

FLEETWOOD PARK SECONDARY SCHOOL

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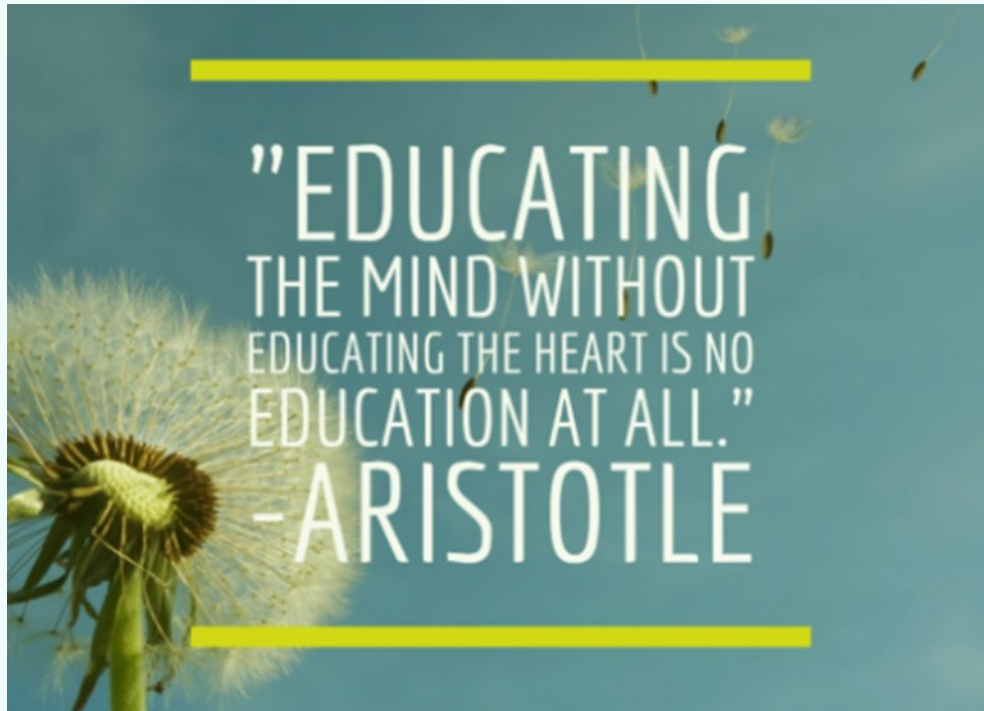


THURSDAY REVIEW



October 07, 2021
Edition: 05

Quotation Of The Week





The Week Ahead

Monday, Oct. 11, 2021	Thanksgiving Day, School not in session
Tuesday, Oct. 12, 2021	
Wednesday, Oct. 13, 2021	
Thursday, Oct. 14, 2021	Terry Fox Run
Friday, Oct. 15, 2021	Terry Fox Run

Upcoming Events:

October 18th – DH Meeting 2:50pm

October 19th – Photo Retakes (AM only)

October 20th – Interim Reports

October 22nd – Non-Instructional Day

October 25th – Staff Meeting 2:50 pm

October 25th – PAC Meeting 7pm

October 25th – Flex Day

October 28th – Canadian Open Math Challenge

October 31st - Halloween

November 1st – 5th – Literacy 10, Literacy 12 and Numeracy 10 Assessments

November 9th – Mock Interview Fair #1

November 11th – Remembrance Day – No Classes

November 12th – Non-Instructional Day





Returning to school after travelling outside Canada while unvaccinated

Thursday, October 7, 2021



We're a month into the new school year, and we're sure some of you are already dreaming of taking a vacation – here's what you need to know about travelling if your child is not yet vaccinated and what that means for returning to school.

[Federal travel guidance around COVID-19](#) states that unvaccinated persons including children who travel outside of Canada **cannot attend school for 14 days** following their return. This restriction also applies to:

- day cares and camps
- settings with vulnerable people (i.e. long-term care facilities)
- large crowded indoor or outdoor settings (i.e. amusement parks, sporting events)
- crowded public transportation that does not ensure physical distancing and masking

If you decide to travel internationally during the school year, please **coordinate with your teacher and school beforehand** to ensure your child stays on top of schoolwork while they are away and for the 14 days following their return.

