

FLEETWOOD PARK SECONDARY SCHOOL

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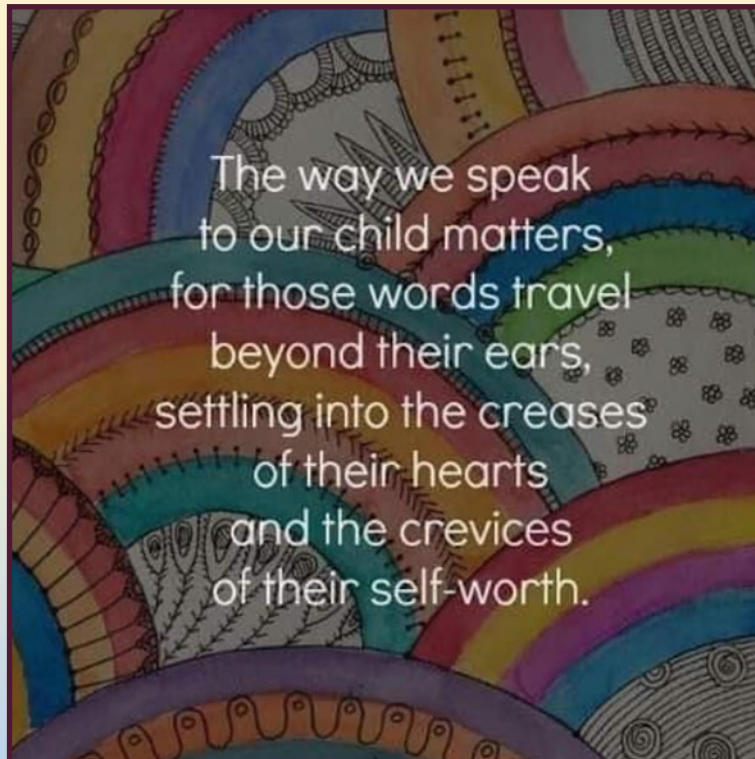


THURSDAY REVIEW



September 24, 2020
Edition: 04

Quotation Of The Week



The way we speak
to our child matters,
for those words travel
beyond their ears,
settling into the creases
of their hearts
and the crevices
of their self-worth.



The Week Ahead

Monday , Oct 05, 2020	Mental Health Awareness Week
Tuesday , Oct 06, 2020	Fire Drill Dry Grad Meeting, 7:00pm (Virtual)
Wednesday , Oct 07, 2020	
Thursday , Oct. 08 2020	
Friday , Oct 09, 2020	Due Date: 2-way Video Parent Consent Form



October 12th: Thanksgiving Day, School Closed

October 20th: Photo Retake Day

October 23rd: Non-Instructional Day

October 26th: PAC Meeting, 7:00pm

November 6th: Non-Instructional Day

November 11th: Remembrance Day, Statutory Holiday



FYI

Q1 (Sept. 14 – Nov. 13)	Q2 (Nov. 16 – Jan. 29)	Q3 (Feb. 1 – Apr. 16)	Q4 (Apr. 19 – June 24)
Block A	Block C	Block A	Block C
Block B	Block D	Block B	Block D

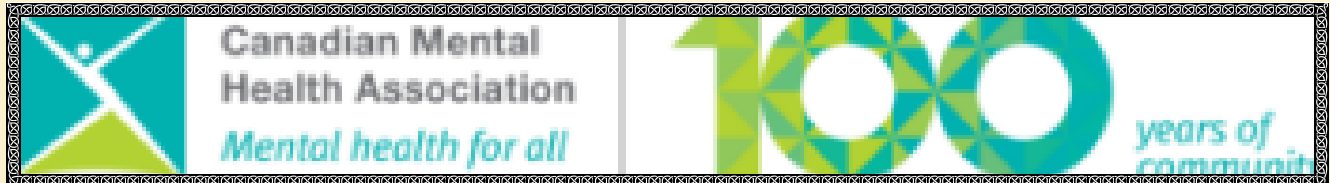
2-Way Video Communication Parent Consent Form:

Parents/Guardians are reminded to please complete the Parent consent form for 2-way video conferencing. Due: Friday, October 9th. Thank you.

<https://forms.office.com/Pages/ResponsePage.aspx?id=z-m0CBOBDUK6B1L31N-KzTYgp-LYYNZFoAoQCIZ-105UNjQ0TVU0SDFPSDRQSUJUUDJaTFVQQloyTy4u>



Counsellor's Corner



Mental Health Awareness Week is an excellent time to connect with resources from the Canadian Mental Health Association.

<https://mentalhealthweek.ca/>

Students and families can use their website to find articles and tips on how to connect with programs, advocacy, and resources.



