

FLEETWOOD PARK SECONDARY SCHOOL

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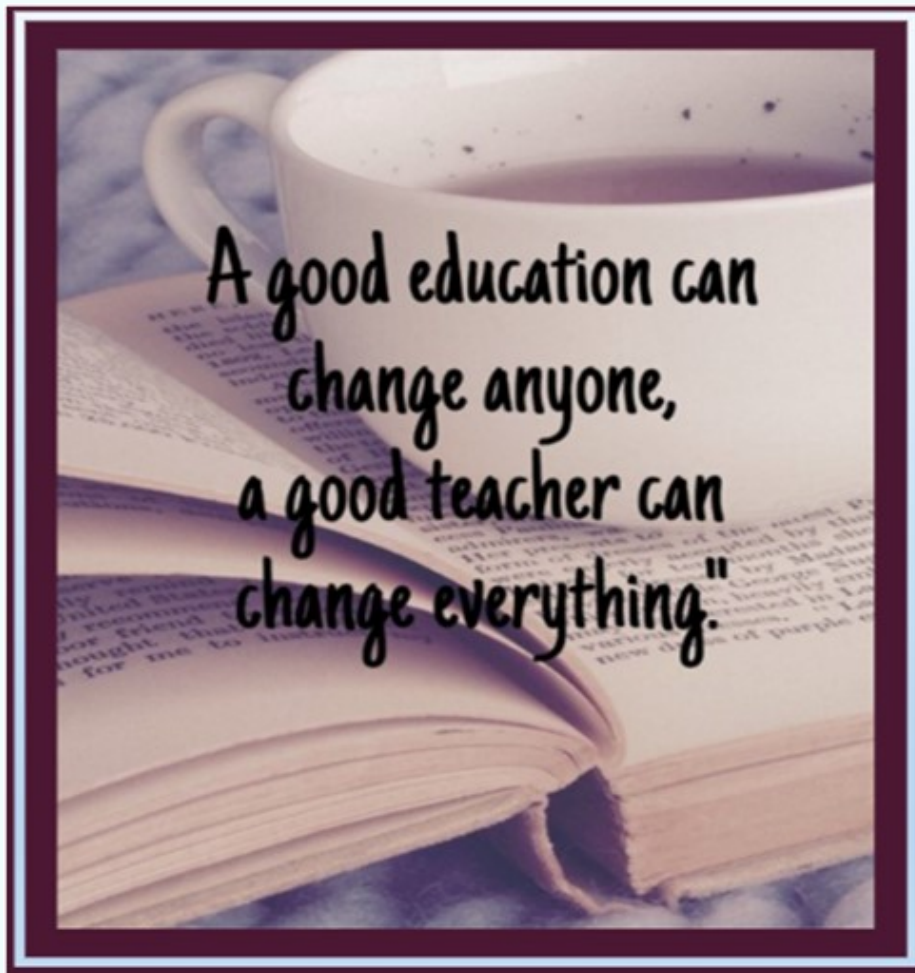


THURSDAY REVIEW



November 4, 2021
Edition: 09

Quotation Of The Week





The Week Ahead

Monday November 8, 2021	
Tuesday November 9, 2021	Mock Interview Fair
Wednesday November 10, 2021	Remembrance Day Video Assembly - 12:00pm
Thursday November 11, 2021	Remembrance Day - Statutory Holiday - Classes not in session
Friday November 12, 2021	Non-Instructional Day - Classes not in session

Upcoming Events

November 17th – Early Dismissal for Assessment 1:53pm

November 18th – Marks Due

November 22nd – DH Meeting 3:15pm

November 23rd – Reports Available

November 24th - 26th - Musical - The Last 5 Years 3-10pm (show starts at 6:30pm)

December 1st and 2nd – Winter Band Concert

December 1st – 8th – Grad Photos

December 6th – 8th – Winter Play Dress Rehearsals 3-7pm

December 9th and 10th - Winter Play Matinees (During School Hours)

December 13th and 15th - Winter Play Nights 3pm -10pm (show starts at 6:30pm)

December 15th - Staff Meeting - 7:30am

December 16th - Locker Cleanout - 1:15pm

December 17th - Flex Day - Early Dismissal - 2:01pm





Congratulations to student Viviana Li on her first place finish at last week's South Fraser Valley Cross Country Championship! In the senior girls competition – a five-km distance – Fleetwood Park's Viviana Li was the first to cross the finish line, in a time of 18:35.5. Super fast!!







Health and Safety








WHAT HAPPENS IF A STUDENT GETS SICK?

Extra health and safety measures, like handwashing, learning groups, masks, daily health screens, and increased cleaning, will reduce the spread of COVID-19 and help keep schools safe.