Unvaccinated children returning from travel must also limit contact with others for the next 14 days, especially those who have underlying medical conditions, compromised immune systems or are 65 and older. Returning travellers ages five and up must also take a COVID-19 molecular test, monitor their health and watch for symptoms related to COVID-19.

For more information on federal guidance and restrictions, visit canada.ca/coronavirus. For information on provincial measures, visit bccdc.ca/covid19 or call 811.







Health and Safety








WHAT HAPPENS IF A STUDENT GETS SICK?

Extra health and safety measures, like handwashing, learning groups, masks, daily health screens, and increased cleaning, will reduce the spread of COVID-19 and help keep schools safe.

IF A STUDENT SHOWS ANY COVID-19 SYMPTOMS AT SCHOOL..

-  The child waits in an isolated room
-  The school contacts parents or guardians to take the child home
-  Staff clean and disinfect exposure areas
-  The school notifies public health officials


THEN PUBLIC HEALTH..

-  Contact traces to identify potential COVID-19 exposures
-  May recommend testing
-  May recommend 14-day isolation if necessary
-  Gets in touch with close contacts
-  Provides follow-up recommendations as needed, which may include suspending in-class learning

Parents will be notified if their child has been in contact with a COVID-positive person and needs to self-isolate. Students will receive learning support while self-isolating.

learn more at backtoschool.gov.bc.ca



 DAILY HEALTH CHECK	
KEY SYMPTOMS OF ILLNESS	WHAT TO DO
Fever (above 38°C)	If yes to 1 or more of these symptoms: Stay home and get a health assessment.
Chills	
Cough	
Difficulty breathing	Contact a health care provider or 8-1-1 about your symptoms and next steps.
Loss of sense of smell or taste	
OTHER SYMPTOMS	WHAT TO DO
Sore throat	If yes to 1 symptom: Stay home until you feel better.
Loss of appetite	
Headache	
Body aches	If yes to 2 or more of these symptoms: Stay home for 24 hours.
Extreme fatigue or tiredness	
Nausea and vomiting	If symptoms don't get better or get worse, get a health assessment; contact a health care provider or 8-1-1 about your symptoms and next steps.
Diarrhea	
INTERNATIONAL TRAVEL:	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	<p>If yes: All students and staff who have travelled outside of Canada are required to follow both provincial and federal requirements for entry.</p> <p>This includes students who are attending school from abroad. Students from outside of Canada should verify their entry status at least two weeks before they are scheduled to attend school. Additional information is available here.</p>
CLOSE CONTACT	WHAT TO DO
Have you been contacted by public health and notified that you are a close contact of a person confirmed to have COVID-19?	<p>If yes: Please follow the instructions provided by Public Health.</p> <p>You can call 8-1-1 anytime to get advice about how you are feeling and what to do next. Pay attention to how you are feeling. If it becomes hard to breathe, you can't drink anything or feel much worse, seek urgent medical care at an urgent care clinic or emergency department.</p>

Check your symptoms with the [K-12 Health Check](#). If you have any questions, or the symptoms get worse, contact your healthcare provider, or call 8-1-1. For more information on COVID-19, please go to www.bccdc.ca.

Note: If you develop severe symptoms, such as difficulty breathing (e.g. struggling to breathe or speaking in single words), having a very hard time waking up, confusion, or severe chest pain, call 9-1-1 or go to the nearest Emergency Department.

If you develop symptoms such as mild to moderate shortness of breath, inability to lie down because of difficulty breathing, or have chronic health conditions that you are having difficulty managing because of difficulty breathing, please consult your family doctor or nurse practitioner. You can call 8-1-1 anytime to talk to a nurse at HealthLinkBC and get advice about how you are feeling.

Please check BCCDC's [Symptoms of COVID-19](#) regularly to ensure the list is up to date.



COVID-19 Carpooling? Ride share?