Health and Safety



1. STAY HOME WHEN SICK

All children and staff with common cold, influenza, COVID-19, or other respiratory diseases must stay home and self-isolate.



2. HAND HYGIENE

Everyone should wash their hands more often!

Thorough hand washing with plain soap and water for at least 20 seconds is the most effective way to reduce the spread of illness.



3. RESPIRATORY AND PERSONAL HYGIENE

Cover your coughs.

Do not touch your face.

No sharing of food, drinks, or personal items.



4. PHYSICAL DISTANCING AND MINIMIZING PHYSICAL CONTACT

Spread children out to different areas.

Take them outside more often.

Stagger lunch times. Incorporate individual activities.

Remind children, "Hands to Yourself!"



5. CLEANING AND DISINFECTION

Clean and disinfect frequently touched surfaces at least twice a day.

General cleaning of the centre should occur at least once a day.

Use common cleaning and disinfectant products.



"This Week at Fleetwood Park" – Principal's Message: September 28th – October 2nd



It is Thursday morning at Fleetwood Park Secondary, classes are in session, and it is time for another edition of "This Week at Fleetwood Park"!

We are now into October and the first rush of the 2020-2021 school year start-up is behind us. As each week passes we become more in tune with our new school systems, classes and routines of the "new normal" at Fleetwood Park. I would again like to recognize the entire Fleetwood Park family for all your efforts in support of our new school operations. We continue to be so impressed with the support and cooperation of our Dragons; and we continue to remind everyone of the importance of these new protocols. Students, keep up the good work – and as always, remember to maintain 2m of physical distance between yourself and others who are outside your cohort. Additionally, thank you for your diligence in wearing your mask. Fleetwood Park has a culture of wearing masks throughout the day and this is helping to keep our community safe. Well done Dragons!

Another very significant change this year is our Quarter System. Students are working on two courses at a time, and the courses are running at an accelerated pace in order to complete the curriculum in 10 weeks. This has required huge effort from both teachers and students to adjust instructional and learning expectations. The accelerated pace and the extended duration of the courses have been significant challenges in many ways. Our staff would like to recognize the hard work that is happening every day, and let our students know that we understand that this new system is requiring great effort and hard work. We will do all that we can to support our students and help everyone succeed.

This week was an interesting one, starting off with a Professional Development Day. Our staff focussed on First Peoples Principles of Learning and also spent time exploring Blended Learning instructional strategies. Two very important topics that will hopefully inform and support future learning at our school. Special thanks to Ms. Duff and Mr. Kirincic for coordinating the day.

On Tuesday afternoon we met with our staff for a virtual Staff Meeting... again, the virtual meeting is now the new way of doing business. As we continue to be surrounded by change, there were many items to review. My thanks to the entire staff for your patience as we worked our way through a very lengthy agenda. It was very apparent to me that our staff is absolutely focussed on the well-being and success of our students and the safety of our community. We are providing a caring, professional learning environment and should be very proud of what we have accomplished over the past month. Thank you to our staff for all you have contributed to Fleetwood Park.

September 30th was Orange Shirt Day. Our teachers and students wore orange, and participated in classroom learning activities to learn more about this very important part of our history and acknowledge the harm that the Indian residential school system had on generations of Indigenous families and their communities.



On Wednesday evening 130 students/parents joined us for a virtual Scholarship information presentation. Organized by Mr. Johnston, and hosted by Ms. Guy from “GrantMe”, participants were provided a very informative and engaging online session. Our new virtual format allowed for our highest participation to date.

On Wednesday afternoon I attended our first planning meeting for the installation of a new phone system at the school. Much more detail to come as this project is rolled out over the next few months. Enhanced functionality and the latest technology will hopefully improve and streamline communications across our school and wider community.

We hosted the Grade 12 Parent Information presentation on Thursday night. This was again another “YouTube” video presentation... and a chance for parents of our graduating students to learn more about this very important year. Parents of Grade 12 students are encouraged to please send us your questions on the attached survey form... we hope that you find the information helpful, and we are happy to follow up.

On Friday our Staff Committee will hold its first meeting of the year. This committee’s work is especially important during this year of constant change. Open communication, transparency and ongoing feedback helps our system move forward with care and deliberation. Thank you to all of the staff who are part of Staff Committee this year. I look forward to working with you.



This week our Student Council coordinated its first activity of the year by writing personalized thank you notes to every staff member. The note was accompanied by a delicious cookie! ☺ I have heard many messages of gratitude from our staff for this special recognition. Thank you to our Student Council... what a nice gesture!



