YES	NO
	Body aches	YES	NO
	Nausea or vomiting	YES	NO
	Diarrhea	YES	NO

\*Check BCCDC's [Symptoms of COVID-19](#) regularly to ensure the list is up to date.

If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to the school/district site when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under 'Symptoms of Illness' or you have a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to the school/district site until COVID-19 has been excluded and your symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- If the COVID-19 test is **positive**, you should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- If the COVID-19 test is **negative**, you can return to the school/district site once symptoms have improved and you feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and your symptoms are not related to a previously diagnosed health condition, you should stay home from the school/district site until 10 days after the onset of symptoms, and then you may return if you are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, you can return to the school/district site when symptoms improve and you feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered "YES" to questions 2 or 3, use the [COVID-19 Self-Assessment Tool](#) to determine if you should seek testing for COVID-19.

A health-care provider note (i.e. a doctor's note) should not be required to confirm the health status of any individual.

Revised by Health and Safety Department – February 12, 2021

## GRADS!

We are busy planning a Commencement activity for you. Right now we have reserved the dates of June 10-11 with our photographer, videographer and decorator. We hope that all of our grads will be able to attend and “walk the stage”. We need you to please pay your \$50 Grad Fee as soon as possible so that we can order everyone their Grad t-shirts, Caps and Gowns! Grad 2021 may be different, but that does not mean that we will not be celebrating all of your accomplishments. You can pay your Grad fee by bringing cash or cheque to Ms. Nett in the office OR preferably by paying online with School Cash Online (<https://www.schoolcashionline.com/>)





## GRADS

### Cohort Celebration

We have two fun cohort-based events planned for you! First we are planning a Cohort Celebration on May 28<sup>th</sup>. Blocks C and D will be switched for the day so that you can get together in the afternoon with your cohort. You can dress up and celebrate in your classroom. We will have online games and the special “toast” speeches you usually hear at the Dinner Dance. If you do not have a cohort (homeroom Block C class), we will connect with you soon with alternative ways to participate in this event.

**Friday, May 28th at  
12:15pm**

**COHORT  
CELEBRATION**

**Semi-formal event for all Grads in their  
classrooms**

**Games  
Speeches  
Celebration!**

**SEE YOUR HOMEROOM TEACHER FOR  
MORE DETAILS**

## GRADS

### Commencement

We are planning our Commencement this year to be a cohort-based event. It will happen in small ceremonies over Thursday, June 10<sup>th</sup> and Friday, June 11<sup>th</sup>. We plan to have the event video taped and live streamed for family and friends to watch from home. More details to come, but we have ordered your caps and gowns. Please pay your \$50 Grad Fee to pay for this special event. You can pay your fee in person at the office (see Head Secretary Donna Nett) or by using our online paying system (<https://www.schoolcashionline.com/>).

Things may look a lot different this year, but we are still very excited to be able to celebrate the GRAD CLASS OF 2021!



The graphic features a central image of two hands holding black graduation caps against a cloudy sky. A large red curved line arches over the image. To the right, the text 'COMMENCEMENT GRAD 2021' is written in bold red letters, followed by 'June 10-11th' and 'Time: TBA' in black. Three red dots are positioned to the right of the main title. Below the image, a paragraph of text is displayed. In the bottom right corner, there is a circular graphic with green and white diagonal stripes.

**COMMENCEMENT  
GRAD 2021**

**June 10-11th  
Time: TBA**

We are planning a cohort-based Commencement for our students! We will be ordering all Grads their Caps and Gowns. Please pay your Grad fee of \$50 so we can book our photographer, videographer and decorator! Can't wait to celebrate with our Grads.



## **"This Week at Fleetwood Park" – Principal's Message: May 3<sup>rd</sup> – 7<sup>th</sup>**

Good morning Dragons,

It is Mental Health Awareness Week with Friday being National Child and Youth Mental Health Day. Please see the resources included in this newsletter that are available to our community. As we gear up for the final term of the year, and as Covid Exposure letters continue to arrive, it has never been a more important time to take care of our mental health. Please take care of yourself, and each other, stay safe, and reach out for support whenever you need a helping hand. Our Fleetwood Park community is resilient and caring. We will continue to move forward together, and we will continue to do all we can to protect the health and safety of our Dragons.