IF A STUDENT SHOWS ANY COVID-19 SYMPTOMS AT SCHOOL..

-  The child waits in an isolated room
-  The school contacts parents or guardians to take the child home
-  Staff clean and disinfect exposure areas
-  The school notifies public health officials


THEN PUBLIC HEALTH..

-  Contact traces to identify potential COVID-19 exposures
-  May recommend testing
-  May recommend 14-day isolation if necessary
-  Gets in touch with close contacts
-  Provides follow-up recommendations as needed, which may include suspending in-class learning

Parents will be notified if their child has been in contact with a COVID-positive person and needs to self-isolate. Students will receive learning support while self-isolating.

learn more at backtoschool.gov.bc.ca



 DAILY HEALTH CHECK	
KEY SYMPTOMS OF ILLNESS	WHAT TO DO
Fever (above 38°C)	If yes to 1 or more of these symptoms: Stay home and get a health assessment.
Chills	
Cough	
Difficulty breathing	Contact a health care provider or 8-1-1 about your symptoms and next steps.
Loss of sense of smell or taste	
OTHER SYMPTOMS	WHAT TO DO
Sore throat	If yes to 1 symptom: Stay home until you feel better.
Loss of appetite	
Headache	
Body aches	If yes to 2 or more of these symptoms: Stay home for 24 hours.
Extreme fatigue or tiredness	
Nausea and vomiting	If symptoms don't get better or get worse, get a health assessment; contact a health care provider or 8-1-1 about your symptoms and next steps.
Diarrhea	
INTERNATIONAL TRAVEL:	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	<p>If yes: All students and staff who have travelled outside of Canada are required to follow both provincial and federal requirements for entry.</p> <p>This includes students who are attending school from abroad. Students from outside of Canada should verify their entry status at least two weeks before they are scheduled to attend school. Additional information is available here.</p>
CLOSE CONTACT	WHAT TO DO
Have you been contacted by public health and notified that you are a close contact of a person confirmed to have COVID-19?	<p>If yes: Please follow the instructions provided by Public Health.</p> <p>You can call 8-1-1 anytime to get advice about how you are feeling and what to do next. Pay attention to how you are feeling. If it becomes hard to breathe, you can't drink anything or feel much worse, seek urgent medical care at an urgent care clinic or emergency department.</p>

Check your symptoms with the [K-12 Health Check](#). If you have any questions, or the symptoms get worse, contact your healthcare provider, or call 8-1-1. For more information on COVID-19, please go to www.bccdc.ca.

Note: If you develop severe symptoms, such as difficulty breathing (e.g. struggling to breathe or speaking in single words), having a very hard time waking up, confusion, or severe chest pain, call 9-1-1 or go to the nearest Emergency Department.

If you develop symptoms such as mild to moderate shortness of breath, inability to lie down because of difficulty breathing, or have chronic health conditions that you are having difficulty managing because of difficulty breathing, please consult your family doctor or nurse practitioner. You can call 8-1-1 anytime to talk to a nurse at HealthLinkBC and get advice about how you are feeling.

Please check BCCDC's [Symptoms of COVID-19](#) regularly to ensure the list is up to date.



COVID-19 Carpooling? Ride share?



BC Centre for Disease Control
Protecting people, preventing outbreaks

Reduce the spread of COVID-19 while travelling with people outside your household

Before the trip

Always complete a COVID-19 symptom check before carpooling.

Unless you need medical care or testing, do NOT travel if you have:

- ☐ COVID-19 symptoms
- ☐ Travelled outside of Canada within the last 14 days
- ☐ Been told to self-isolate by Public Health



- Spread out as much as possible. If there are two people, the driver should be alone in the front.
- Wear a mask over your nose and mouth.
- Travel with the same people each time.

During the trip



Keep your trips as short as possible.



Open windows in the vehicle to allow air in.



Set the vehicle's ventilation to bring in fresh outside air. DO NOT recirculate the air.



Avoid eating or drinking in the car.

Cleaning



Clean high contact areas (such as seat belts and door handles) every time you leave the vehicle.



If vehicles are shared on the job, clean between each shift.



Clean your hands when you get in and when you leave.

At work

If you are carpooling with another employee at your worksite, tell your employer. Your employer may use this information when making their COVID-19 Safety Plan.



BC Centre for Disease Control
Protecting people, preventing outbreaks



"This Week at Fleetwood Park" – Principal's Message: November 1st – 5th

Good morning Fleetwood Park Secondary! Happy Diwali!