BC Centre for Disease Control
Protecting people, preventing outbreaks

Reduce the spread of COVID-19 while travelling with people outside your household

Before the trip

Always complete a COVID-19 symptom check before carpooling.

Unless you need medical care or testing, do NOT travel if you have:

- ☐ COVID-19 symptoms
- ☐ Travelled outside of Canada within the last 14 days
- ☐ Been told to self-isolate by Public Health



- Spread out as much as possible. If there are two people, the driver should be alone in the front.
- Wear a mask over your nose and mouth.
- Travel with the same people each time.

During the trip



Keep your trips as short as possible.



Open windows in the vehicle to allow air in.



Set the vehicle's ventilation to bring in fresh outside air. DO NOT recirculate the air.



Avoid eating or drinking in the car.

Cleaning



Clean high contact areas (such as seat belts and door handles) every time you leave the vehicle.



If vehicles are shared on the job, clean between each shift.



Clean your hands when you get in and when you leave.

At work

If you are carpooling with another employee at your worksite, tell your employer. Your employer may use this information when making their COVID-19 Safety Plan.





“This Week at Fleetwood Park” – Principal’s Message: October 4th – October 8th

Good Thursday morning to all Fleetwood Park Secondary students, parents, staff! It has been another full, fun and interesting week at our school with Grade 9 Retreat, World Teachers Day and Clubs Fair. We are so thankful that our school has been able to proceed with near normal systems and special events. Students and staff are hard at work, learning, leading and celebrating every day. We are also very grateful that our students and staff are following the Covid Safety guidelines, wearing masks and trying their very best to spread out and avoid crowded areas. Thank you everyone for all your efforts.

Tuesday, October 5th was World Teacher Day. It was a day for us to honour all of our staff and thank each of them for their caring professionalism and wonderful support of our students. Our staff makes a difference in the lives of our students every day and their service to our community shapes the future. Their gifts of time, expertise, professionalism and caring matters! Our students are so fortunate to be part of our special school, and our staff make it all possible.

World Teacher Day!





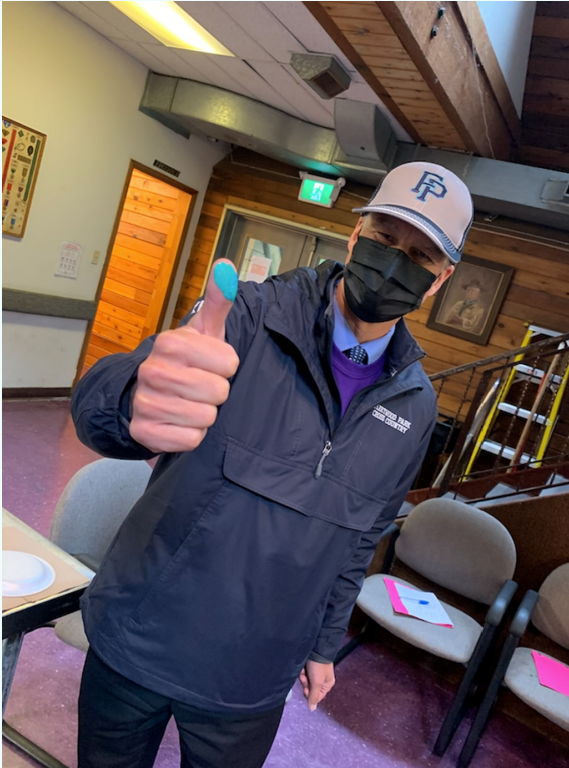
To all staff - you have all been through so much over the past 19 months with the additional challenges of being an educator in the midst of a pandemic. You are heroes in every sense of the word. Your sacrifice, courage and commitment to the education of our students has been phenomenal. We are very proud of the role Fleetwood Park Secondary has had in the lives of our students, our community and society. Thank you for all you have given.