# MAY 7TH

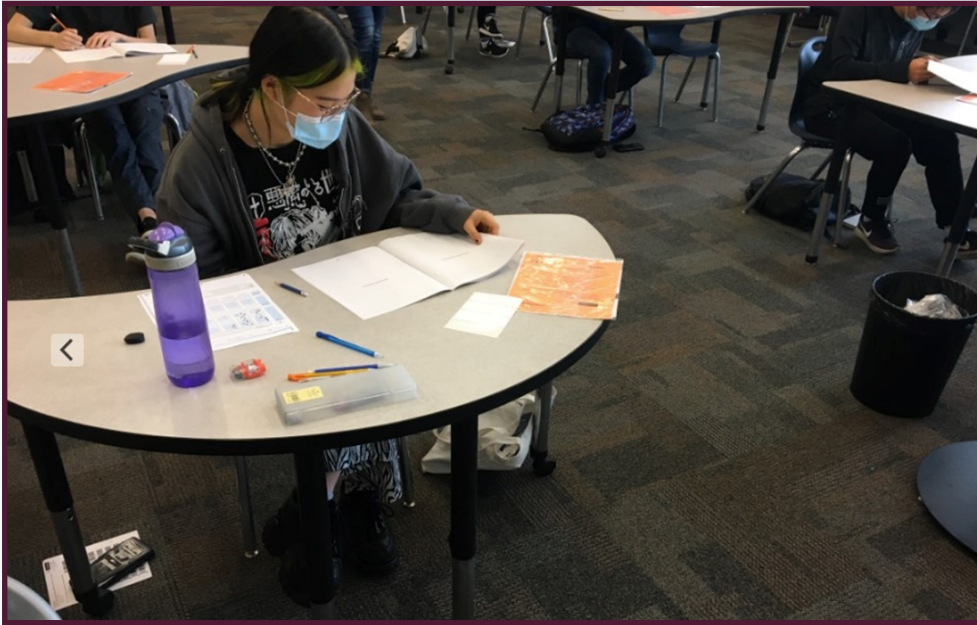
## National Child & Youth Mental Health Day



May 7<sup>th</sup> is about building caring connections between young people and the caring adults in their lives. We know having caring, connected conversations can have a big impact on the mental health of children and youth.

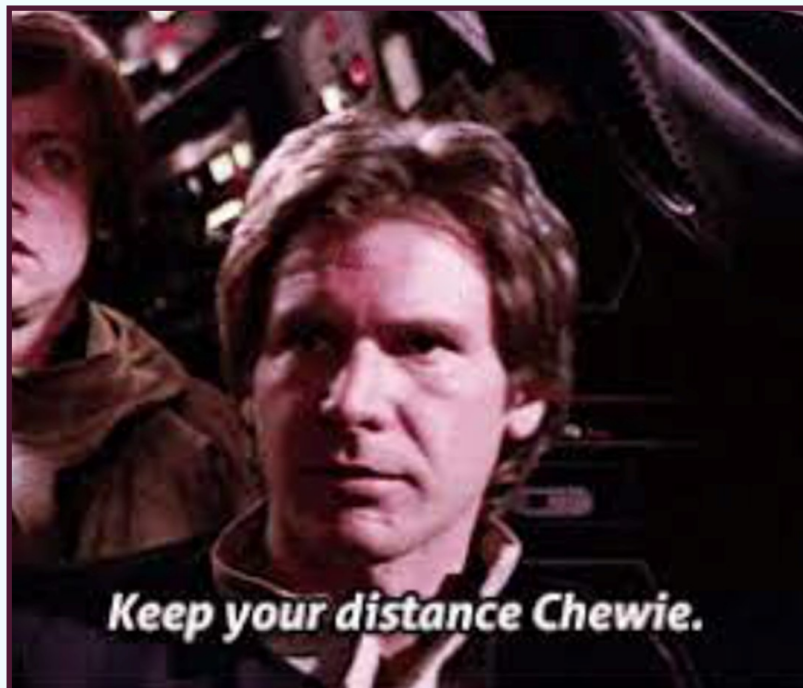
To help educators address this important topic in their classrooms, the Canadian Mental Health Association (CMHA) has produced a helpful new resource called the [CMHA Mental Health Week School Toolkit](#). This toolkit provides educators with valuable information and activities they can use to help students with the emotions they may be experiencing. Check out this great new resource.

This week many of our students wrote the Advanced Placement Exams. This is a valuable opportunity for our Dragons to immerse themselves in highly rigorous curriculum, and potentially earn college credit. Congratulations to all of our students who wrote an AP exam this week. We are very proud of your diligence and hard work in accepting the challenges of this curriculum. Well done!



Tuesday was “Star Wars” Day... with some students and staff wearing their “Star Wars” favourites with the obligatory “May the 4<sup>th</sup> be with you!” greetings throughout the day. ☺

A “Star Wars” Covid-Safety Meme seemed very appropriate this week. Practice physical distancing everyone!