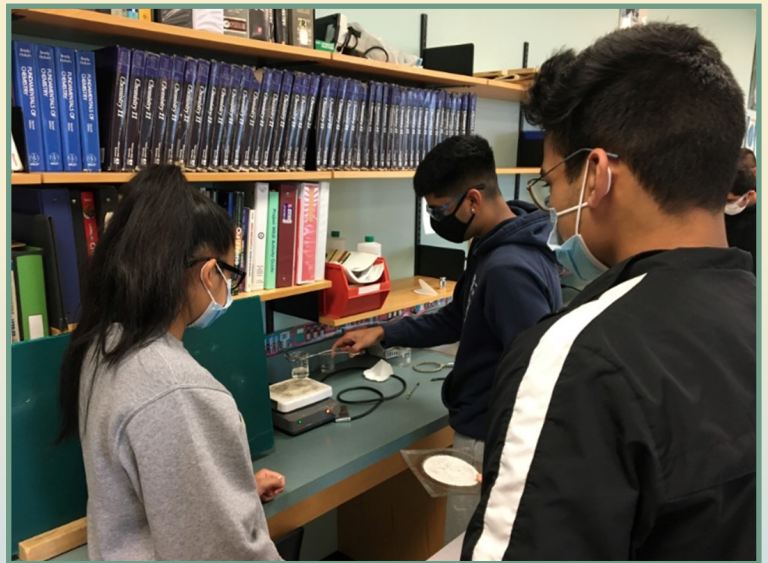
Our Best Buddies Club was also busy last week with their virtual "Best Buddies" Day activity. Our students are so fortunate to benefit from the spirit, leadership and citizenship demonstrated across our student body. You are difference makers! Thank you.





As I've mentioned several times over the past months, our school's themes this year are flexibility, resilience and creativity. Our Music Department's creation of a Marching Band is a brilliant example of this! I'm really looking forward to seeing and hearing them in action! 😊

I also had the chance to stop by and see our Chemistry students in action. The budding scientists developed their own laboratory



This week, Mr. Dalhuisen's Engineering 8 students were designing, creating and testing their airplanes. The goal was to create a design that stayed aloft as long as possible. Lots of fun and creativity on



Next week is Mental Health Awareness week. This is such an important topic and so relevant for all of us during this time of pandemic. There are many valuable resources of support available for students, staff and parents. We encourage everyone to reach out for help as necessary and take care of your mental health. Our Counselling Department is available for our Dragons and provides a wide range of supports and advocacy. Students are reminded that your counsellor can be reached through email anytime.

The screenshot shows the top of the CMHA website. The header includes the CMHA logo, the text 'Canadian Mental Health Association Mental health for all', a '100 years of community' logo, and navigation links for '2020 TOOLKIT', 'YOUR MENTAL HEALTH', 'Français', 'Media', and 'Contact us' with social media icons for Facebook, Twitter, and Instagram. The main banner features a blue background on the left with the text 'CMHA Mental Health Week May 4-10, 2020'. On the right, white text reads: 'We say we're fine, even when the truth is we're ecstatic, exhausted, grateful. Or even freaking out. Every time we just go through the motions, we miss out on the chance to connect for real. In times of crisis like this, we need each other more than ever.' Below this, in bold, is the statement: 'Connecting doesn't just feel good—it's good for our mental health.'

Take care Dragons, I hope your week went well and that you have a restful and enjoyable weekend.

Ken

Fleetwood Park Secondary Bell Schedule, 2020- 2021

Grade 8-9

8:30 – 10:00	Block A	90 min	
10:00 – 10:10	Nutrition Break		
10:10 – 11:25	Block A	75 min	
11:25 – 12:15	Lunch		
12:15 – 2:55	Block B	160 min	
	Total	325 min	

Grades 10,11,12

8:30 – 9:00	Blended Time	30 min	
9:00 – 11:15	Block A	135 min	
11:15 – 12:15	Lunch		
12:15 – 2:25	Block B	130 min	
2:25 – 2:55	Blended Time	30 min	
	Total	325 min	

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 – 9:00	Blended Learning (online support)	Blended Learning (online support)	Blended Learning (online support)	Blended Learning (online support)	Blended Learning (online support)
9:00 – 11:15	Block A	Block A	Block A	Block A	Block A
11:15 – 12:15	Lunch	Lunch	Lunch	Lunch	Lunch
12:15 – 2:25	Block B – Online Whole class	Block B – Group 1 Face to Face	Block B- Group 2 Face to Face	Block B – Group 3 Face to Face	Block B – Online Whole class
2:25 – 2:55	Blended Learning (online support)	Blended Learning (online support)	Blended Learning (online support)	Blended Learning (online support)	Blended Learning (online support)



Mission Statement:

"At Fleetwood Park Secondary we value excellence in education and strive to provide a learning environment where all students are encouraged to build successful futures."