Welcome to November and our 3rd month of learning of the school year. This is always a very important time for our students and staff as we are now well into the routines of our courses and school-wide events. I wish everyone a successful month of new challenges, new successes and new learning goals. November is a month for dedication, consistency and discipline. It is a time for focus and commitment to our goals. It is a time to remind ourselves of the importance of our learning, our work, and our celebrations together. I wish all Dragons the very best over the coming weeks.





Speaking of celebrations, we enjoyed seeing our students and staff in costume last Friday for Halloween. We have many very creative Dragons!





This week we have been involved in a variety of curricular and extracurricular activities. On Tuesday, we brought our clerical team together for a system review meeting. This was a very important opportunity for us to review upcoming events and coordinate our efforts. We are very grateful for the support our office clerical team provides the school. Great thanks to Carla, Sukhpal, Alison, Danielle, Natasha, Melynda and Heather for all your hard work.



Believe it or not, planning for next year's timetable has already begun. Our Staff Committee met on Wednesday to discuss possible courses for before/after school "X" blocks. Thank you to all Committee members for your input. Also, thank you to all X block teachers for your passion and flexibility in offering these powerful learning options for our students.

Thursday is Parent-Teacher Interviews at Fleetwood Park Secondary. As in previous years, parents/guardians were required to schedule appointments using the online Appointment software. 10-minute appointments were available for sign-up earlier this week. (2:30pm – 4:00pm and 5:00pm – 7:00pm). This year we will again be holding virtual interviews. Teachers will reach out to parents with a TEAMS videoconferencing link, or, with a phone call. This is an important conversation and we are highly supportive of a close home - school partnership. Great thanks to all of our teachers for the additional time you have provided to share our students' learning progress with their parents.



Also on Thursday, our school celebrated Diwali. Many students arrived at school in traditional clothing, made rangolis, and enjoyed the South Asian music of celebration! We are so fortunate to belong to such an inclusive and diverse community. Thank you to the Student Council for organizing this event.





On Friday I will be attending the annual Metro Principals Conference. It will be a day of learning from leaders across the Lower Mainland. I am always struck by the creativity and resilience of our schools and the commonality of the issues we are facing as a broader educational community. It should be an interesting day.

I wish all Dragons a happy Friday and a wonderful weekend. We will see you on Monday!

Ken



CARE & COMPASSION

Kindness...

- Uplifts
- Heals
- Brings us together
- Has health benefits

"I've learned that people
will forget what you said,
people will forget what you did,
but people will never forget
how you made them feel."

Maya Angelou
1928 - 2014





FLEETWOOD PARK SECONDARY SCHOOL

DAILY BELL SCHEDULE 2021-2022

Monday	Tuesday	Wednesday	Thursday	Friday
Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25
Period A 8:30 - 9:52	Period B 8:30 - 9:52	Period C 8:30 - 9:52	Period D 8:30 - 9:52	Rotation 8:30 - 9:52
Period B 9:57 - 11:19	Period A 9:57 - 11:19	Period D 9:57 - 11:19	Period C 9:57 - 11:19	Rotation 9:57 - 11:19
LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59
Period C 12:04 - 1:26	Period D 12:04 - 1:26	Period A 12:04 - 1:26	Period B 12:04 - 1:26	Rotation 12:04 - 1:26
Period D 1:31 - 2:53	Period C 1:31 - 2:53	Period B 1:31 - 2:53	Period A 1:31 - 2:53	Rotation 1:31 - 2:53

FLEX DAYS	FRIDAY ROTATION			
Period A 8:30 - 9:39	SEPT	OCT	NOV	DEC
Period B 9:44 - 10:53	10 Mon	1 Thur	5 Thur	3 Wed
Period C 10:58 - 12:07	17 Tue	8 Mon	12 Pro D	10 Thur
Lunch 12:07 - 12:52	24 Wed	15 Tue	19 Mon	17 * FLEX DAY * dismissal at 2:01
Period D 12:52 - 2:01		22 Pro D	26 Tue	
		29 Wed		
Mon, Sept 20	JAN	FEB	MAR	APR
Mon, Oct 25	7 Tue	4 Mon	4 Thur	1 Tue
Mon, Nov 29	14 Wed	11 Tue	11 Mon	8 Wed
Fri, Dec 17	21 Thur	18 Wed	18 School closed	15 Good Friday
Mon, Jan 31		25 Pro D	25 Spring Break	22 Thur
Mon, Feb 28				29 Mon
Mon, Mar 28				
Mon, Apr 25	MAY	JUNE		
Mon, May 16	6 Pro D	3 Mon		
Wed, Jun 22	13 Tue	10 Tue		
	20 Wed			
	27 Thur			



Mission Statement:

"At Fleetwood Park Secondary we value excellence in education and strive to provide a learning environment where all students are encouraged to build successful futures."