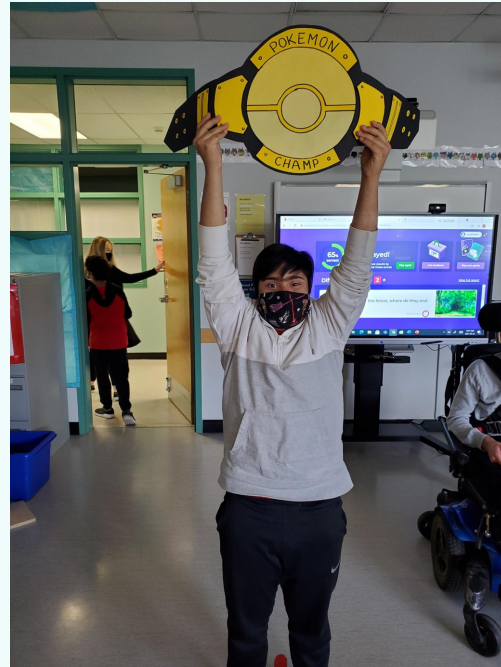
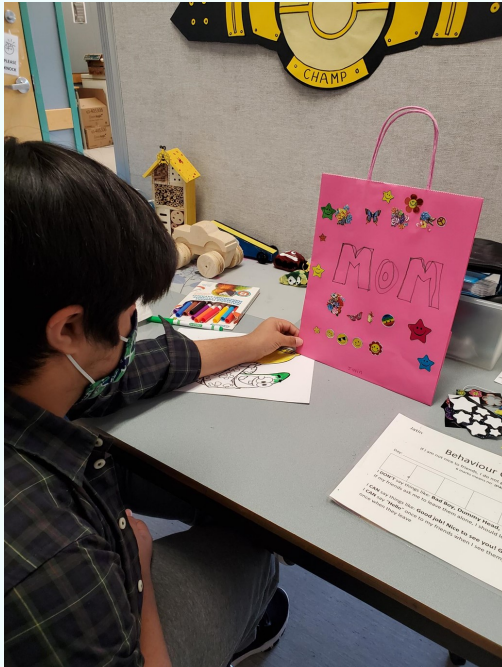




Over the past many months, the Fleetwood Park Dragon Tales Theatre Company has been working very hard to get ready to perform "Les Mis"! Each afternoon I am able to listen to the cast and crew rehearsing... I have been so impressed with their work ethic. This will be a highlight of our school year. Mr. Rossiter, Mr. Robinson and the entire cast and crew of students should be very proud. This year, due to Covid-19 safety requirements, the live shows will be video broadcast to our community. This has allowed the crew to create an amazing stage in our plaza. There will be several evening performances... we are looking forward to the show! Please watch for details regarding ticket and login information.



A photograph of two male students playing table tennis in a school hallway. The student on the left is wearing a grey hoodie and a black face mask, while the student on the right is wearing a white long-sleeved shirt and a red patterned face mask. They are standing on opposite sides of a blue table tennis table, which has a black frame and a black net. The table has the word "TIGER" on its side. The hallway has a polished floor, concrete pillars, and colorful murals on the walls. In the background, there are green lockers and a black speaker hanging from the ceiling.



Mother's Day is on Sunday and Ms. Mullen's Textile Art students are creating Mother's Day gifts today in Home Economics. Students will be making lip balm and a pineapple sachet for their moms! ☺



Tomorrow, Friday, May 7<sup>th</sup> is a Professional Development Day across the Surrey School District. Classes will not be in session. I wish all staff a highly meaningful day of learning.

In closing this week, I'd like to recognize the entire Fleetwood Park staff. Your caring support of our students, school, and each other, during this exceptionally challenging time of change has been incredible. Our Fleetwood Park community exists due to your inspirational leadership. We appreciate all you do, and we thank you for your service and commitment to our Dragons.



Have a safe and happy Friday and weekend Dragons!

Ken



## Fleetwood Park Secondary Bell Schedule, 2020 - 2021

### Grade 8-9

8:30 – 10:00	Block C	90 min	
10:00 – 10:10	Nutrition Break		
10:10 – 11:25	Block C	75 min	
11:25 – 12:15	Lunch		
12:15 – 2:55	Block D	160 min	
	Total	325 min	

### Grades 10,11,12

8:30 – 9:00	Blended Time	30 min	
9:00 – 11:15	Block C	135 min	
11:15 – 12:15	Lunch		
12:15 – 2:25	Block D	130 min	
2:25 – 2:55	Blended Time	30 min	
	Total	325 min	

### Grade 10-12

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 – 9:00	Blended Learning (online support)	Blended Learning (online support)	Blended Learning (online support)	Blended Learning (online support)	Blended Learning (online support)
9:00 – 11:15	Block C	Block C	Block C	Block C	Block C
11:15 – 12:15	Lunch	Lunch	Lunch	Lunch	Lunch
12:15 – 2:25	Block D – Online Whole class	Block D – Group 1 Face to Face	Block D- Group 2 Face to Face	Block D – Group 3 Face to Face	Block D – Online Whole class
2:25 – 2:55	Blended Learning (online support)	Blended Learning (online support)	Blended Learning (online support)	Blended Learning (online support)	Blended Learning (online support)



**Mission Statement:**

*"At Fleetwood Park Secondary we value excellence in education and strive to provide a learning environment where all students are encouraged to build successful futures."*