Last year's Grade 8 students missed the opportunity to attend "Grade 8 Retreat" at Camp McLean. And so this year, we organized a Grade 9 Retreat. As I mentioned last week, organizing and hosting a camp retreat for 300+ students is a very significant project. I would like to again thank Mr. Thibault for his leadership in organizing the retreat, all of our teacher volunteers who assisted with the retreat, either at the camp, or through coverage at the school, and all of the Leadership students who assisted us throughout the 2 days. It truly was a group effort. I had a chance to join our Grade 9's for a few hours over Tuesday and Wednesday and observed engaged, active students, happy to be together in nature, meeting new friends, and learning new skills. The retreat was a wonderful success. Congratulations Dragons and well done! This special Fleetwood Park Secondary tradition is alive and well, and will directly benefit the culture of our school.







Another important aspect of building school culture is extracurricular involvement. We are so fortunate at Fleetwood Park Secondary to be able to offer many different clubs for our students to join. Each club requires a dedicated teacher volunteer sponsor and a hard-working group of student leaders to organize and promote their activities. [Please see our list of 2021-2022 clubs on our website.](#) This Friday we will be hosting a “Clubs Fair” throughout the day. Grade 8 and 9 classes will be given a scheduled time to visit and learn more about our clubs. Each club will have a representative available to talk about their club and promote student involvement. I challenge all students to join at least one club this year! Involvement in all aspects of school life, both curricular and extra-curricular, will add to your success and enjoyment at Fleetwood Park!

Our students are so talented! I came across this impromptu performance this week in the middle of a busy, noisy cafeteria at lunch. It was the highlight of my day!



Our Physical Health Education students and staff are very creative with their use of space and their choice of healthy and active activities.





We wish all Dragons a happy, restful and safe long Thanksgiving Day weekend. We will be back together again on Tuesday morning for another week of learning and celebration.



Happy Thanksgiving everyone!

Ken



CARE & COMPASSION

Kindness...

- Uplifts
- Heals
- Brings us together
- Has health benefits

"I've learned that people
will forget what you said,
people will forget what you did,
but people will never forget
how you made them feel."

Maya Angelou
1928 - 2014





FLEETWOOD PARK SECONDARY SCHOOL

DAILY BELL SCHEDULE 2021-2022

Monday	Tuesday	Wednesday	Thursday	Friday
Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25
Period A 8:30 - 9:52	Period B 8:30 - 9:52	Period C 8:30 - 9:52	Period D 8:30 - 9:52	Rotation 8:30 - 9:52
Period B 9:57 - 11:19	Period A 9:57 - 11:19	Period D 9:57 - 11:19	Period C 9:57 - 11:19	Rotation 9:57 - 11:19
LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59
Period C 12:04 - 1:26	Period D 12:04 - 1:26	Period A 12:04 - 1:26	Period B 12:04 - 1:26	Rotation 12:04 - 1:26
Period D 1:31 - 2:53	Period C 1:31 - 2:53	Period B 1:31 - 2:53	Period A 1:31 - 2:53	Rotation 1:31 - 2:53

FLEX DAYS	FRIDAY ROTATION			
Period A 8:30 - 9:39	SEPT	OCT	NOV	DEC
Period B 9:44 - 10:53	10 Mon	1 Thur	5 Thur	3 Wed
Period C 10:58 - 12:07	17 Tue	8 Mon	12 Pro D	10 Thur
Lunch 12:07 - 12:52	24 Wed	15 Tue	19 Mon	17 * FLEX DAY * dismissal at 2:01
Period D 12:52 - 2:01		22 Pro D	26 Tue	
		29 Wed		
Mon, Sept 20	JAN	FEB	MAR	APR
Mon, Oct 25	7 Tue	4 Mon	4 Thur	1 Tue
Mon, Nov 29	14 Wed	11 Tue	11 Mon	8 Wed
Fri, Dec 17	21 Thur	18 Wed	18 School closed	15 Good Friday
Mon, Jan 31		25 Pro D	25 Spring Break	22 Thur
Mon, Feb 28				29 Mon
Mon, Mar 28				
Mon, Apr 25	MAY	JUNE		
Mon, May 16	6 Pro D	3 Mon		
Wed, Jun 22	13 Tue	10 Tue		
	20 Wed			
	27 Thur			



Mission Statement:

"At Fleetwood Park Secondary we value excellence in education and strive to provide a learning environment where all students are encouraged to build successful futures."

